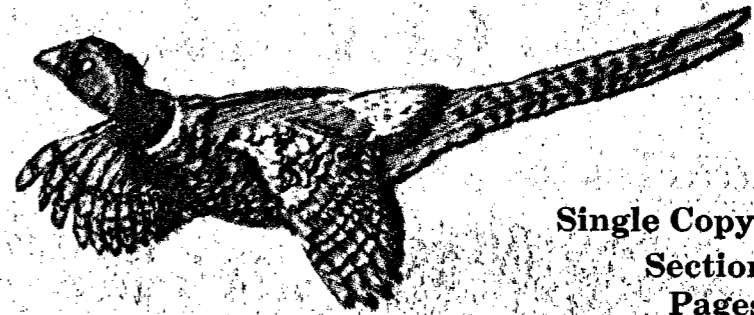
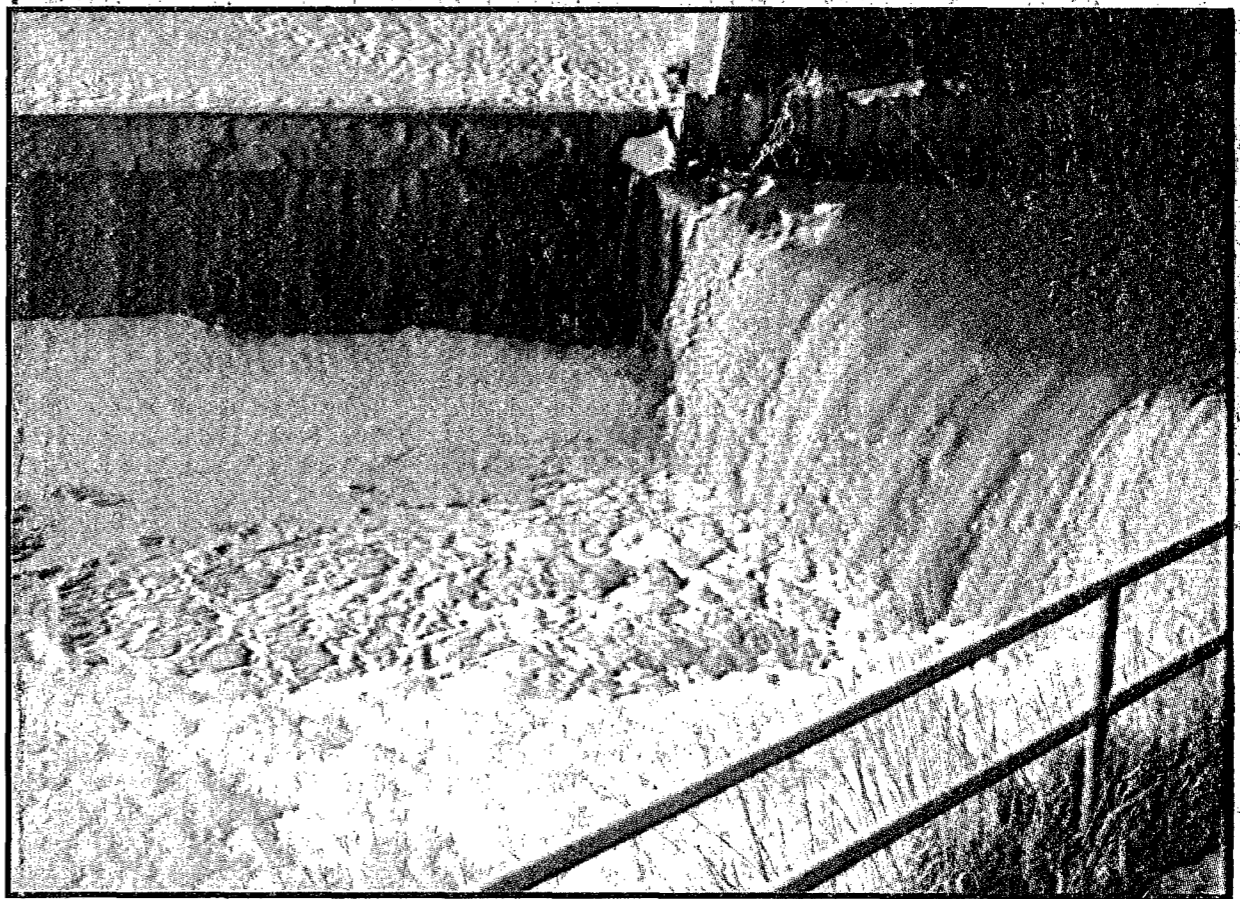
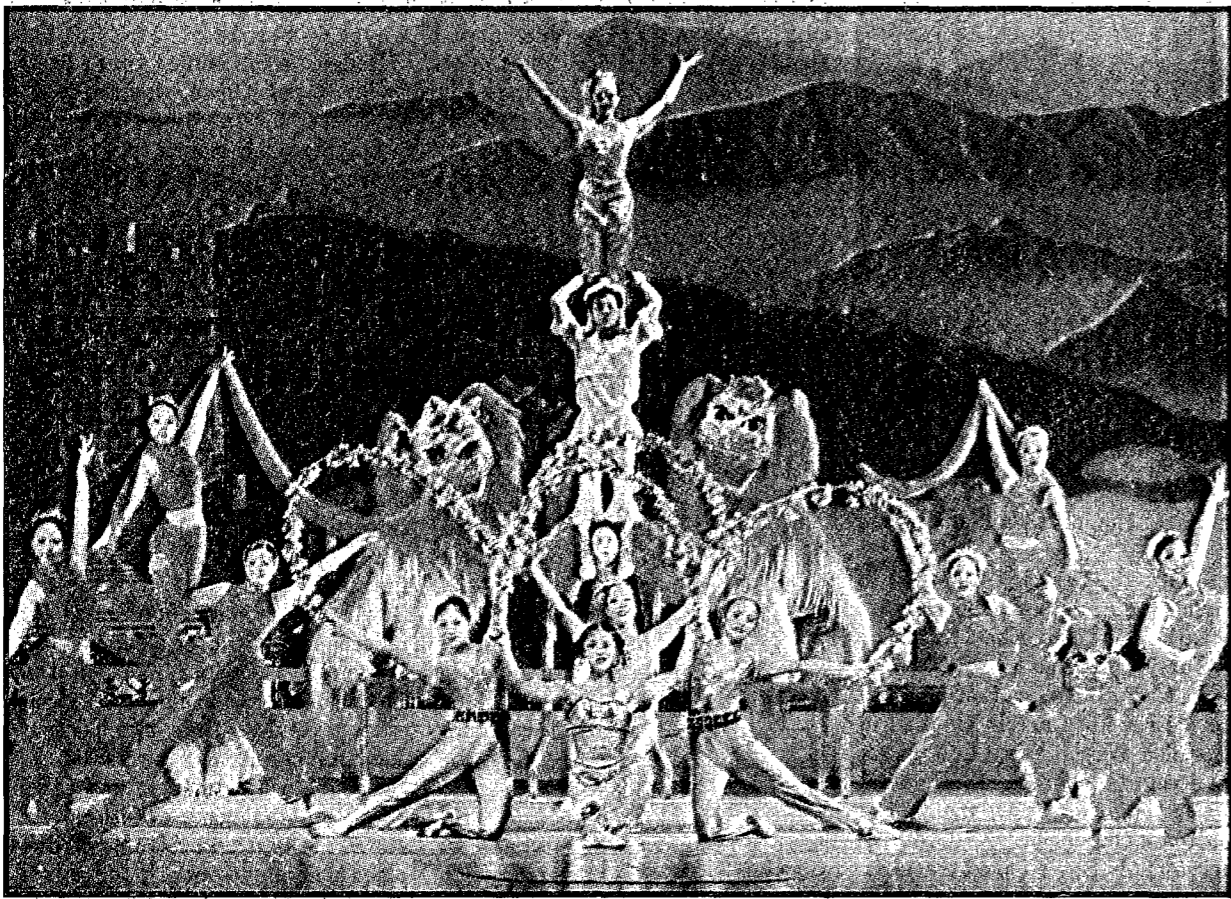


# The Wayne Herald



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Thursday, Feb. 22, 2007 131st Year - No. 21



## This week in Wayne

Activities in the Wayne abound this time of year. In addition to the numerous athletic and school activities, Wayne residents could have attended the WSC Black and Gold Performing Arts Series performance by the Incredible! Acrobats of China, above, left. Described by The New York Times as providing "feats that reach breathtaking heights of skill," the Incredible! Acrobats of China amaze and thrill audiences across North America and around the world. After more than two weeks of sub-zero temperatures, residents can now watch the water run, forming a huge "bubble bath," especially under the Logan Creek bridge just south of Wayne.

# One and six year road plan approved

By Lynn Sievers  
Of the Herald

Wayne County Board of Commissioners met in regular session Tuesday. A public hearing for the county's one and six year improvement plan was held. Elizabeth Carlson, Wayne County highway superintendent, gave a presentation on future projects planned.

For 2007, the following is planned: District 1: #474-remove bridge and install a CMP culvert; #475-remove bridge and install a CMP culvert; #465-remove bridge and build a concrete box culvert; #463-remove bridge and build a concrete box culvert.

District 2: #310-remove bridge and install a CMP culvert; #214-remove bridge and install a CMP culvert; #34-remove bridge and install a CMP culvert; #458-remove a short bridge and install CMP culvert.

District 3: #525-remove bridge and build a concrete box culvert; #339-remove and replace bridge; #530-remove a short bridge and install a CMP culvert; #208-remove and replace bridge; #531-remove a short bridge and install a CMP culvert; #337-remove bridge and install a CMP culvert.

For 2008, projects include: District 1: #218-remove and replace bridge; #351-remove and replace bridge. District 2: #529-remove bridge and install CMP cul-

vert; #332-remove and replace bridge; #528- place asphalt overlay on the present asphalt surface of 864th Rd, miles 560 and 561, from Sholes NW to Cedar County line. Through Sec. 3, 4 & 10; #326-remove bridge and install CMP culvert; #327-remove and replace bridge; #204-remove bridge and install a CMP culvert; #373-remove bridge and install a CMP culvert. District 3: #33-remove bridge and install a CMP culvert; #347-remove bridge and build a new bridge or a concrete box culvert; #202- remove and replace bridge; #378-remove and replace bridge; #368-remove bridge and install a CMP culvert.

For 2009: District 2: #331-remove and replace bridge and build a new bridge or concrete box culvert; #330-remove bridge and build a new bridge or a concrete box culvert.

For 2010: District 1: #209-remove and replace bridge. District 3: #457-remove and replace bridge. For 2011: District 3: #314-remove and replace bridge.

For 2012: District 1: #464-remove and replace bridge.

A resolution was passed to accept the one and six year road plan with an amendment of #475 and #473, both in District 1, to push those two projects back a year.

A proclamation was passed that Wayne County is a food stamp friendly county. Some food stamp facts for Wayne County

include 14.5 percent of Wayne County residents live below the poverty line and 10.7 percent of Nebraskan households are food insecure, yet only 6.7 percent of Nebraskans use food stamps.

Food stamps act as a multiplier in the local economy generating \$.41 of new food spending for every dollar, \$.92 in local and community spending for every \$5 and 3,300 farm jobs for every \$1 billion of retail

food demanded by food stamp recipients. There are 360 individuals and 159 households who participated in the food stamp program in Wayne County in CY05 receiving a total of \$358,653 for the year in benefits to support local farmers and the local economy.

Nebraska could reach an additional 9,000 participants, \$5,100,000 in federal dollars and \$9,400,000 in total economic

activity by raising its food stamp participation rate by just five percent.

Commissioners approved lodging tax applications from Elderfest and Ercoupe Owners Club National Convention. Since both were first time application requests,

See PLAN, Page 3A

## Plans continue to develop for community clothing store

What began as a glimmer of hope for a small group of progressive-minded individuals is now becoming a reality. The Board of Directors for Main Street Clothing Company has completed their business plan and acquired incorporation status.

The community department store will be an independent, full-line clothing store offering items for infants, children, young adults and men and women. The store will offer the convenience of being able to purchase quality clothing for individuals of all ages at reasonable prices. The goal is to supplement what is currently being provided by local retailers. The vested interest of the community and the convenience of a local clothing store will be the major attributes of the project as no other store of this nature is available within a 30-mile radius.

According to a recent Census, there are approximately 15,000 consumers residing in the target market of Wayne, Dixon, Cedar, Thurston and Cuming counties. Based on the community wide survey completed in January, area residents desire additional shopping options for their clothing choices.

The Main Street Clothing Company was modeled after a department store in Torrington, Wyo. which mirrors Wayne in similar population size, economic base and

proximity to a larger market area. After determining the desire of their community and attaining proper legal status, the Torrington group began offering stock options to area residents. The stock offering was for a minimum of \$450,000 investment goal with each share costing \$500 and no one individual could purchase more than \$10,000 or 20 shares. The goal was to have investors who would be supportive of the community initiative and become loyal shoppers in the future.

In a span of six months, 450 families invested \$550,000 in stock sales. The range of reasons given by investors included convenience of location, price and inventory, as well as, an inventive way to invest in their community and its future. Since the grand opening of Our Clothing Store, Torrington has been able to attract five additional businesses to their downtown shopping/business district.

In Wayne, the Main Street Clothing Company could be a shining example of a community joining together for a successful future, the possibilities are endless.

Anyone interested or having questions regarding Main Street Clothing Company, is asked to contact the Wayne Area Economic Development, Inc. office 375-2240 or waedi@waedi.org.



Veterans of area military service organizations present include, front row, left to right, Lucas Munter, Casey Junck, Lynn Junck and Chris Woehler, all of the 189th T. C. Back row, DAV Commander Robert Woehler, AMVETS Adjutant Layne Beza, Jon Wren holding the Minuteman replica and Brian Loberg, both of the 189th T.C., American Legion District 3 Commander Bud Neel and AMVETS Commander Stan Baier.

## Community support nets Wayne Vets Club award

A Freedom Salute Ceremony for the 189th T.C. was held on Feb. 4 in Norfolk at the Johnny Carson Theatre. The Freedom Salute Ceremony is designed to recognize the soldiers, families, employees, centers of influence within the communities who have contributed to the unit's mobilization either pre, during or post.

The soldiers received a recognition package or "Freedom Salute Package" which consists of an encased American flag with attached commemorative coins, an encased American Soldier Defender of Freedom certificate, a set of Defender of Freedom commemorative coins and a ring which denotes their dates of service in Iraq. Their spouses also received a lapel pin and their children received the State of Nebraska Patriotic Youth Service award.

The unit also was given the opportunity to choose an individual and an organization or business that they feel provided support to them and their families during the mobilization which was above and beyond the normal. This may be a civic leader, a family volunteer or a business or other community leaders.

The 189th Transportation recipients of the COI (Center of Influence) awards were Dori Guzman of Norfolk. Guzman was influential in organizing and running the 189th Family Readiness Group during the unit's mobilization and she received a framed mosaic of the American Flag. The organizational COI award recipient was the Wayne Consolidated Veterans Group (VFW Post 5291, American Legion Post 43, DAV Post 28 and AMVETS Post 22) and the groups Troop Support Program they received a 17" replica of the Minuteman.

The Minuteman is the logo of the National Guard. An image of the Minuteman was cast during the Revolutionary War, he had one hand on the plow and one hand on his musket which epitomized the colonial militiamen who were rooted in the civilian life of the communities in which they lived and worked and trained to be ready to defend those communities on a moment's notice. During the unit's mobilization, the Troop Support Program mailed out care packages to the unit on a weekly basis. Approximately 15-20 packages a week were sent to the unit.

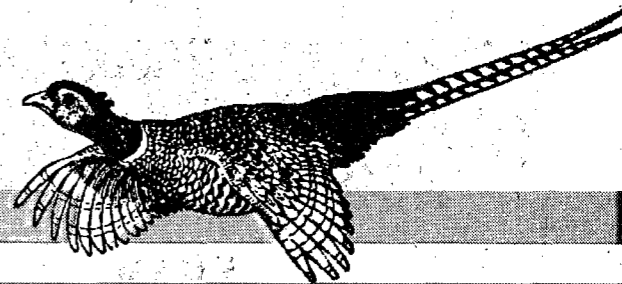
Whatever the unit needed and couldn't get through the normal military channels, the troop support program provided it.

The Veterans Group is honored to receive this award but also understand that without the support of the people, businesses and organizations of the community of Wayne, Norfolk and the surrounding communities in Wayne County and communities of the soldiers, they would not have been successful in their endeavor to support the soldiers and families of the 189th.

The Veterans Group Troop Support program is still being conducted each week and will continue to support Wayne and Wayne County soldiers in any branch of the service who are mobilized. The Troop Support program was conceived in 2003 and to date they have provided support to approximately 240 soldiers. They have mailed out approximately 2,500 packages and provided support to many of the local families. They still need the support of the community to keep this program alive and well until all of the soldiers come home.

# Record

The Wayne Herald

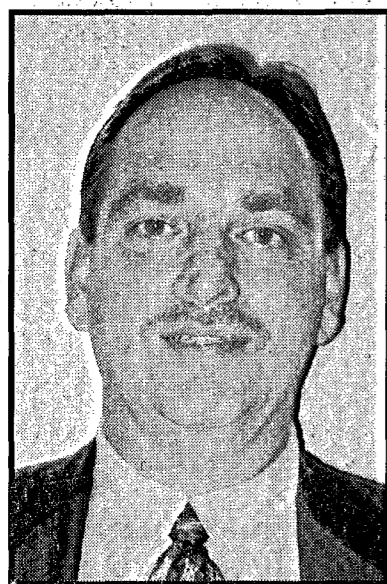


## Obituaries

### Marty Summerfield

Marty Summerfield, 49, of Wayne, died Tuesday, Feb. 13, 2007 at Providence Medical Center in Wayne.

Services were held Friday, Feb. 16 at St. Mary's Catholic Church in Wayne. The Rev Donald Imming and Deacon Patrick Gross officiated.



Marty Summerfield was born May 31, 1957 at Denison, Iowa to Earl and Eleanor (Chupp) Summerfield. He graduated from Dunlap, Iowa High School in 1975 and received his BA degree in finance from Wayne State College in 1985. While attending college, Marty worked at the State National Bank. He later joined State National Insurance where he was employed for over 20 years. On Sept. 8, 1979, he married Sheryl Brasel at St. Mary's Catholic Church in Dow City, Iowa. The couple has lived in Wayne since 1981. He was an avid sports enthusiast of Wayne High School and Wayne State College and had a passion for golf, rain or shine. He enjoyed watching his children participate in sports and academics. His children were his pride and joy. He was a member of St. Mary's

Catholic Church, WAEDI, Wayne Ambassadors, past president of Wayne Industries, Wayne High Booster Club and Wayne Country Club Board.

Survivors include his wife, Sheryl; daughter, Megan Summerfield of Cedar Falls, Iowa; son, Nathan Summerfield of Wayne; mother, Eleanor Summerfield of Dunlap, Iowa; brother, Jim and Lynn Summerfield of Dunlap, Iowa; sisters, Linda and Mike Blume of Manilla, Iowa, and Glenda Summerfield and Laura and Tom Schumate all of Dunlap, Iowa; nieces, nephews and many other relatives and friends.

He was preceded in death by his father, Earl and brother, Vernon.

Honorary pallbearers were Bob Jordan, David Ley, Chris King, Ralph Barclay, Dan Tunink, Brian Bowers and members of the Wayne High School Basketball Team.

Active pallbearers were Pat Garvin, Ken Marra, Greg McDermott, Ryan Williams, Dave Broders, Randy Dunklau, Jim Lindau, Troy Harder and Mark McCorkindale.

Burial was Feb. 17 at the Dow City Cemetery in Dow City, Iowa. Hasemann-Schumacher Funeral Home in Wayne was in charge of arrangements.

### Student musicians to perform at Wayne State on Feb. 22

The Symphonic Band and Wind Ensemble concert will be Thursday, Feb. 22 at 7:30 p.m. in Ramsey Theatre on the Wayne State College campus. There is no admission charge. The Symphonic Band will open the program. The Wind Ensemble portion will begin with Overture to "Candide" by Leonard Bernstein; then "Equus" by Eric Whitacre; "English Dances" by Malcolm Arnold; "Masque" by W. Francis McBeth and "Children's March" by Percy Grainger.

For more information, please contact Dr. David Bohnert at 375-7363.

### I-80 stop leads to drug seizure

An obstructed license plate led to the seizure of more than 2,000 pounds of Marijuana, 22 grams of Cocaine and more than \$900 in cash, by the Nebraska State Patrol.

Shortly before 1 p.m. on Feb. 19, a trooper observed a semi-truck just south of the I-80/Highway 31 Interchange, with plastic shrink wrap obstructing the license plate. Contact was made with the driver and consent to search the trailer of the semi was given.

Inside the trailer troopers located 13 U-haul wardrobe boxes

mixed in with a load of GI Joe Toys destined for a retail store. A further search of the wardrobe boxes revealed 96 bales of Marijuana, totaling 2,160 pounds. Twenty-two grams of Cocaine and \$915 in U.S. currency, was also uncovered during the search.

The owner-operator of the semi, 32-year-old Rene Ramirez of Rialto, Calif. was lodged in the Sarpy County Jail on charges of Possession of Marijuana, with Intent to Deliver and Possession of Cocaine with Intent to Deliver.

### Glen Houdersheldt

Glen Houdersheldt of Sandy, Utah died Friday, Feb. 16, 2007.

Services and burial were held in Salt Lake City, Utah.

Glen F. Houdersheldt, son of Glen and Olga Houdersheldt, was born in Sioux City Iowa. He grew up in Wayne and lived in Omaha, Neb. and Las Vegas, Nev. He was a graduate of the University of South Dakota. He also received a Masters degree from Northern Arizona University. He was a teacher, coach, insurance agent and a genealogist.

Survivors include his wife, Pam; daughters, Amy and Joe Robertson and Amber and Morgan Anderson; six grandchildren; a sister, Chere and Paul Schroeder; nieces, nephews, brothers-in-law, sisters-in-law, cousins and friends.



### Verna Rees

Verna Rees, 88, of Wayne died Monday, Feb. 19, 2007 at Premier Estates Senior Living Community in Wayne.

Services will be held Saturday, Feb. 24 at 11 a.m. at First United Methodist Church in Wayne. Visitation will be held Friday, Feb. 23 from 3 to 8 p.m. at Hasemann-Schumacher Funeral Home in Wayne with the family present from 3 to 4:30 p.m.

Verna Lillian Anderson Rees was born Jan. 28, 1919 in Wakefield to Carl LeRoy Anderson and Ruth Lillian Erickson Anderson. She grew up in rural Wayne County and attended a nearby one-room school for much of her elementary education. She attended and graduated from Wakefield High School and also studied at the Detroit, Mich. Business Institute. On June 17, 1942 she married Everett Edwards Rees of Carroll. He died in 1970. After her husband's death, she attended Wayne State College for refresher courses and then worked as an accountant for March Theaters in Wayne for more than 10 years. She was a long-time active member of the United Methodist Church, past matron of honor in the Order of Eastern Star and was active in the Minerva Club. She enjoyed traveling with friends from Wayne and visited Washington, D.C., Columbia, New Jersey, San Diego, Seattle and Phoenix. She was also a member of the Wayne Country Club Bridge Club. She enjoyed spending time with her family, friends and church.

Survivors include three sons, Philip Rees of Wayne, Daniel and Lee Rees of Seattle, Wash. and David and Chris Rees of Columbia, Mo. and two grandchildren.

Memorials may be made to the Wayne United Methodist Church. Burial will be in Greenwood Cemetery in Wayne. Hasemann-Schumacher Funeral Home in Wayne is in charge of arrangements.

### Juveniles involved in egging incidents

On Feb. 17 the Wayne Police Department investigated the vandalism to the Wayne Public Library and the Dollar General Store. Both locations were egged. Two young girls, ages 12 and 13, admitted the vandalism and were released to their parents. No formal charges have been filed at this time.

## Two men arrested at Prime Stop

At approximately 2 a.m. on Feb. 18, two men were arrested at the Prime Stop Truck Stop in Wayne.

Dallas Hodges, 22 of Wayne, was seen by an on-duty police officer allegedly shoplifting two bottles of vodka. He was arrested for Shoplifting and Aiding and Abetting. Subsequent to his arrest Hodges allegedly committed the act of Terroristic Threats and may also face felony charges for that incident.

During the same incident, 18 year old Elijah Miller of Holstein, Iowa was arrested for Minor in Possession of Alcohol and providing a False ID.

Formal charges are pending in Wayne County Court for both men.

In conjunction with the incident, Dallas Hodges has been dismissed from the Wayne State College men's basketball team, effective immediately, for violation of team rules in regards to the incident in Wayne on Feb. 18.

Hodges, a 6-3 senior guard from Cedar Rapids, Iowa, was the leading scorer for the 14-11 Wildcats, averaging 16.8 points per game. He ranked fourth in the Northern Sun Conference in scoring and was second in assists (3.88 apg) and free throw percentage (.872).

## Hearing of funding requests comes before legislature

By Senator Pat Engel  
17th Legislative District

The Appropriations Committee finished the briefing process, which leads to preliminary recommendations for the biennium budget.

Now we will begin the hearing process, where all state agencies come before the Appropriations Committee to "plead their case" for their funding request. After the hearing process is complete, the Appropriations Committee will finalize their recommendations for the 2007-09 biennial budget, which will be presented to the entire Legislature.

There seems to be general consensus to limit the spending increase to a percentage similar to the 3.8 percent average increase proposed by the Governor. However, there are three major areas where the committee differs from the Governor.

The Appropriations Committee will have to include additional state aid to K-12 schools in their recommendations due to revised calculations of the school finance formula. Additionally, the committee may have to include increased funding for state employee

salaries, as the final negotiated increase will most likely be greater than the increase proposed by the Governor. The third major difference between the committee's preliminary proposal and the Governor's recommendation is for increased funding for the University of Nebraska, as the Governor limited the increase to an average of less than two percent over the biennium.

The Legislature spent over five hours debating whether a statewide ban on smoking in any place of employment or public place should be enacted. LB 395 is modeled after the ban currently in place in Lincoln. Supporters of the bill stress the health benefits that a statewide ban would promote and emphasize the dangers of second-hand smoke. Although no one spoke in favor of smoking, opponents of the bill feel strongly that this should be a local decision, best made by the local business or the local city or village board, based on the wishes of their patrons.

My usual stance is to support local control over state mandates. It was not readily apparent whether supporters of LB 395 had the votes to cut off debate on the measure, so the sponsor requested that the bill be removed from the agenda for two weeks, in which time he hopes to work on a compromise.

Another controversial bill that was introduced would allow for the issuance of a driving privilege card to persons who do not have social security numbers. Under LB 266, the card is to be used for driving privileges only and not for other government identification purposes. The intent behind the bill is to allow illegal immigrants to obtain an operator's permit, thereby allowing them to purchase insurance. Opponents did not think it was right to reward persons who are breaking the law by giving them the privilege to drive.

Although I believe it is of the utmost importance to have insurance if driving a motor vehicle, I do not support this legislation because I do not want to provide an incentive for more illegal immigration. Illegal is illegal and we should not be rewarding people for breaking the law.

This past fall, the Supreme Court ruled that a Utah woman could sue Dawes County for damages after she stepped in a hole and broke her ankle on the courthouse lawn at Fur Trade Days. This decision makes government more susceptible to being sued for injuries suffered during recreational activities on public land and brings into question the long standing belief that political subdivisions were protected under the Recreation Liability Act.

As a result, several cities closed their skateboard parks, their sledding hills and prohibited ice skating and ice fishing in city parks. Legislation has been introduced in response to the Supreme Court's ruling. LB 564 and LB 566 would protect state and local governments from liability for injuries that occur at recreational facilities. However, there would be an exception for cases of willful and malicious negligence.

The committee hearings were just held on these bills and no action has been taken at this time. I plan to support the legislation, as we need to resolve this issue so that our youth have recreational activities available to them.

I encourage you to contact me with your opinions on these issues or other legislation that is before the Legislature.



### Bridal and prom extravaganza is success

The fourth annual Bridal and Prom Extravaganza was hosted on Sunday at the Divots New Event Center in Norfolk.

According to Angela Brodersen,

event manager, "This year's bridal fair was bigger and better than ever. We had the opportunity to showcase close to 60 exhibitors and gave brides and grooms-to-be the

chance to experience this one-of-a-kind event."

Exhibitors from all across the northeast Nebraska region were on hand to help plan the bride's special day. Professionals from disc jockey companies, photographers, cosmetic distributors, bridal wear and accessories stores, catering services, and travel agencies helped make this year's event the biggest yet.

Produced by The Ballard Group of Norfolk, the event was sponsored by Hy-Vee, KEXL/WJAG, Roxi's Elegant Bridal, JC Penney, Wetzel & Truex Jewelers, Wayne Herald/Morning Shopper and Bora Bora Salon. Gatherings by Leslie helped to add to the elegance of the Bridal Extravaganza by decorating the Divots Event Center.

The Cake Dive, sponsored by Wetzel & Truex, was a truly entertaining portion of the bridal fair. It featured five brides going head first into a cake for the chance to win a gift certificate to Wetzel & Truex. While only one couple, Kelli Chocholesek and Michael Jacobsen, walked away with the prize, the others received \$25 in Hy-Vee gift certificates.

Next year's Bridal and Prom Extravaganza is scheduled for Feb. 17.

### A Quick Look

Date	High	Low	Precip	Snow
Feb. 15	2	-12	—	—
Feb. 16	9	-11	—	—
Feb. 17	41	8	.02	.5"
Feb. 18	41	8	—	—
Feb. 19	42	15	—	—
Feb. 20	43	33	—	—
Feb. 21	46	28	—	—

Recorded 7 a.m. for previous 24 hour period  
Precip./mo. - .31" / Snow - 5.10"  
Yr./Date - 1.05"/Snow/season - 22.70"

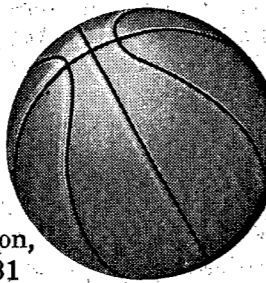
### Chamber Coffee

WAYNE - This week's Chamber Coffee will be held Friday, March 2 at G's Quick Stop at 1034 Main Street. It will be preceded by an Ambassador Ribbon Cutting at U-Save Pharmacy at 9:30 a.m. This is a change from what was announced in last week's Herald. The coffee begins at 10 a.m. and announcements at 10:15.

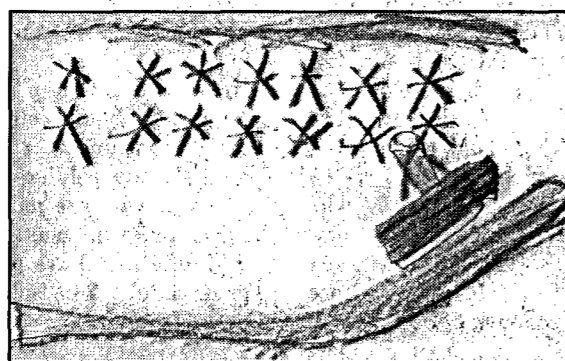


### Basketball tournament

AREA - The Laurel-Concord Booster Club is planning a seventh and eighth grade basketball tournament for Friday and Saturday, March 23-24. The deadline for submitting rosters and entry fees is Friday, March 7. For more information, contact Scott Petersen at (402) 256-3731 or on the web at



www.lau-rel.esu1.org and click on the Booster Club Tournament link.



Ryan Jaixen, Wayne Elementary

## The Wayne Herald

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In Wayne, Pierce, Cedar, Dixon, Thurston, Cuming, Stanton and Madison Counties; \$36.00 per year. In-state; \$38.00 per year. Out-state; \$48.00 per year. Single copies 75 cents.

## Habitat for Humanity to begin second build

Work has begun on the Wayne Area Habitat for Humanity's second house build at 1014 Douglas Street. The house will be built in partnership with the LuWanda Ryden family of Wayne.

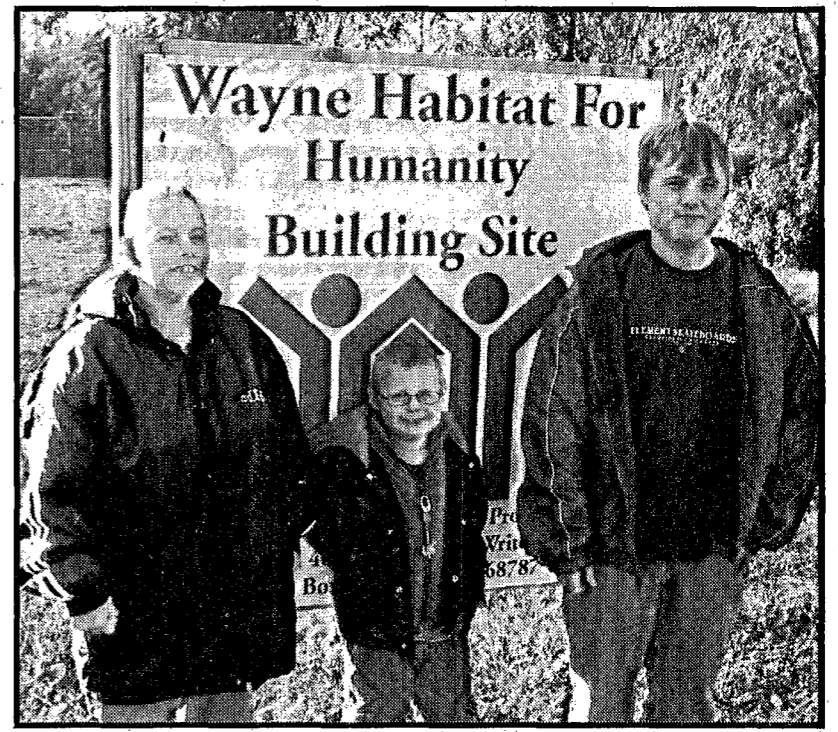
A 'kickoff' celebration is planned for Thursday evening, March 1. Between 5:30 and 6 p.m. people can drive by the building site and see the outline of the foundation. At 6 p.m. an indoor 'picnic' supper will be served at Praise Assembly of God, 1000 East 10th Street.

There will be information about volunteering for the build at the event. All community members are welcome to attend the celebration.

In March, the foundation for the house will be poured. The construction of the second Wayne Habitat house will follow a traditional 12-week building process starting on April 14. Most of the construction work will occur on Saturdays, utilizing volunteer labor.

The construction schedule is as follows:

- Week 1: build floor system.
  - Week 2: build frame walls.
  - Week 3: complete frame walls.
  - Week 4: stand trusses and sheath roof.
  - Week 5: install windows, siding and shingles.
  - Week 6: install sheetrock.
  - Week 7: complete sheetrock and exterior.
  - Week 8: install trim and doors.
  - Week 9: complete interior trim.
  - Week 10: paint interior walls.
  - Week 11: landscape.
  - Week 12: finish detail.
- Other volunteer opportunities may be available during the work-week. Churches, civic groups or other organizations can contact John Witkowski (375-4509) or Kyle Rose (375-2340) to arrange for volunteer opportunities.



The LuWanda Ryden family stands on the site of what will be their new home later this year.

Individuals can find volunteer applications at local Wayne banks. Volunteers are needed for construction, food preparation, cleanup, and other activities. Any interested adult can be put to work.

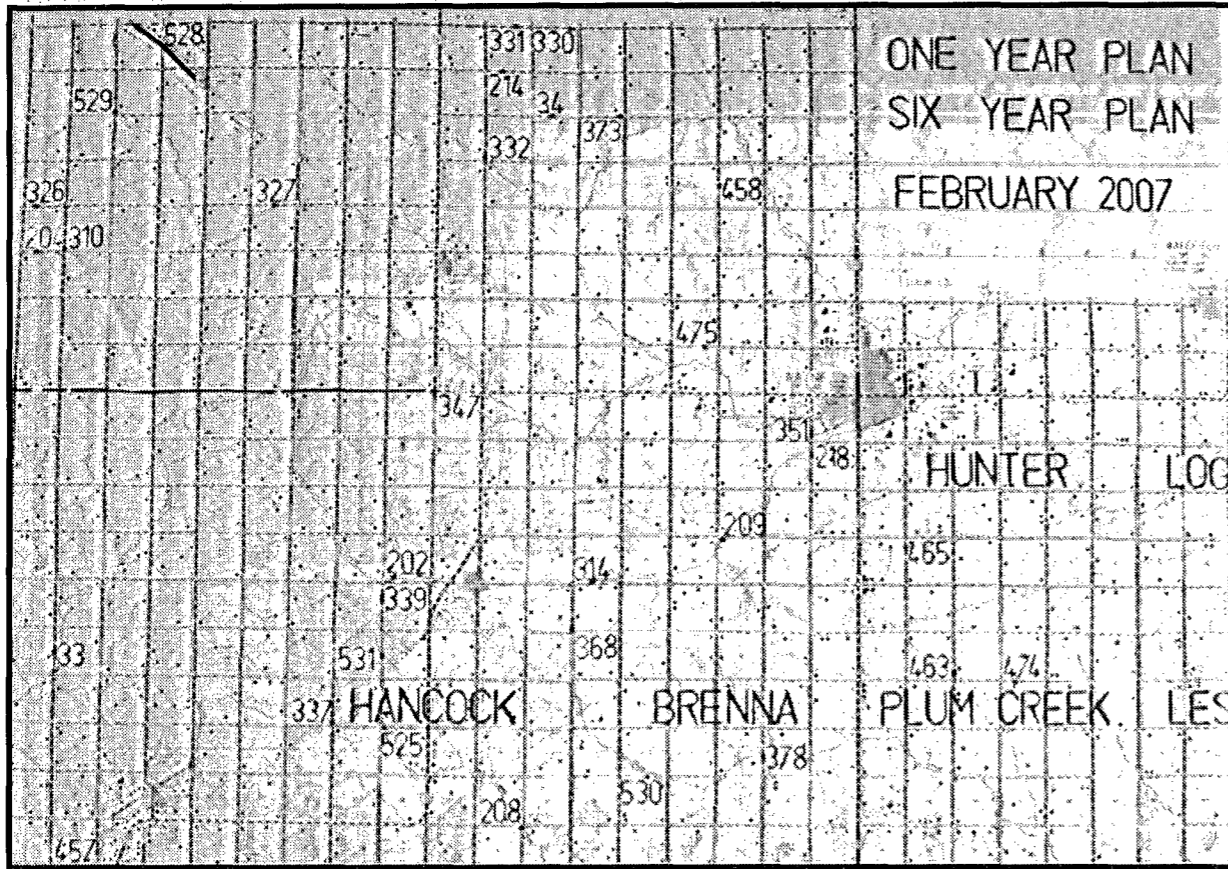
The Wayne Area Habitat for Humanity raises all the funds for the house build locally. "The construction of the first Habitat for Humanity house would not have been possible without the generous contributions of time and money from Wayne area churches, organizations, businesses and individuals," said Mark Hammer, a member of the group for a number of years.

For more information about contributing to the Wayne Area Habitat for Humanity, contact Jeff

Carstens at 375-3840 or write to P.O. Box 73, Wayne, Neb. 68787.

The current president of the Wayne Area Habitat for Humanity is Roger Meyer.

Habitat for Humanity International (HFHI) is a nonprofit, ecumenical Christian housing ministry. HFHI seeks to eliminate poverty housing and homelessness from the world, and to make decent shelter a matter of conscience and action. Habitat invites people of all backgrounds, races and religions to build houses together in partnership with families in need. Habitat has built more than 200,000 houses around the world, providing more than 1,000,000 people in more than 3,000 communities with safe, decent, affordable shelter.



## Plan

continued from page 1A

they were awarded \$350, which must be used for advertising their upcoming events. Commissioners noted they have more requests than funds on hand and with granting these applications, the reserve is depleted.

Also approved was the re-appointment of Milton Owens to the Veterans Service Board. The appointment is for a five year term.

Highway Superintendent Carlson gave commissioners an update on bids for a used dump truck that have been received. She noted one firm wanted to give a bid for a new truck so commissioners decided (with advice from legal counsel) to reject all of the bids and re-bid. The motion was approved. Carlson also asked for a raise.

She said when she took the position of highway superintendent, she was told if she got a Class A license, her yearly salary would be raised to \$34,000 or \$35,000. She is at \$32,000 due to two raises amounting to \$6,000 from September, '05 and May, '06.

She noted with the exception of bridge inspections, she is doing as much or more than Sid Saunders, former highway superintendent, did and is not receiving as much salary as he did. Commissioner Kelvin Wurdeman told her he did not agree to another raise. Commissioner Chairman Bob Nissen noted he would agree to raising her salary to \$33,000 and Commissioner Jim Rabe agreed. The motion passed, two to one.

Carlson accepted the raise with the stipulation when other employees (not elected) receive cost of liv-

ing raises, she should be included and not have to ask for them. Commissioners said they couldn't promise that in case a specific reason would surface. Carlson accepted the raise.

Future agenda items include discussion on carpet replacement at the courthouse and a presentation on Livestock Friendly designation at the next meeting. The next commissioners meeting will be Tuesday, March 6 at 9 a.m. There will be a presentation on Livestock Friendly designation at 9:30 a.m. and a public hearing on the subject at 10 a.m.

## Service-Learning at Wayne State College establishes Area Community Advisory Council

On Feb. 14, several representatives from area agencies, schools and community organizations were invited to attend a Service-Learning orientation meeting on the campus of Wayne State College.

The goal was to establish a Community Advisory Council that would recommend and identify possible service-learning projects to WSC. This council would provide another link whereby WSC and various community partners could work together to address community needs and improve the education and civic involvement of students.

Advisory Council members include: Wes Blecke (Wayne Area Economic Development Inc.); Shelly Fehring (Rainbow World Child Care); Steve Gross (LaPorte Cemetery Association); Bill Heiman (Wakefield Schools); Iene Nichols (Haven House); Tiffany Olson (Goldenrod Hills); Julie Osnes (Wayne Public Library); Steve Rasmussen (NE Forest Service); and Wayne Mayor Lois Shelton.

Several other individuals who were unable to attend the meeting but have expressed interest in serving on the council include: Lori Carrollo (American Red Cross); Dan Hoising (Laurel Public Schools); and Wayne City Administrator Lowell Johnson. Council members were recommended by WSC faculty and staff.

Anyone who is interested in more information about Service-Learning projects, funding, or the Community Advisory Council is encouraged to contact the service-learning team: Dr. Jean Karlen, Dawn Hirschman or Lisa Nelson by calling (402) 375-7030 or by e-mail at linelso1@wsc.edu



The Winged Victory Clarinet Quartet will present a concert at the Wayne Public Library on Saturday, March 3.

## Library to host Air Force Band

Wayne Public Library and the United States Air Force Heartland of America Band are proud to present Winged Victory in concert at the Library/Senior Center on Saturday, March 3 at noon.

The performance will last about an hour, and will include a variety of music for everyone to enjoy.

Those attending are encouraged to bring a sack lunch, have pizza and a drink for \$1.50 or just come to enjoy the music.

A clarinet quartet composed of members of the Concert Band, Winged Victory inspires the hearts and minds of military and civilian audiences in a variety of settings throughout the Midwest. In addition to performing for the general public, part of the quartet's mission is to aid Air Force recruiting by

reaching out to students in schools and universities by performing concerts and sharing their expertise with the music students in clinics.

The group's repertoire consists of classical, jazz and standard clarinet quartet literature showcasing its musical diversity. Winged Victory takes audiences on a tour of some of the world's most beautiful and exciting music. Each member of the group is a soloist in his or her own right and together they render the perfect blend of tone color and musicianship.

Members of the group include Technical Sergeant Nicole Shinninger, Staff Sergeant Susan Govier, Staff Sergeant Crystal L. Proper and Senior Airman Clive James.

This concert is free and open to the public.



## The survey says.....

Veronica Jaqua, right, receives \$100 in Chamber Bucks after her name was chosen from those who completed the recent survey by the Main Street Clothing Company. Making the presentation was Irene Fletcher, Office Manager.

## Highway informational meeting scheduled

A public informational meeting will be held Wednesday, Feb. 28 in the North Meeting Room of the Wayne City Auditorium.

The purpose of the meeting is to let the community know the schedule of the in-Wayne construction season for the completion of the Highway 15 project.

Representatives from the Nebraska Department of Roads, the contractor and city officials will be on hand to answer questions.

Everyone is invited to attend this informational meeting.



## WSC Royalty crowned

Freshman Royalty Riley Hamilton of Spencer and Suzi Havelka of Weston were crowned during coronation on Feb. 17 during halftime of the women's basketball game. Other Freshman Royalty Candidates included Tessa Wietfeld of Leigh; Emilee Pease of Peru; Allison Friedmann of Sioux City, Iowa; Kristin Soper of Neligh; Heidi Nollette of Nenzel; Jessica Monk of Louisville; Reno Blomquist of Chandler; Justin Schreier of Waverly; Lukas Rix of Lyons; Josh Moulden of Denver, Colo.; Lucas Best of Lincoln; Adam Hawthorne of Central City and Riley Hamilton of Spencer.

## weekly spotlight

### Simonsen Consulting Services among Wayne's newest businesses

**By DeManda Arkfeld**  
For the Herald

The Simonsens, David and Maggie, moved to Wayne in October 2005. David became the Executive Director of Wayne Area Economic Development, Inc. (WAEDI) while Maggie formed Simonsen Consulting Services from her home-based office.

Simonsen Consulting Services provides grant writing, research, and development involving state, federal, and foundation funding for communities, non-profit organizations, higher education, partnerships, and industry alliances.

Simonsen also offers editing, content development and proofreading of doctoral proposals and dissertations, resumes, cover letters, books, presentations, articles, etc. She specializes in the APA writing style required for scholarly writing.

"Prior to moving to Wayne, I operated my own retail establishment for five years. My professional career before that involved state government, higher education, and fine arts," Simonsen said. "When we arrived in Wayne, no immediate job opportunities aligned to my professional interests. I started writing grants on contract, drawing upon skills from a previous career. I developed the business in response to increasing demand for my services."

Simonsen's home-based business allows her to complete and exchange most grants and editing work via the Internet. Client negotiations and discussions are conducted by phone or email. She travels to conduct consulting, planning and community support activities.

"I write grants for various firms on subcontract, and contract directly with others," Simonsen said. "I serve clients locally, and around the country."

The local grants development involves grass roots innovation with regional impact. Simonsen is able to participate in local project implementation as a business member of WAEDI.

In doing so, she gets to provide community support to help implement some aspects of the projects funded from grants achieved with her professional assistance.

"Grass roots development requires the passion and dedication of individuals seeking common goals amidst various challenges, often when minimal resources are at hand," Simonsen said.

Simonsen's latest efforts are collaborative with a virtual consulting firm connecting talents across numerous states. The collaboration of consultants combines their diverse talents to address larger and more complex contracts across the country. One such project concerns an industry-aligned family trust for an industry-scale alternative renewable energy project. "This sort of innovation is exciting and challenging," said Simonsen.

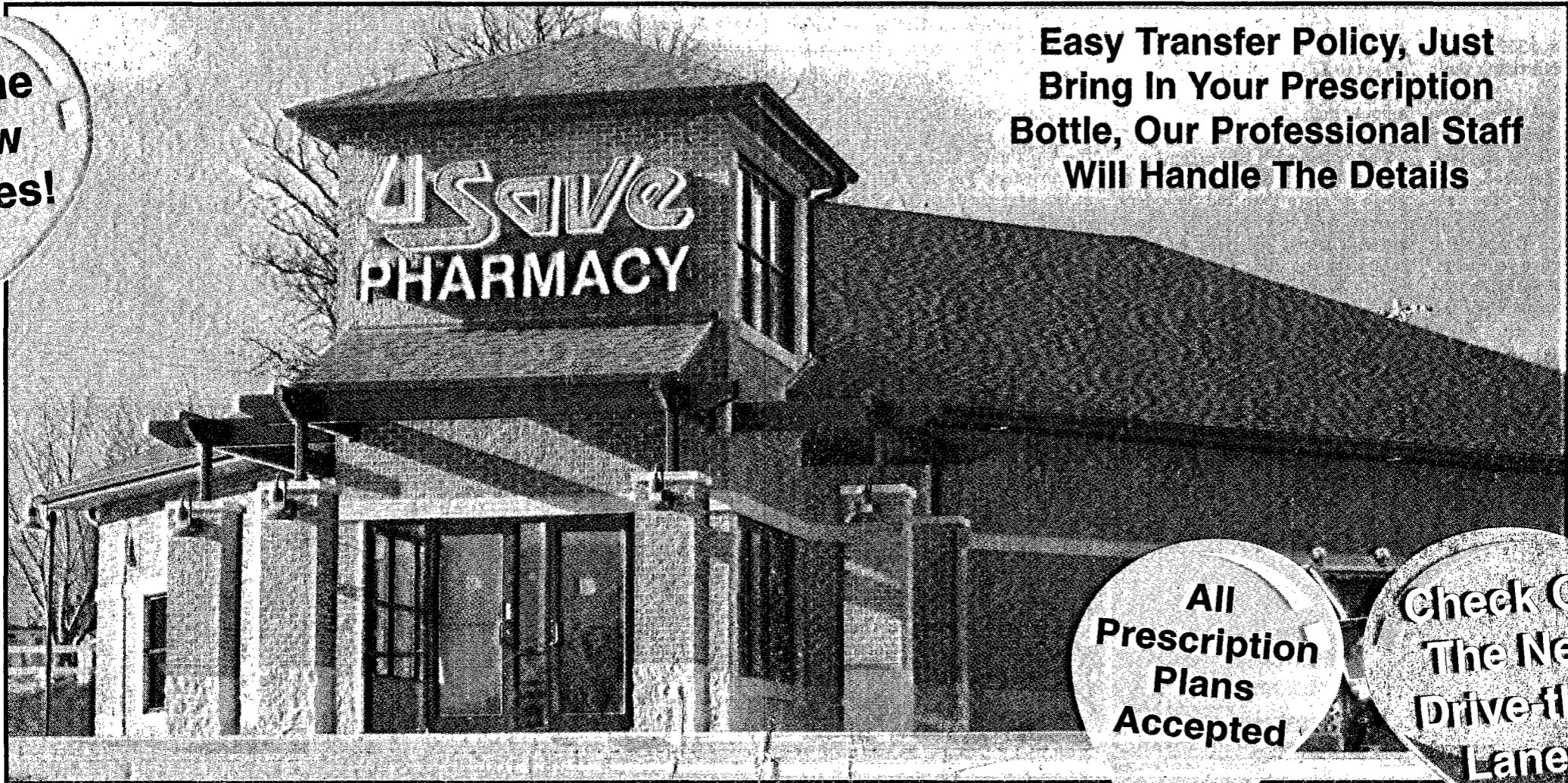
Maggie and David have two daughters, Autumn age 18, and Skye age 12 and "baby Simonsen to be" is due in September.

Maggie Simonsen, President of Simonsen Consulting Services, can be reached at 402-369-0634 or via the web at [www.simonsenconsultingservices.com](http://www.simonsenconsultingservices.com).

Maggie Simonsen, left, consults with City Treasurer Nancy Braden on a current project.

# U-Save Pharmacy's GRAND OPENING

**Friday, February 23th from 9 am to 6 pm**  
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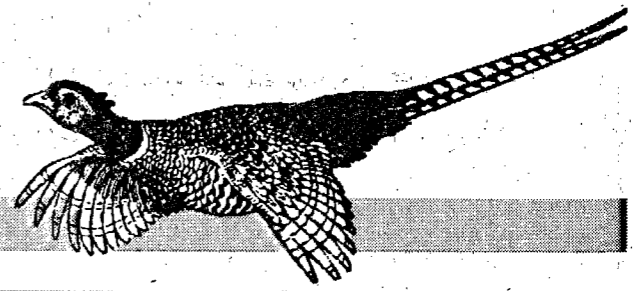
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Hours: M-F 9-6 • Sat. 9-1:30

# Sports

The Wayne Herald



## Blue Devils lose in final

The Wayne High girls' basketball team has operated this season under the philosophy that its defense would create opportunities for the Blue Devil offense.

That work ethic again was used in Wayne's showdown with Norfolk Catholic in the C1-7 subdistrict final at Norfolk High School on Feb. 15.

Even though Wayne was able to stay within striking distance of NCHS (21-1) for most of the contest, the Knights were able to pull away late in the second half en route to a 58-46 win to claim the subdistrict title.

The Knights now advance to the C1-4 district final against Crofton schedule for Friday, Feb. 23, at 7 p.m. at Wayne High.

The Blue Devils (14-9) kept things close as the Knights only held a 27-25 lead at intermission.

"We definitely gave Norfolk Catholic a run for their money," Wayne High coach Courtney Maas said. "We rebounded, played phenomenal defense and hit some great shots. The girls played their hearts out and losing by 12 doesn't show how well the team played."

NCHS gave itself some breathing room as the Knights went on an 8-2 run in the third frame to take a 43-33 lead with one minute left in the third quarter.

A trey by WHS freshman Shannon Jarvi pulled the Blue Devils to 45-38 with under 20 seconds left in the third quarter, but a 3-pointer by NCHS gave the Knights a 48-38 lead heading into the final period.

Wayne held the Knights scoreless for the first six minutes of the closing quarter, thanks to a defensive effort that produced six Knight turnovers.

Jarvi hit another strike from behind the arc to get Wayne within five points at 48-43 with about 4:30 left in the contest, but the WHS offense went cold until Nicole

See FINAL, page 2B

# Eight qualify, six medal

## Wrestlers battle to earn spots as state medalists

By Lee Koch  
For the Herald

Wayne, Wakefield and Winside qualified a combined eight wrestlers for the Nebraska State Wrestling Championships held at the Qwest Center in Omaha on Feb. 15-17.

By the end of the tournament, five medalists made the trip to the winner's platform.

Wayne — with qualifiers in Jordan McDonald (140), Nick Klassen (171) and Bren Vander Weil (215) wrestling in the Class B portion of the tournament — fell short of medalist honors after three losses in the opening session.

Vander Weil, a senior, was the lone Blue Devil to win a match finishing the year with 32-7 record.

Jordan McDonald, a junior, finished the season with a 23-18 record, while senior Nick Klassen won 22 matches while losing 21 times on the year.

The duo of T J Rose (103) and Dex Driskell (189) became the first Wakefield medal winners since the Trojans resumed their wrestling program in 2000.

Driskell, a senior, earned a fourth-place medal finishing the year with a 35-6 record, while Rose finished with a 20-10 record for his freshmen year.

Wakefield finished in 26th place in the 64-team Class C field.

The Winside trio of Kalin Koch (135), Jordan Brummels (145) and Tucker Bowers (152) led the Wildcats in scoring all season long.

Brummels led the Wildcat efforts with a third-place medal finish. His final match in Saturday's third-place matchup also marked Brummels' 100th career win.

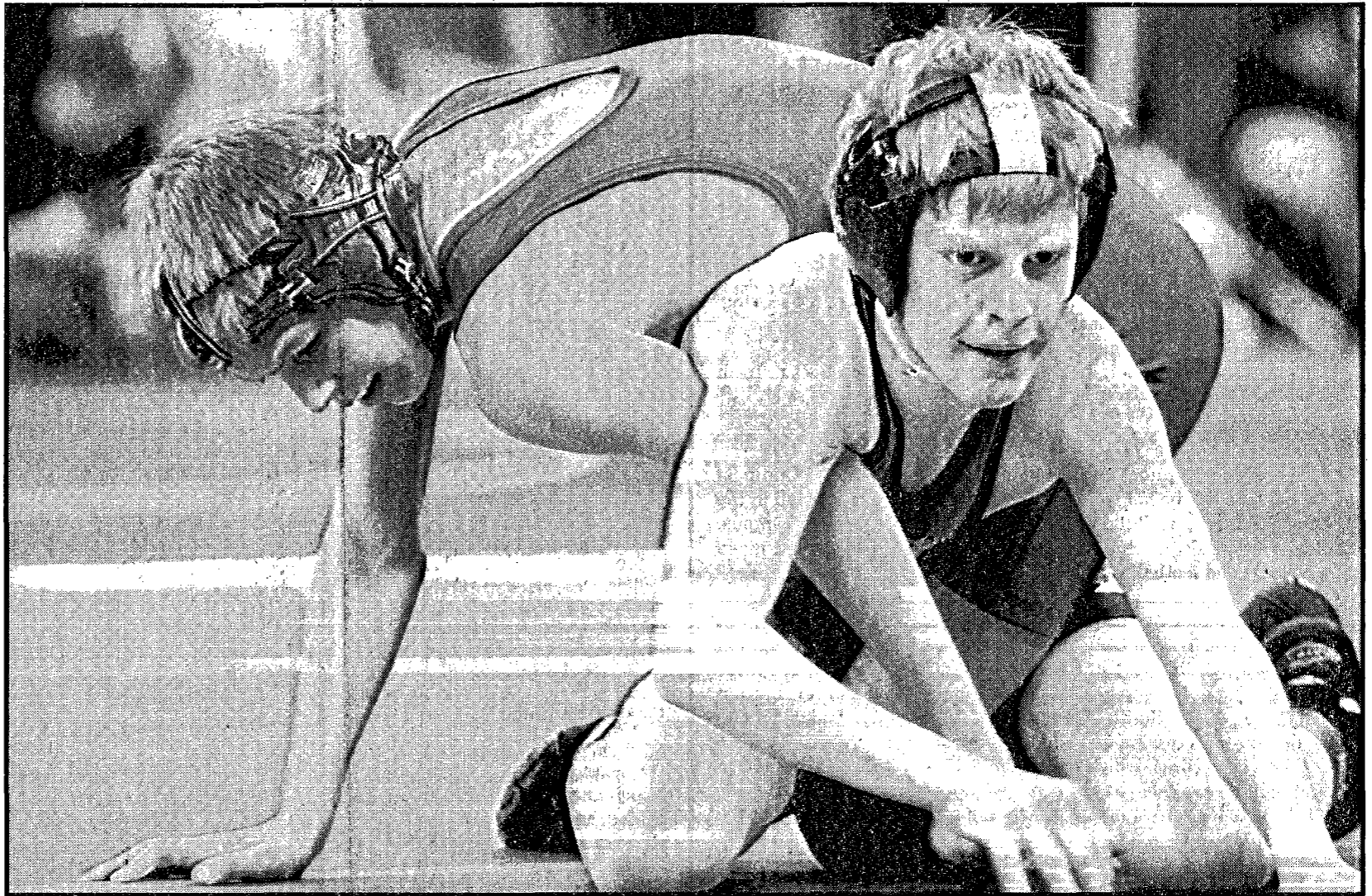
Bowers finished fifth and Koch earned a sixth place medal.

All three Wildcats won thirty matches during the season.

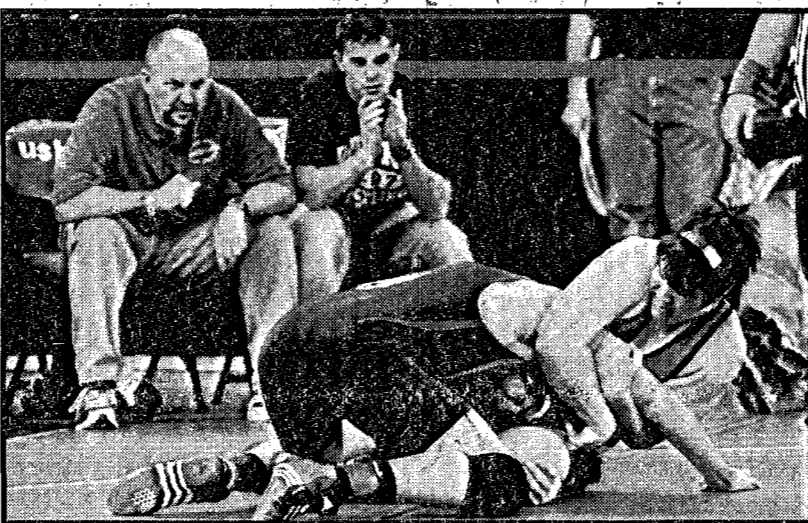
Koch finished at 30-14, Brummels with a 37-3 mark and Bowers ended the season with a 33-11 record.

As a team, the Wildcats finished nineteenth in the Class D portion of the state meet.

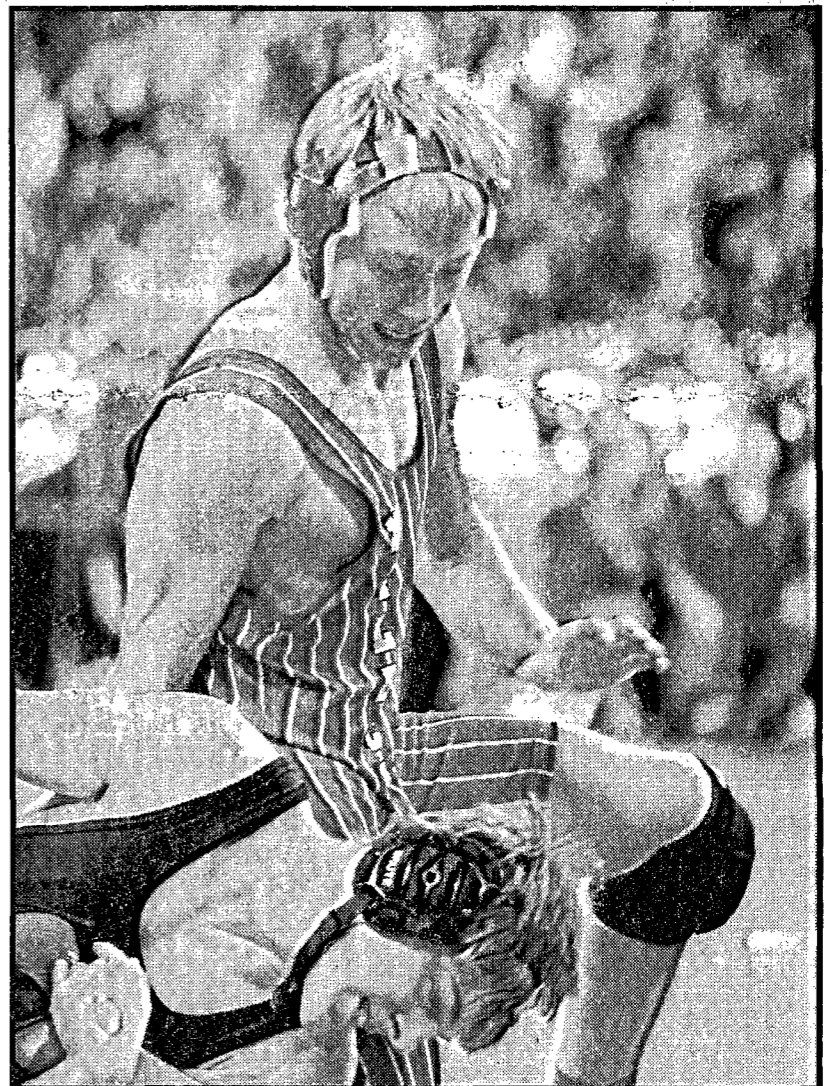
This year marked a bit of depar-



Wakefield 1-03-pound freshman T.J. Rose (top) took sixth place at last weekend's state wrestling tournament in Omaha.



Wayne High coaches Greg Vander Weil and Dustin Fouch watch during Bren Vander Weil's (right) first round match.



Winside junior Jordan Brummels earned his 100th career win at last weekend's state tourney where he took third.

ture from what has been the norm for the Wildcats as the last time that Winside failed to finish in the Top 10 teams in Class D was 1999.

This year's tournament was the first time since 1987 that the Wildcats did not have a wrestler in the Friday night semifinal round.

Round-by-round results from the state wrestling tournament include:

### Feb. 15 matches

#### Class B (Wayne results)

##### First round

140 — Jordan McDonald lost by pin to Nathaniel High, Aurora, 1:14; 171 — Nick Klassen lost by pin to Jeremy Small, Crete, 1:00; 215 — Bren Vander Weil lost by pin to Dex Schwiager, Aurora, 3:36.

#### Class C (Wakefield results)

##### First round

103 — T.J. Rose defeated Arthur Wisecup, Bennington, 11-10; 189 — Dex Driskell defeated Joshua Cadenbach, Centennial, 5-1.

##### Quarterfinals

103 — Rose defeated Justis Stolz,

See WRESTLERS, Page 2B

More state tournament photos found on Page 4B

## WSC posts fifth straight

The Wayne State College womens' basketball team recorded its fifth straight win on Feb. 17 as they defeated Southwest Minnesota State 72-59 in Northern Sun Conference on the home court of Rice Auditorium.

With the win, the Wildcats move into a fourth place tie in the NSIC at 9-7 in the league and 16-9 overall.

The Wildcats jumped out to an early 10-5 lead with 15:43 left in the first half and led by as many as 17 points in the first half, 34-17 with 4:51 left in the half.

WSC maintained its double digit lead the entire second half and went on to the 72-59 win.

Andrea Schoepf poured in 20 points on 8 of 14 shooting from the field to lead Wayne State in scoring.

Erin McCormick followed with 16 points, Lauren Gustafson finished with 11 points and six assists and Kylee McGill added 10 points and six rebounds for the Wildcats.

WSC shot 43 percent from the field, making 26 of 60 shots. The Cats were 8 of 22 from the three point line and 12 of 15 at the charity stripe.

SMSU won the rebounding



Amanda Walker looks to throw an outlet pass in last Saturday's home game with SMSU.

battle over the Wildcats 49-38. McGill and McCormick grabbed six boards each for Wayne State. WSC had 16 assists and just 10 turnovers in the game.

Wayne State will play at home again this weekend, when they host NSIC-leading Concordia-St. Paul Friday night

and second place MSU Moorhead on Saturday evening.

Wayne State 39 33 — 72

SMSU 25 34 — 59

Wayne State scoring: Lauren Gustafson 11, Andrea Schoepf 20, Kylee McGill 10, Erin McCormick 16, Jennifer Yee 3, Teresa Case 7, Amanda Covington 2, Kati Jo Christiansen 3.

## Wildcats pick up home win

Junior guard Bryce Caldwell scored 16 of his 22 points in the second half, including seven in the final minute, to lead Wayne State in a 74-70 Northern Sun Conference mens' basketball win over Southwest Minnesota State Saturday night at Rice Auditorium in Wayne.

WSC is now 14-11 on the season and 9-7 in the NSIC.

It was a typical game between Wayne State and Southwest Minnesota State as the final scoring went down to the wire.

SMSU held the lead for much of the first half, but WSC recorded the seventh tie of the first half to enter the locker room knotted at 36-36.

Both teams exchanged several leads in the second half until the Wildcats got some key plays from Caldwell down the stretch to hold off the Mustangs.

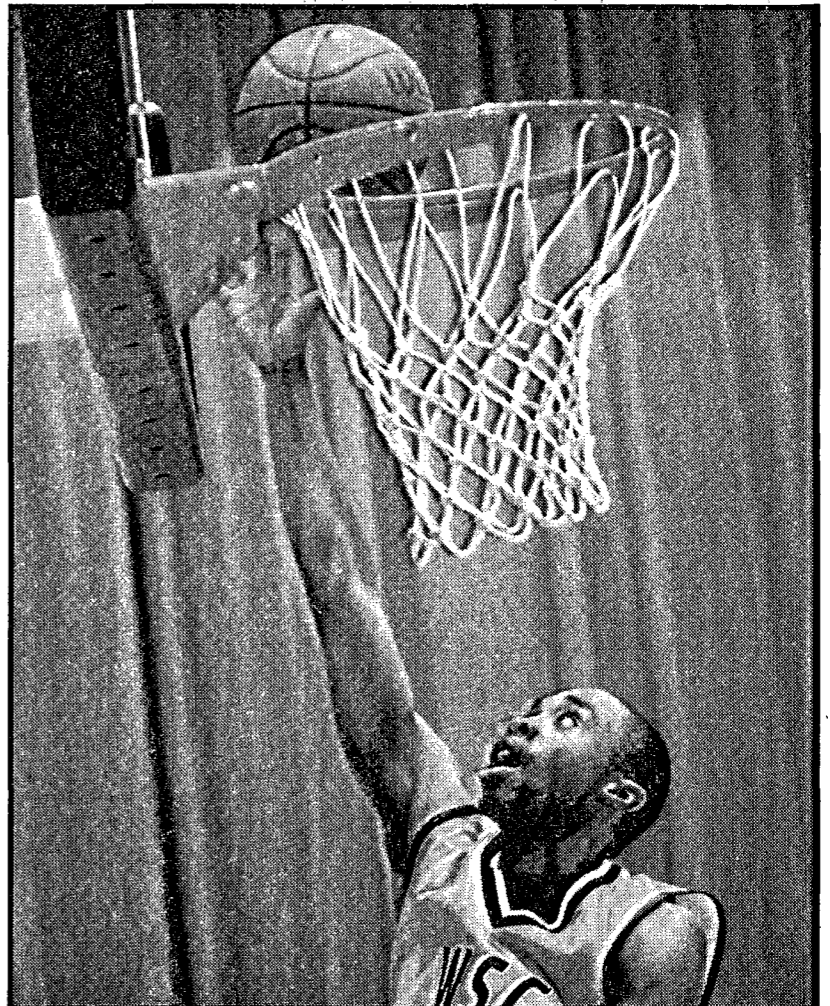
SMSU's Ryan Krome made a layup with 1:25 to go, putting the Mustangs in front 67-65.

Caldwell drained a three-pointer with 53 seconds left to put WSC back in front 68-67.

A steal and layup by Caldwell with 39 seconds remaining put WSC ahead 70-67.

Krome converted one of two free throws with 27 seconds to go to make the score 70-68.

See WIN, Page 2B



Bryce Caldwell makes a layup with 39 seconds left in regulation to give WSC a lead against SMSU last Saturday.

Sports Notebook

City League playoffs under way

WAYNE — Playoffs resumed for both the Wayne mens' city recreation A and C teams, on Feb. 12 and 15, respectively, while Team 3 captured the womens' league championship on Feb. 15. Results from those contests include:

Men's A-League playoff results

Team 4 — 90, Team 2 — 63

Team 4 scoring: Brent Hoising 12, Jon Ehrhardt 24, Eric McLagen 30. Team 2 scoring: Joel Hansen 19, Brian Kesting 14.

Team 1 — 116, Team 3 — 51

Team 1 scoring: Ryan Hix 19, Josh Rasmussen 27, Ryan Hix 19. Team 3 scoring: Michael Hawkins 12, Steve Carroll 9, Nick Hochstein 10.

Men's C-League playoff results

Team 1 — 60, Team 5 — 41

Team 1 scoring: Rob Sweetland 17, Terry Luhr 17. Team 5 scoring: Kevin Hoffart 9, Brendan Dorsey 8.

Team 4 — 54, Team 3 — 51

Team 4 scoring: Paul Roberts 23, Lee Stegemann 16. Team 2 scoring: Tyler Kvolis 20, Richie Rasmussen 19.

Womens' League

Championship game

Team 3 — 47, Team 4 — 36

Team 3 scoring: Janae Harris 16, Laura Gamble 12, Ashley Carroll 7, Micela Weber 6, Shannon Carroll 4, Christina Mundil 2. Team 4 scoring: Jennifer Raveling 20, Allison Hansen 10, Kiley Peterson 6.

Team 1 — 22, Team 2 — 17

Team 1 scoring: Toni Hytrek 8, Jennifer Kesting 6, Teri Buck 6. Team 2 scoring: Susan Metzler 9, Lori Brudigam 4.

WSC football clinic slated

The second annual Wayne State College Football Clinic of Champions will be held on Saturday, Feb. 24 at Gardner Hall in the Gardner Business Building on the Wayne State College campus. Registration for the clinic starts at 8:00 a.m. with a welcome given by WSC head football coach Dan McLaughlin at 8:45 a.m.

The featured guest speaker is Jay Bubak, defensive coordinator at South Dakota State University. Other coaches speaking at the clinic include Wayne State head football coach Dan McLaughlin, defensive coordinator Clint Brown and special teams coach Mike Cordes along with high school coaches Chuck Mizerski of Lincoln Southeast, Justin Smith of Class C-2 state champion Wakefield and Gene Suhr of Papillion-LaVista.

Cost of the clinic, which runs from 8:45 a.m. to 4:00 p.m., is \$35 and will be available at the door the day of the camp. Cost of the clinic includes refreshments, lunch and a social hour following the clinic at Uncle Dave's in downtown Wayne.

For more information on the clinic, contact the Wayne State College football office at 402-375-7703. Clinic brochures are also available by logging on to www.wsc.edu/athletics/football.

Summer registrations scheduled

WAYNE — The Wayne Community Activity Center will be the site for upcoming summer sport registrations. Sign up for Wayne girls' fast pitch softball (ages 10-18) will be Monday-Wednesday, Feb. 19-21, from 5-7 p.m. each day. Entry fee is \$35 for 10-under teams and \$45 for other age groups. The 12-under (Little League) and 14-under (Ponies) boys' baseball registrations will be conducted Monday-Wednesday, March 6-8 at 5-7 p.m. each day at the activity center. Cost is \$45 per player.

Volleyball league sign-ups accepted

WAYNE — The Wayne City Recreation Department will sponsor a womens' volleyball league for area adults age 19 and up. Registration deadline is Feb. 26, with league play to run from March 7-April 25.

Players will organize their own teams with team captains to register all players and pay the team league fee of \$75 by Feb. 26.

League will be played on Wednesday evenings. Registration forms are available at the Wayne Community Activity Center.

Wayne Tournament set for this weekend

WAYNE — The 19th annual Wayne Tournament will be played this Saturday, Feb. 24, at three local venues. The 40-team tournament will run from 9 a.m. to 8 p.m. at the Wayne High School, Middle School and Community Activity Center. Admission is \$2 for adults and \$1 for children.

Wrestlers

(continued from page 1B)

Grand Island Central Catholic, 11-9. 189 — Driskell lost by pin to Noah Steele, Ravenna, 6:51.

Class D (Winside results)

First round 135 — Kalin Koch lost by pin to Jacob Romshek, Aquinas, 2:32; 145 — Jordan Brummels defeated Steven Carlson, Sutton, 7-0; 152 — Tucker Bowers defeated Zane Starks, Dundly County, 14-2.

Quarterfinals

145 — Brummels lost to Ryan Olsen, Banner County, 8-0; 152 — Bowers lost to Jacob Kirkpatrick, Anselmo-Merna, 9-0.

Feb 16 matches Class D

Consolation first round 135 — Koch pinned Daniel Smith, Hyannis, 3:41.

Consolation second round 135 — Koch defeated Cody Dorn, Franklin, 7-6. 145 — Brummels defeated Tanner Kuhn, High Plains Community, 5-1. 152 — Bowers pinned Brock Meier, Elm Creek, 2:05.

Consolation quarterfinals 135 — Koch pinned Casey Beahm, Sutton, 5:30; 145 — Brummels defeated Matthew Watchorn, Ponca, 3-2; 152 — Bowers pinned Blake Fastnacht, Hemingford, 2:25.

Class B

Consolation first round 140 — McDonald lost by pin to Tony Collins, Ogallala, 3:55. 171 — Klassen lost by pin to Tyler Hanson, Valentine, :39. 215 — Vander Weil defeated Eric Rhoades, Nebraska City, 12-6.

Consolation second round 215 — Vander Weil lost to Hadley Cookley, Northwest, 13-4.

Class C

Consolation second round 189 — Driskell defeated Brandon Rudloff, Mitchell, 10-3.

Consolation quarterfinals 189 — Driskell defeated Sam Prokopec, Norfolk Catholic, 3-2.

Championship semifinals 103 — Rose lost by pin to Sean Trampe, Ord, :50.

Feb 17 matches Class D

Consolation semifinals 135 — Koch lost to Steve Overshine, Hemingford, 7-5; 145 — Brummels defeated Andrew Glause, Palmer, 2-1 OT; 152 — Bowers lost by pin to Jordan Gonzales, Morrill, 3:16.

Fifth-place match 135 — Koch (sixth place) lost to



Winside's Tucker Bowers took fifth place at 152 after a hard-fought battle through the state tournament Class D consolation bracket.

Brandon Timm, Neligh-Oakdale, 12-4; 152 — Bowers (fifth place) defeated Cole Ratkovec, East Butler, 6-5.

Class C

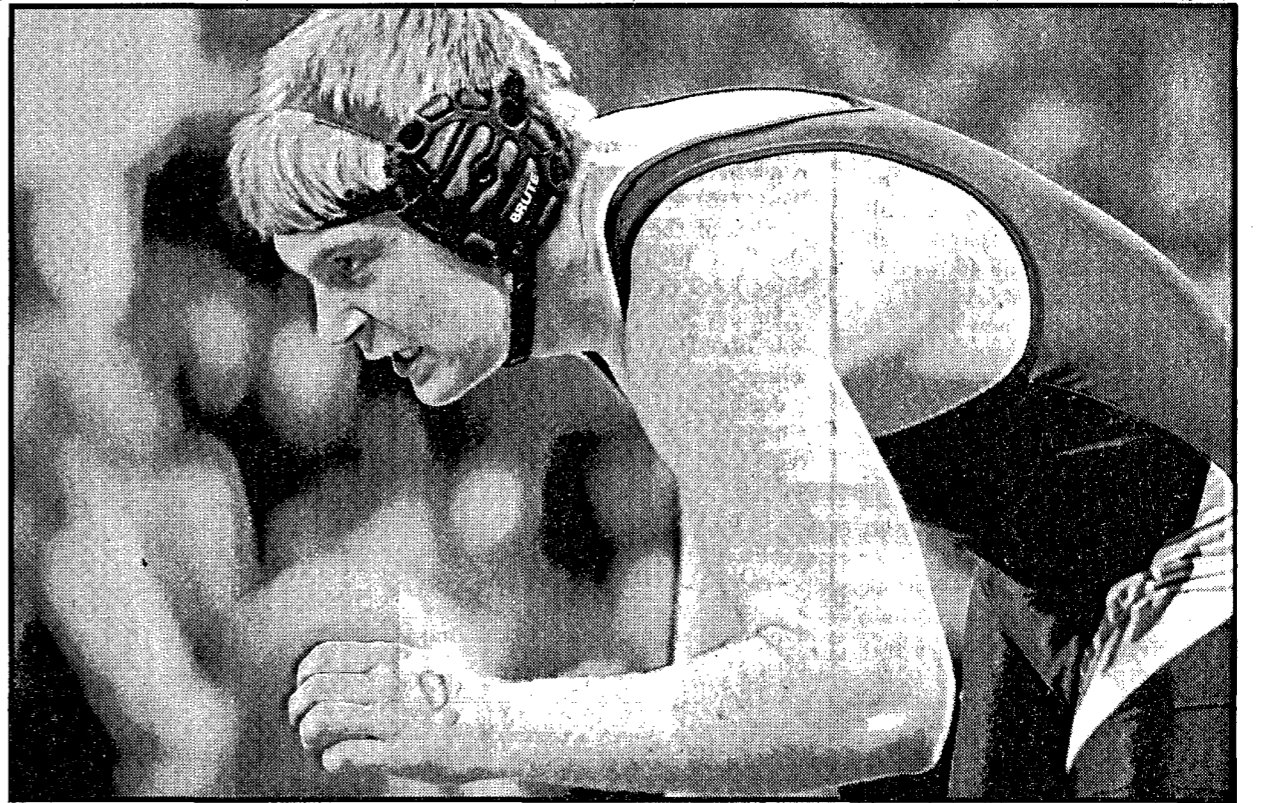
Consolation semifinals 103 — Rose lost to Zane Roubal, North Bend Central, 10-3; 189 — Driskell won by forfeit over Michael Stelling, Plainview.

Third-place match 145 — Brummels (third place) defeated Jared Beam, Sutherland, 3-1.

103 — Rose (sixth place) lost by pin to Brandon Morse, Sargent/Burwell :53.

Third-place match

189 — Driskell (fourth place) lost to Noah Steele, Ravenna, 6-4.



Wakefield senior Dex Driskell finished fourth overall after advancing through the consolation bracket of the state tournament to reach the third-place match on Saturday.

Win

(continued from page 1B)

Dallas Hodges was fouled on the rebound and made two free throws with 23 seconds to go, giving WSC a 72-68 lead.

Krome's two free throws with :14 seconds remaining pulled the Mustangs within two, 72-70.

After a WSC turnover with 12 seconds, SMSU had a chance to tie the score.

But Andrew Peschong missed an

eight foot jumper with five seconds to go and Bryce Caldwell grabbed the rebound, getting fouled with one second remaining. He made both free throws to seal the Wildcats' 74-70 win over the Mustangs.

Caldwell's 22 points led the Wildcats in scoring, followed by Dallas Hodges with 21.

Matt Rathje accounted for 15 points and Jonathon Thomas had 10 to round out the double figure scorers for Wayne State.

The Wildcats shot 48-percent from the field on 25-of-52, including 9 of 22 from the three point line. WSC was 15-of-23 from the charity stripe. SMSU out-rebounded Wayne

State 33-31 thanks to seven boards by Krome and six from Fletcher.

Wayne State's top rebounder was Jonathon Thomas with six caroms. WSC had just 12 turnovers to 13 for SMSU. Both teams had 12 assists.

Wayne State will be at home again this weekend to close out the regular season at Concordia-St. Paul visits Rice Auditorium Friday night, followed by a Saturday night showdown with MSU Moorhead.

Wayne State 36 38 - 74 SMSU 36 34 - 70 Wayne State scoring: Dallas Hodges 21, Matt Rathje 15, Jonathon Thomas 10, Bryce Caldwell 22, Jamar Diggs 3, David Walters 1, Michael Dickes 2.

Final

(continued from page 1B)

Rauner scored her only score of the game on a free throw with 90 seconds left in the contest.

Clutch free throws, plus strong rebounding by the Knights allowed NCHS to pull ahead en route to the 58-46 win.

"We had to foul and they stepped up to the line and made their free throws," Maas said. "We had the opportunities with some shots, but they just didn't fall. We played our best game of the season."

Wayne's two seniors, Regan Ruhl and Sara Frerichs, playing their final game in a Blue Devil uniform, led the squad with 11 points each.

Shannon Jarvi and her sister, Michelle, finished with 10 and nine points, respectively.

"I thought the girls really showed what kind of a team they really are at this game," Maas, who wrapped up her first year as head coach of the team, added. "I thought they worked so hard all season and I am lucky to have had this group for my first year as head coach."

Norfolk Catholic 15 12 21 10 - 58 Wayne 11 14 13 8 - 46 Wayne scoring: Sara Frerichs 11, Regan Ruhl 11, Nicole Rauner 1, Michelle Jarvi 9 Shannon Jarvi 10, Samantha Dunklau 4.

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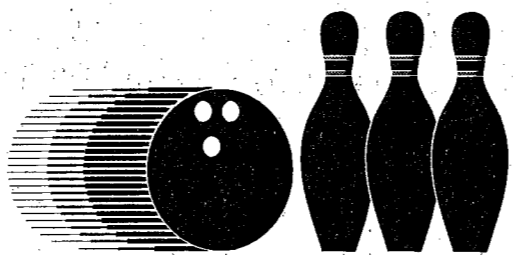


Table with bowling results for 'Hits and Misses' and 'Wednesday-Nite Owls'.

Table with bowling results for 'City League (Men's)'.

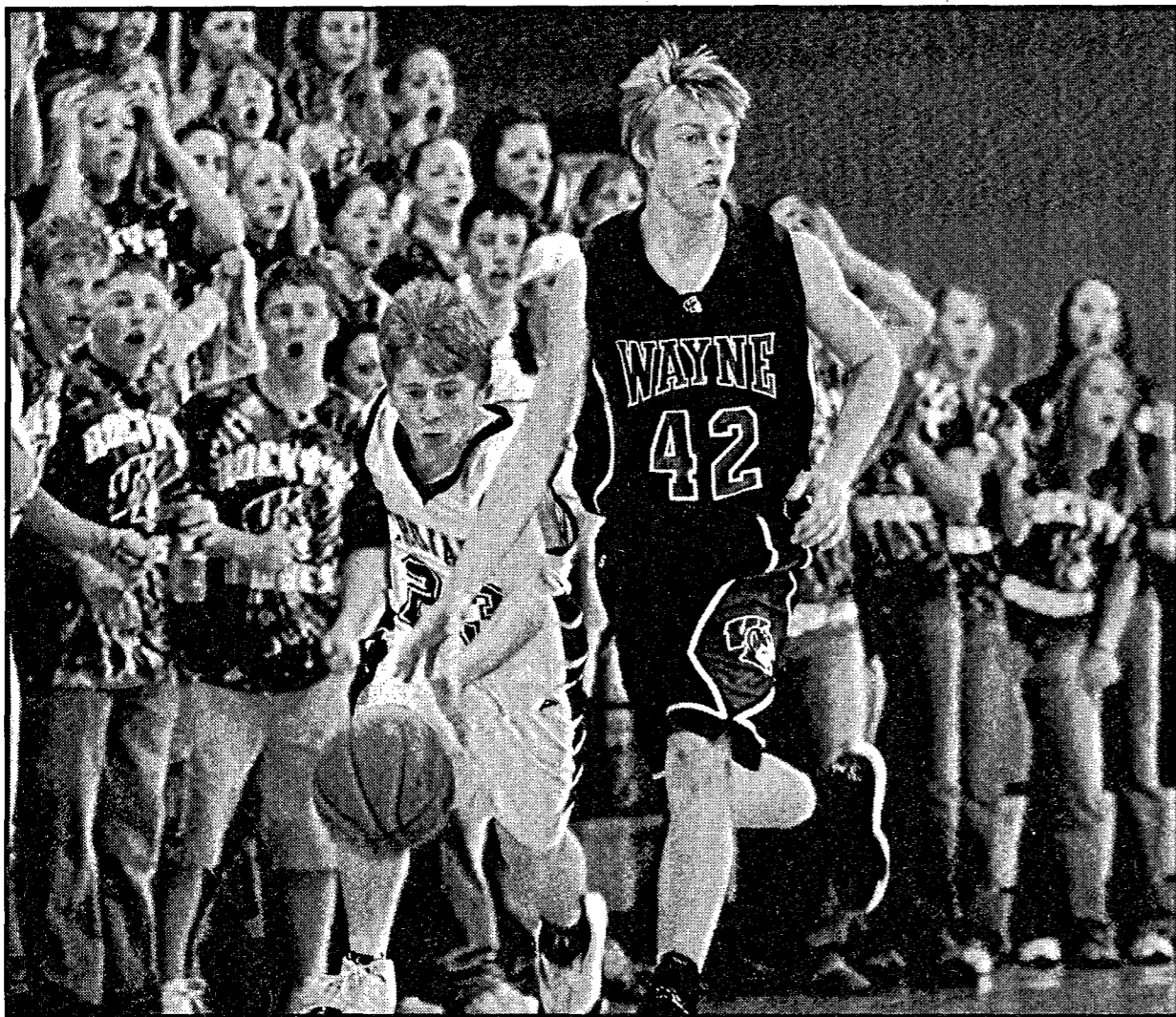


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Advertisement for White Dog Pub, featuring a dog logo and text 'Where being in the Dog House is a GREAT Place to Be!!'

Large advertisement for Wellness Center by PMC, including contact information, a 'Walk For Good Health!' slogan, and a section titled 'ASK THE TRAINER' with text about heart health.

**High School Basketball Roundup**



Wakefield junior Nic Curnyn sneaks behind Wayne High's Shaun Kardell for a steal in Tuesday evening's C1-5 subdistrict game at Oakland.

**Boys' Basketball**

**Regular season games**

**Feb. 16**

**Winside 58, Newcastle 40**  
NEWCASTLE — Marcus Messersmith scored 36 points, including four 3-pointers in Winside's 58-40 road win over Newcastle to wrap up the regular season at 14-8.

Messersmith also finished with 14 rebounds for a double-double for the Wildcats.

**Winside 16 10 19 13 — 58**  
NEWCASTLE 7 8 10 15 — 40  
Winside scoring: Marcus Messersmith 36, Sam Barg 5, Jared Roberts 7, Andrew Mohr 2, Matt Peter 8

**Wakefield 51, Homer 33**  
HOMER — Wakefield wrapped up the regular season with a 51-33 road win against Homer to move to 14-8.

Brothers Mason and Joel Nixon led Wakefield with 16 and 11 points, respectively.

**Wakefield 12 17 16 6 — 51**  
HOMER 6 7 10 10 — 33  
Wakefield scoring: Joel Nixon 11, Colby Henderson 9, Matt Erwin 4, Dusty Rhods 6, Max Greve 4, Chad Clay 1, Mason Nixon 16.

**Allen 58, Winnebago 45**  
WINNEBAGO — Chris Blohm's 36-points led Allen to a 58-45 win over Winnebago to close out the regular season.  
Blohm was 6-of-11 from behind

the arc and was perfect from the charity stripe (8-for-8)

William Gnat also had a big game as he pulled down 14 rebounds to lead Allen's inside game.

The Eagles finished the regular season at 10-8.

**Allen 20 7 13 18 — 58**  
WINNEBAGO 11 9 17 8 — 45

Allen scoring: William Gnat 6, Chris Blohm 36, Scott Chase 7, Drew Diediker 2, Derek Hingst 5, Ross Rastede 2.

**Subdistrict Tournaments**

**Feb. 20**

**C1-5 at Oakland**

**Wayne 41, Wakefield 35**  
OAKLAND — Wakefield's nine point halftime lead vanished after the break as Wayne outscored the Trojan's 19-1 in the third quarter en route to a 41-35 win in C1-5 subdistrict play here.

A three-pointer by Nathan Summerfield with 5:38 in the third quarter allowed Wayne to pull ahead of Wakefield at 25-23 and the Blue Devils were able to maintain a comfortable lead until late in the fourth quarter.

Joel Nixon hit a 3-pointer to narrow the Wayne lead to 37-32 with 1:07 left in the contest. Nixon led all scorers with 15 points.

After a Wayne turnover, Nixon's brother, Mason, canned another trey with 36 seconds left on the clock to move Wakefield even closer at 37-35.

Trips to the free throw line by Reggie Ruhl and Ransen Broders

in the final 23 seconds of the game proved to be the difference-maker as Wayne made all four shots to seal the 41-35 win.

The Blue Devils finished the night with 19-of-21 shots from the charity stripe, while Wakefield hit 50-percent (6-of-12).

Summerfield led Wayne with 15 points, while Broders contributed nine rebounds.

Wayne will advance to Thursday's final (tonight) at 7 p.m. against Wisner-Pilger in Oakland.

Tuesday's game was the final high school game for Wakefield senior Max Greve.

Wakefield ends the season with a 14-9 record after being a state tournament qualifier the past two seasons in Class C2.

**Wayne 6 8 19 8 — 41**  
WAKEFIELD 13 10 11 11 — 35  
Wayne scoring: Nathan Summerfield 14, Jesse Hill 3, Reggie Ruhl 7, Ransen Broders 7, Nate Finkey 2, Cory Harm 4, Shaun Kardell 4.  
Wakefield scoring: Joel Nixon 15, Dusty Rhods 8, Max Greve 3, Mason Nixon 5, Chad Clay 4.

**C2-7 at Wayne Laurel-Concord 61, Cedar Catholic 56 OT**

WAYNE — In a close contest throughout, Laurel-Concord downed Hartington Cedar Catholic to advance to Thursday's (tonight) subdistrict final against top-seed Ponca.

Laurel-Concord had three players in double figures in the scoring column and were paced by Colten DeLong with 18.

Heath Erwin and Tate Cunningham finished with 18 and 14 points, respectively.

**LCHS 12 11 16 13 9 — 61**  
**HCC 15 13 8 16 4 — 56**  
Laurel-Concord scoring: Colten DeLong 18, Michael Patefield 8, Tate Cunningham 14, Heath Erwin 17, Eli Schantz 2, Erza Schantz 2.

**D1-4 at Norfolk Catholic Humphrey St. Francis 56, Winside 53**

NORFOLK — Winside came up short in a see-saw battle with Humphrey St. Francis in Tuesday's subdistrict semifinal in a 56-53 loss to end Winside's season at 14-6.

Three Winside players reached double figures as Marcus Messersmith recorded 25 points, while Sam Barg and Matt Peter each finished with 12.

The game was the last high school contest for three Winside seniors — Marcus Messersmith, Sam Barg and Jared Roberts.

**HSF 7 15 17 17 — 56**  
WINSIDE 18 7 13 15 — 53  
Winside scoring: Marcus Messersmith 25, Sam Barg 12, Jared Roberts 1, Matt Peter 12, Andrew Mohr 3.

**D2-7 at Laurel-Concord Newcastle 45, Allen 39**

LAUREL — A ten-point scoring advantage (14-4) in the third quarter helped Newcastle pull away from Allen to allow the Red Raiders to notch a 45-39 win in D2-7 subdistrict play.

Allen (10-9) held a three-point lead at intermission, but saw that advantage evaporate in the third frame.

Chris Blohm and William Gnat were Allen's scoring leaders with 13 and 12 points, respectively.

The game marked the last high school finale for a quartet of Allen seniors as Blohm, Luke Sachau, Ross Rastede and Derek Hingst played their final contest in an Eagle uniform.

**Newcastle 10 7 14 14 — 45**  
**Allen 10 10 4 13 — 39**

Allen scoring: Luke Sachau 2, William Gnat 12, Chris Blohm 13, Scott Chase 4, Drew Diediker 3, Derek Hingst 3, Ross Rastede 3.

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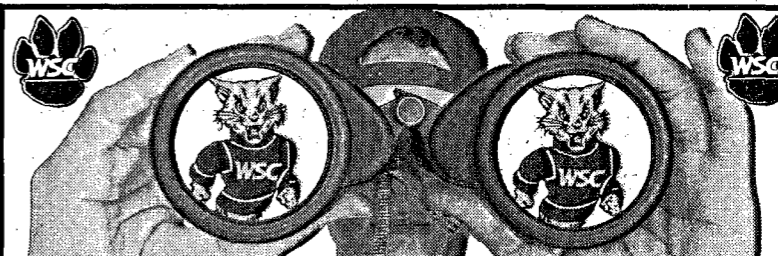


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**WHERE'S WILLY THE WILDCAT This Week.....**

**AT HOME Basketball**

**February 23**  
Women's 6 p.m. vs Concordia-St. Paul  
Men's 8 p.m. vs Concordia-St. Paul  
**February 24**  
Women's 6 p.m. vs MSU-Moorhead  
Men's 8 p.m. vs MSU-Moorhead

**ON THE ROAD Indoor Track**

**February 23-24**  
NSIC Championships  
4 p.m. @ Bemidji, Minn  
**Baseball**  
**February 24**  
3:30 p.m. @ Emporia State  
**February 25**  
12:00 p.m. @ Washburn University

Catch the games on KTCH 104.9

**Blue Devils lose to Pierce**

After playing an inspired opening quarter, the Wayne Blue Devils found challenges in the other three frames as Pierce claimed a 52-34 win against Wayne in the regular season road finale on Feb. 16.

Much like the fast-moving winter storm outside, Pierce blew past WHS with an 18-16 lead at the 2:20 mark in the second quarter and held Wayne to only one basket in the second and third quarters when the host Bluejays outscored WHS 29-9.

"It was a very emotional night," Wayne coach Rocky Ruhl said. "The team used that emotion in the first quarter, but when it got to the second quarter, we were spent."

Wayne came out on fire, starting with a three-pointer by Jesse Hill. Blue Devil senior Nathan Summerfield gave WHS an early

boost as he closed out the quarter with 6 of his team-leading 12 points to go along with three steals and an assists during the period.

Wayne ended the first quarter with a 13-8 lead over the undefeated Bluejays, but a scoring drought over the next two quarters gave Pierce the edge it needed to secure the win, despite 11 first half turnovers by the Jays.

With the exception of a field goal by Nate Finkey in the third quarter, Wayne's points for those frames all came from the charity stripe, with three by Shaun Kardell and two apiece from Summerfield and Cory Harm.

Wayne senior Ransen Broders added five points on the night, while Shaun Kardell and Cory Harm each had four for the Blue Devils, who wrapped up the regular

season with a 17-4 record.

**Pierce 8 13 16 15 — 52**  
**Wayne 13 4 5 12 — 34**  
Wayne scoring: Nathan Summerfield 12, Jesse Hill 3, Reggie Ruhl 2, Cory Harm 4, Ransen Broders 6, Nate Finkey 2, Shaun Kardell 4.

**Winside Summer Rec Meeting**  
Monday, February 26th at Porky's in Winside at 7:00 p.m.  
All are encouraged to attend.

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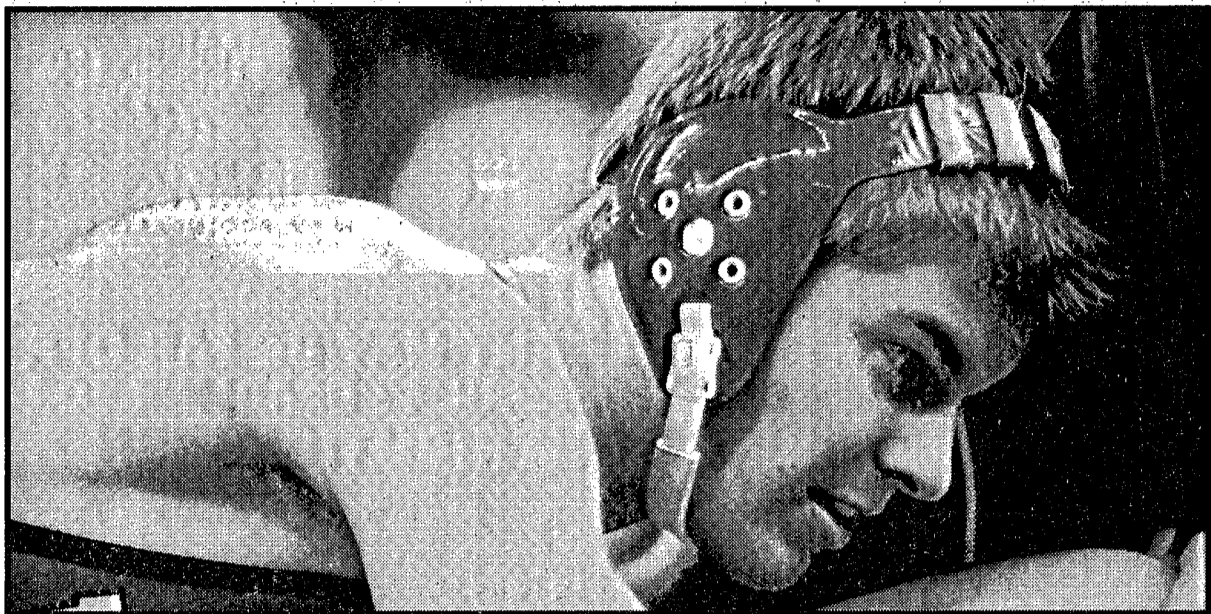
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# Wayne • Wakefield • Winside State Wrestling 2007



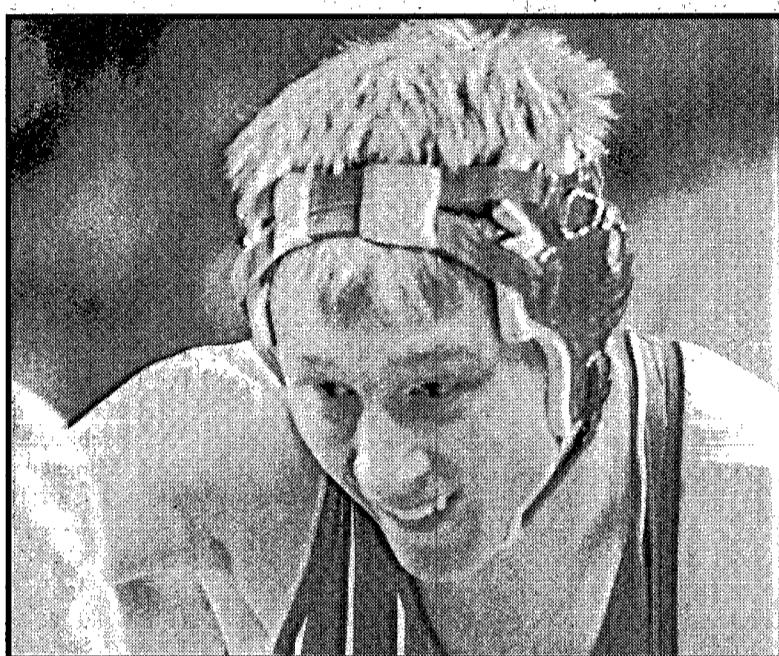
Nick Klassen — Wayne  
Class B 171-pounds, state qualifier



T.J. Rose — Wakefield  
Class C 103-pounds, sixth place



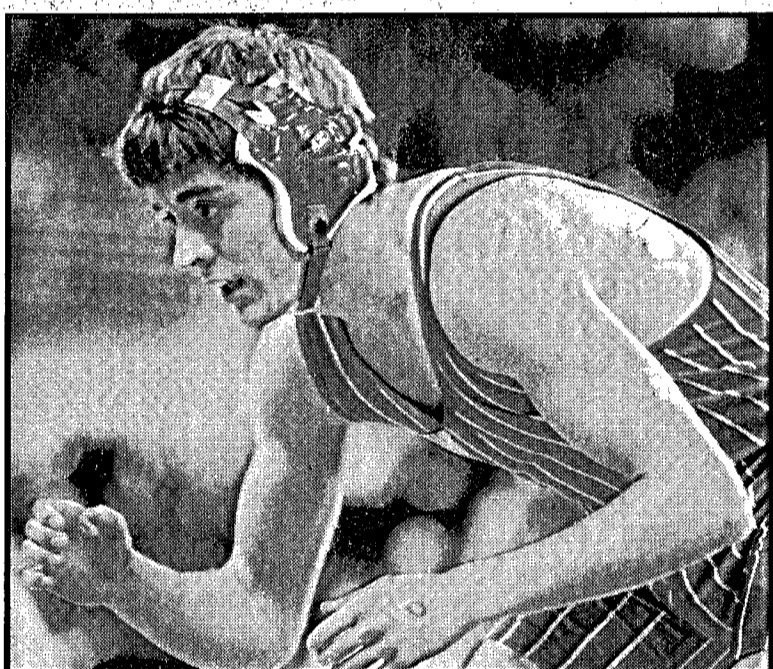
Bren Vander Weil — Wayne  
Class B 215-pounds, state qualifier



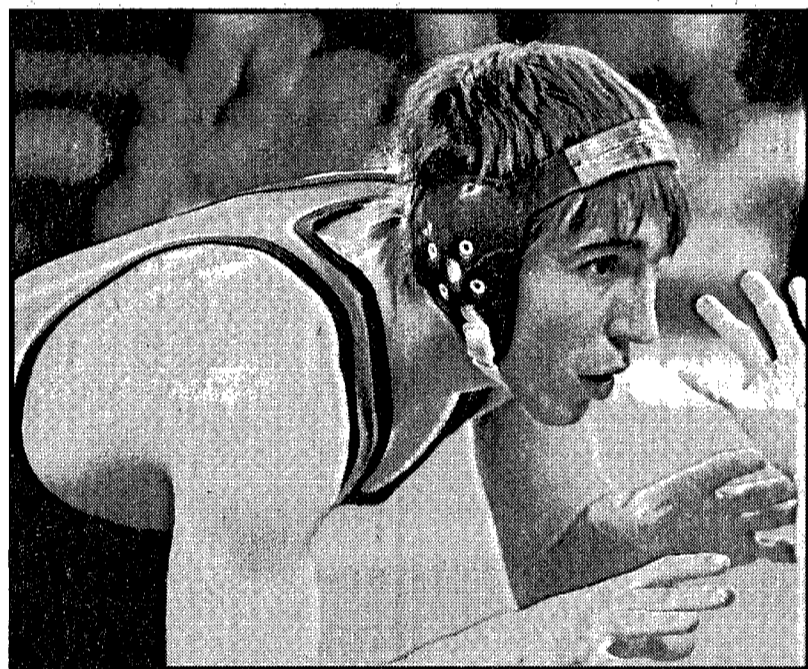
Jordan Brummels — Winside  
Class D 145-pounds, third place



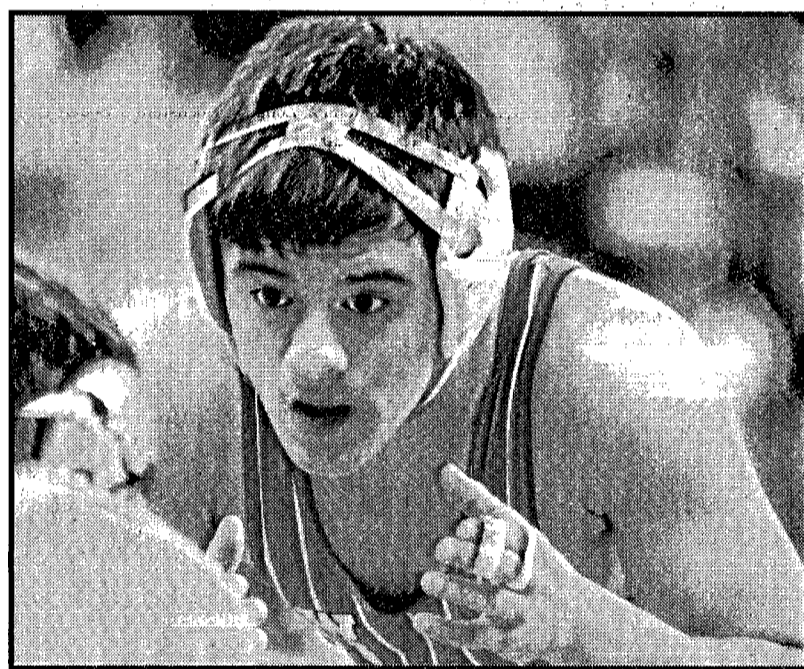
Dex Driskell — Wakefield  
Class C 189-pounds, fourth place



Tucker Bowers — Winside  
Class D 152-pounds, fifth place





Jordan McDonald — Wayne  
Class B 140-pounds, state qualifier




Kalin Koch — Winside  
Class D, 135-pounds, sixth place

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**Sports Notebook**

**WBDA teams compete at tournaments**

**WAYNE** — Boys' and girls' teams of the Wayne Basketball Development Association played busy schedules in the past few weeks. Recaps from recent contests for various teams include:

**Grade 7 girls' basketball**

**NORFOLK** — The WBDA Grade 7 girls' team (7-2) won the Norfolk Catholic tournament by defeating Hartington Cedar Catholic on Feb. 18 in the championship game at Norfolk. Game results for the tournament include:

**Wayne 34, Albion 26**

Wayne scoring: Cassie Harm 2, Kristin Carroll 5, Katie Hoskins 10, Morgan Centre 4, Emily Nelson 2, Courtney Davie 1, Caitlyn Fehringer 5.

**Wayne 38, Schuyler 30**

Wayne scoring: Harm 10, Hoskins 6, Carroll 6, Centre 5, Fehringer 5, Nelson 2, Davie 2, Schramm 2.

**Wayne 38, Hartington Cedar Catholic 19**

Wayne scoring: Harm 4, Hoskins 8, Carroll 11, Centre 2, Fehringer 4, Nelson 2, Davie 2, Schramm 2, Taylor Burke 1, Elle Schramm 2, Brittney Peterson 2.

**Grade 8 girls' basketball**

**NORFOLK** — The WBDA Grade 8 girls' squad lost three games to move to 1-7 after contests at the Norfolk Catholic Tournament on Feb. 17. Game results were:

**Columbus 31, Wayne 18**

Wayne scoring: Carissa Fehringer 5, Rachel Gilliland 6, Taylor Stowater 4, Becca Jaiken 3.

**Hartington 38, Wayne 18**

Wayne scoring: Gilliland 2, Stowater 3, Jaiken 8, Stephanie Racely 3, Fehringer 2.

**Norfolk Panthers 35, Wayne 19**

Wayne scoring: Gilliland 3, Stowater 13, Jamie Belt 2, Fehringer 1.

**Grade 5 boys' basketball**

**WISNER** — The WBDA Grade 5 boys' basketball team (8-0) competed in the Wisner-Pilger Tournament on Feb. 17 and captured that championship for its division.

**Wayne 33, Wisner 7**

Wayne scoring: Jalen Barry 3, Kaje Maly 5, Jared Anderson 11, Trevor Pecena 2, Matt Schunk 5, Tyler Schoh 2, Jacob Lutt 3, Joe Burrows 2.

**Wayne 37, Wisner 16**

Wayne scoring: Barry 11, Maly 6, Schunk 6, Schoh 12, Lutt 2.

**Wayne 39, Fremont Bergan 27**

Wayne scoring: Barry 17, Maly 4, Anderson 2, Pecena 12, Schunk 2, Schoh 2.

**Wayne 28, Wisner-Pilger 6 (championship)**

Wayne scoring: Barry 9, Maly 4, Anderson 4, Lutt 2, Burrows 2, Schoh 5.

**Grade 6 boys' basketball**

The WBDA Grade 6 boys' basketball team competed in two recent tournaments. The team took third in the Battle Creek Tournament on Feb. 10 and placed first among seven teams at the Wisner-Pilger Tournament on Feb. 17.

**Battle Creek Tournament**

**Wayne 33, Norfolk Catholic 32**

Wayne scoring: Drew Carroll 10, Grant Anderson 8, Dan Melena 3, Brad Longe 2, Layne Hochstein 3, Brady Soden 6.

**Wayne 39, O'Neil 21**

Wayne scoring: Carroll 4, Anderson 8, Melena 6, Longe 2, Hochstein 2, Tyler Robinson 3, Ramsey Jorgensen 2, Soden 12.

**Wayne 37, Battle Creek 26**

Wayne scoring: Eric Schoh 2, Carroll 2, Anderson 12, Melena 6, Hochstein 3, Robinson 2, Soden 10.

**Wisner-Pilger Tournament**

**Wayne 36, Pierce 29**

Wayne scoring: Carroll 4, Anderson 10, Melena 2, Longe 3, Hochstein 6, Soden 11.

**Wayne 48, Smeal 18**

Wayne scoring: Schoh 10, Carroll 12, Anderson 6, Melena 4, Longe 2, Steven Sherman 1, Hochstein 4, Robinson 5, Soden 4.

**Wayne 43, Pierce 20**

Wayne scoring: Carroll 6, Anderson 4, Melena 12, Longe 5, Hochstein 6, Robinson 6, Jorgensen 2, Soden 2.

**Wayne 40, Norfolk Catholic 34**

Wayne scoring: Carroll 4, Anderson 7, Melena 4, Longe 1, Hochstein 12, Soden 12.

**Grade 7 boys' basketball**

**WISNER** — The WBDA Grade 7 boys' team went 0-3 at the Wisner-Pilger Tournament on Feb. 17. Game results included:

**Wisner-Pilger 47, Wayne 31**

Wayne scoring: Luke Trenhaile 8, Ben Braun 5, Tony Sinniger 4, Miles Anderson 4, Jordan Backer 4, Chris Rogers 4, Joe Dunklau 2.

**West Point Central Catholic 27, Wayne 21**

Wayne scoring: Rogers 6, Backer 4, Dunklau 4, Sinniger 3, Anderson 2, Schmale 2.

**West Point Central Catholic 37, Wayne 25**

Wayne scoring: Rogers 4, Backer 6, Dunklau 1, Quentin Jorgensen 2, Max Morris 2.

**Grade 8 boys' basketball**

**WISNER** — The WBDA Grade 8 boys' team remains undefeated at 5-0 after sweeping its games at the Wisner-Pilger Tournament on Feb. 17. The team captured the tourney title after down Wisner-Pilger 46-19 in the championship game. Game results included:

**Wayne 59, Scribner 27**

Wayne scoring: Jacob Zeiss 10, Zach Thomsen 10, Seth Onderstal 9, Mason Wren 6, Zach Rasmussen 6, Keegan Dorcey 4, Trent Beza 4, Justin Anderson 4, Jacob Puffer 2, Drew Hix 2, Collin Preston 2.

**Wayne 48, Wisner-Pilger 14**

Wayne scoring: Zeiss 15, Wren 8, Thomsen 7, Rasmussen 7, Onderstal 5, Anderson 4, Preston 2.

**Wayne 71, Oakland 28**

Wayne scoring: Zeiss 4, Thomsen 10, Rasmussen 4, Onderstal 8, Anderson 14, Preston 1, Dorcey 2, Trent Beza 16, Puffer 2, Hix 6.

**Wayne 46, Wisner-Pilger 19**

Wayne scoring: Anderson 7, Dorcey 7, Onderstal 7, Zeiss 5, Hix 3, Trent Beza 3, Wren 4, Thomsen 4, Trevor Beza 2, Puffer 2, Rasmussen 2.

**Wildcat indoor team ready for conference meet**

The Wayne State College indoor track and field team once again made strong showings at the two meets the squad appeared at last week.

The team sent a majority of its squad to the John Dalton University of South Dakota Open on Jan. 15 at the Dakota Dome in Vermillion, S.D.

The WSC mens' squad recorded five wins while the women's squad did not record a win, but had four second place finishes.

Junior Tim Pilakowski was a double winner to lead the Wildcat mens' team, taking first in the 60 meter dash (6.89) and 200 meter dash (22.16). His time in the 200 meter dash bettered his own school record (22.27) set on Feb. 3 and was an improvement on his NCAA national provisional qualifying mark. Pilakowski also placed fourth in the long jump.

Other wins for Wayne State were recorded by JJ Washington in the long jump (23-0), Garrett Flamig in the 60 meter hurdles (8.41) and Brett Suckstorf in the weight throw (54-4 1/2).

Sophomore Matt Doggett tied his own school record in the pole vault by placing second after clearing 15 feet, 6 inches, matching his mark at the recent Wildcat Open in Wayne.

The Wayne State womens' squad had four second place finishes.

Ashley Smith was second in the one mile run (5:42.66), Kylie Herian placed second in the 60-meter hurdles (9.00), Jade Lippman was second in the high jump (5-2) and Lacey Jensen took second in the weight throw (50-11 1/2).

Placings at the John Dalton Open included:

**Womens' events**

800-meter run — 3. Molly Gibson, 2:29.16; one-mile run — 2. Ashley Smith, 5:42.66; 4. Meghan Costello, 5:44.71; 3000-meter run — 3. Sarah Thomsen, 11:15.18; 60-meter hurdles — 2. Kylie Herian, 9.00; 3. Rachel Roebke, 9.17; 7. Jade Lippman, 9.73; weight throw — 2. Lacey Jensen, 50-11 1/2; high jump — 2. Jade Lippman, 5-2.

**Mens' Events**

60-meter dash — Tim Pilakowski, 6.89; 200-meter dash — 1. Pilakowski, 22.16; 4. Matt Walsh, 23.27; 5. JJ Washington, 23.58; 400-meter dash — 4. Jacob Davis, 51.72; 800-meter run — 6. Matt Schneider, 2:00.71; one-mile run — 6. Ricky Trevino, 4:34.86; 60-meter hurdles — 1. Garrett Flamig, 8.41; long jump — 1. Washington, 23-0; 4. Pilakowski, 22-3 3/4; pole vault — 2. Matt Doggett, 15-6; weight throw — 1. Brett Suckstorf, 54-4 1/2; 4. John Sloup, 51-7 3/4.

**Prairie Wolf Open**

The teams set four new school records on Feb. 16 at the Prairie Wolf Open held in Lincoln at the Devaney Center Indoor Track.

The Wayne State womens' squad

**Blue Devil Scoreboard**

**Freshmen girls' basketball**  
The Wayne High freshman basketball team tallied a pair of wins in recent outings in games with Madison and Schuyler.

On Feb. 6, the team posted a 39-35 home victory of Schuyler. Kayla Grone poured in 23 points in the win.

Wayne scoring vs. Schuyler: Kayla Grone 23, Jordan Alexander 6, Carly

Fehringer 6, Tess Moser 4.

Grone and Jessica Calhoun each had 10 points in a 37-25 road win against Madison on Feb. 9. The Blue Devil defense came up big as they caused 25 turnovers.

Wayne scoring vs. Madison: Kayla Grone 10, Jessica Calhoun 10, Lauryn Braun 6, Kristen Liska 5, Jordan Alexander 4, Lisa Temme 2.

The Wayne High junior varsity boys' basketball team dropped a 58-33 road decision to Pierce on Feb. 16.

Sam Kurpgewit tallied 13 points to pace Wayne, who finished the season at 10-7.

Wayne scoring: Sam Kurpgewit 13, Shawn Jenkins 7, Zac Braun 6, Ryan Pieper 4, Andi Diediker 2, Max Stednitz 1.

Senior high jumper Tanna Walford improved on her national provisional qualifying mark in the high jump by placing seventh after clearing 5-7 1/4, tying her own school record she set last season.

Two new school records were also set by the Wildcat mens' team as Doggett improved on his national provisional qualifying mark in the pole vault, clearing 15 feet, 9 1/4 inches to finish in fifth place. At the meet, he broke his previous record from the 2007 Wildcat Open.

Sophomore middle distance runner Ben Jansen also bettered his own school record in the 800-meter run, taking fifth in a time of 1:52.46, also improving on his national provisional qualifying mark. His previous school record was 1:52.90, set on Jan. 20.

Wayne State will be wrap up the indoor season this weekend at the Northern Sun Conference Championships in Bemidji, Minn., on Friday and Saturday.

WSC placings at the Prairie Wolf Open include:

**Womens' events**

200-meter dash — 8. Kylie Herian, 26.02; 800-meter run — 8. Erin Oswald, 2:18.06; 5000 meter-run — 3. Megan Zavorka, 18:10.89; 60-meter hurdles — 5. Rachel Roebke, 9.06; 7. Herian, 9.07; high jump — 7. Tanna Walford, 5-7 1/4.

**Mens' events**

600 meter dash — 9. Jacob Davis, 1:24.05; 800-meter run — 5. Ben Jansen, 1:52.46; 1000-meter run — 9. Matt Schneider, 2:34.16; one mile-run — 9. Schneider, 4:18.29; 60-meter hurdles — 6. Garrett Flamig, 8.35; pole vault — 5. Matt Doggett, 15-9 1/4; weight throw — 6. Brett Suckstorf, 54-4 1/2; high jump — 6. Sain Haase, 6-7 1/2.

Jade Lippman of Wayne State College placed third in the NSIC Indoor Pentathlon held at Northern State University in Aberdeen, S.D. on Feb. 11-12.

The pentathlon is the first event in the NSIC Indoor Championships to be held this weekend in Bemidji, Minn.

Her finish gave Wayne State six points in the team standings.

The Pierce sophomore from Pierce, finished third in the 60-meter hurdles (9.61), third in the high jump (5-1), third in the 800-meter run (2:31.20), eighth in the long jump (15-0) and 10th in the shot put (24- 3 3/4) to record 2,950 points, which is just seven points shy of the indoor pentathlon school record held by Brenna Pribil with 2,957 points in 2004.

**Boys' JV team finishes season**

The Wayne High junior varsity boys' basketball team dropped a 58-33 road decision to Pierce on Feb. 16.

Wayne scoring: Sam Kurpgewit 13, Shawn Jenkins 7, Zac Braun 6, Ryan Pieper 4, Andi Diediker 2, Max Stednitz 1.

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# Northeast RC&D gives update

An update from Northeast RC&D is as follows: **Corps of Discovery Welcome Center** - Like trivia? Here's your chance to show your knowledge during the Trivia Contest, Sunday, March 18,

2:30 - 5 p.m. at the Welcome Center (snow date April 15). It's sponsored by Modern Woodman in celebration of their 125th anniversary. They need 10 five-member teams for 10 rounds/10 questions each.

Topics appeal to both young and old: The Small Screen - TV Questions; Book Worm; Gearheads; Trick Questions; World War II; Let's Go to the Movies; Around the World - Geography Questions; Dollars & Sense; A Sporting Chance; Mind Benders. Team sponsorship is \$125/each. To enter call 402-667-6557.

**Household Hazardous Waste Collections** - Have you been looking for the proper way to get rid of all that stuff you're not supposed to put in the landfill that's stored in your garage? The RC&D is hosting three free collections: Niobrara - Thursday, March 29, 3 to 5 p.m. at Ponca Tribal Headquarters, Contact: Julia Sage, (402) 857-3391; Hartington - Friday, March 30, 8 - 10 a.m. at Hartington/ Cedar County Recycling Center. Contact: Crystal Lenzen at (402) 254-6353; Ponca - Friday, March 30, noon - 2 p.m. at Ponca Co-op. Contact: Rick Nelson at (402) 755-2247.

**Wau-Col Regional Water System** - A public meeting in Laurel was held Tuesday night to educate citizens on this project. Steering committee chairman Lee Cautrell of Coleridge reviewed details of the Preliminary Engineering Report and Rich Koenig, Nebr. Health & Human Services discussed advantages of regional systems.

Cautrell emphasized that the plan was "preliminary" and that all cost estimates were made without grant considerations. More rural users are needed and if interested contact Art Kuhl at 402-337-1849 or the RC&D Office.

Buying and selling on E-bay - This class will be held at the Creighton Public Library on Feb. 27 and March 1 from 4-7 p.m. with Dawn Tucker, Pierce Librarian as instructor. Cost is \$25/person. Call the Creighton Library at 358-5115 or the RC&D 582-4866 to register.

Two previously successful sessions have been held and all involved learned a great deal about the topic. If other communities are interested in a workshop call RC&D to speak with Barb Hoffart. **Parliamentary Procedures Workshop** - On Monday, Feb. 26 at 11 a.m. at Tootie's Restaurant in Hartington, will be a free parliamentary procedures workshop led

by Duane Hoelsing. Stay for lunch (on your own) at Tootie's and then join the Northeast Nebraska RC&D Council at 1:30 for their regular monthly meeting. RSVP to 402-582-4866 for the training and to give Tootie's a count on meals.

**Laurel Recycling Center** - Laurel has taken a first BIG step in recycling responsibilities by building a new facility that can accommodate the entire region. It is their hope that through education and promotion residents in Laurel and the surrounding communities will want to be part of this recycling effort. Contact Annette Junck, Laurel Economic Development Director, 402-256-9614, laureled@conpoint.com for more information.

**Plainview Community Club** - Involving more people in activities important to the town of Plainview is the focus of their new Community Club. It's designed to encourage volunteerism and support community projects. Call Michael Holton at 402-582-4915 to learn more.

**Conservation Security Program & Wildlife Workshop** - The Nebraska Wildlife Federation with support from the RC&D will host a meeting this spring at Ponca State Park to discuss the Conservation Security Program (CSP). Specifically the topics will be current and potential wildlife benefits of CSP and an assessment on what would constitute fair payment to farmers and ranchers willing to adopt systems/practices with high wildlife value.

**Discovery Magazine and Nebraska Travel Guides Available** - These excellent tourism publications are now available for 2007. They can be picked up by calling ahead to the RC&D office at 582-4866 or the Madison County Convention & Visitors Bureau in Norfolk at 888-371-2932.

**Public Relations Campaign** - This will be the last Coordinator's update that you'll see in this format. Soon Brhel Communications will create a Newsletter for sharing RC&D information.

## Northeast expands horticulture program to include golf course management

Northeast Community College in Norfolk has expanded its horticulture program to include classes in golf course management with special emphasis on clubhouse and pro-shop management.

According to horticulture instructor Kurt Pytleski, the changes came to answer the need for qualified personnel at golf courses. "As the popularity of golf increases," Pytleski said, "so does the need for trained staffs who can not only address issues in the clubhouse and pro-shop, but also turf issues too. We have many golf courses in our 20-county service area and they need qualified, well-trained personnel."

The change also includes a name change for the program. Formerly known as the Horticulture program, it is now known as the Horticulture and Golf Course Management program.

Pytleski said students enrolled in the two-year associate of applied science degree program at Northeast will be exposed to two different career options in their studies. One option would center around landscape management, plant propagation, greenhouse and nursery management, soils, integrated pest management, plant materials, and more. That option could lead to careers in nurseries, garden centers, greenhouses, or landscaping.

The other option would lean more to a career in golf course management or operations.

"The current program is being enhanced, not diminished," he said. "The only horticulture class that has been eliminated is the Special Topics class and that area of study will be incorporated into other classes."

New classes in the new Golf Course Management program include Management and Operational Development, Golf and Sports Turf Management I and II, and four levels of Golf Playability classes. Students in the Management and Operational Development class will study budgeting, accounting, food and beverage operations, human resources, pro-shop operations, payroll, taxes, and legal issues.

In the Golf and Sports Turf Management I and II courses, students will study specialized maintenance practices for greens, tee-boxes, fairways, roughs, and the special maintenance of sports fields. Students will also study construction and renovation techniques of golf courses and sports turf areas and landscaping in a sport setting.

The four levels of Golf Playability classes will include improvement of the student's individual golf game and learning how to give golf lessons to others.

Students in both Horticulture programs will complete a coop internship and receive hands-on training by employers in their chosen major. Those in the golf course management program will work at an 18-hole golf course in Norfolk.

Pytleski said Northeast Community College will graduate students who are readily employable at a golf course with very little or no additional training. "Our students will be qualified for jobs in clubhouse management, assistant clubhouse management, superintendents and assistant superintendents, assistant golf professionals, spray technicians, and golf course laborers."

With a bachelor of science degree from Mankato State University in park and recreation management, Pytleski is also the director of golf operations at Fair Play Golf Course in Norfolk. He has also managed Highland Oaks Golf Club in Ponca and been a landscape gardener at the Des Moines Golf and Country Club in Des Moines, Iowa.

For more information about the Horticulture and Golf Course Management program at Northeast Community College, call Pytleski at (402)844-7681.

**To All Interested Parties**

An aerial photo will be taken of the City of Wayne in early spring 2007. Copies (40"x48") will be available by mid-summer 2007. The cost to purchase a color aerial photo has not been determined; as it will depend on the number of photos ordered. Those interested in purchasing an aerial photo should call the City of Wayne offices at 402-375-1733. The deadline to order a photo will be Friday, March 16, 2007 at 5:00 p.m.

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## Nelson, Bunning legislature promotes adoption

Families seeking to adopt would continue to receive a tax credit to help partially cover the expenses of expanding their families under legislation introduced by Nebraska's Senator Ben Nelson and Kentucky's Senator Jim Bunning. The Adoption Tax Credit Guarantee Act would extend tax credits that are currently set to expire in 2010.

"As an adoptive parent myself, I know firsthand the joys that come to opening your heart and home to

a child," said Senator Nelson. "Unfortunately, it can be very expensive. My legislation encourages adoption by continuing a tax credit that makes the process more affordable for families."

Depending on the type of adoption, costs can exceed \$40,000, placing this option out of reach financially for some families. The Adoption Tax Credit, first passed as part of the 2001 tax cut package, allows a dollar-for-dollar reduction in taxes for qualified expenses up to a limit. The credit, which is indexed for inflation, was \$10,960 in 2006. Unfortunately, the credit will expire in 2010 and credits will be limited to \$5,000 per adoption and \$6,000 per adoption of a special needs child - amounts set under a 1980's era law.

The Adoption Tax Credit Guarantee Act would repeal the current sunset provision and continue the tax credit past 2010. It encourages adoption by making it more affordable for families, ensuring that more children are in sta-

ble, loving permanent homes. Studies have found that children in such homes have better social, economic and behavioral outcomes.

In tax year 2004, the last year records are available, approximately 71,100 tax returns included a claim for the adoption tax credit, with a total credit value claimed of \$301.9 million.

"I have long worked to make adoption a more affordable, more accessible option for families," said Senator Nelson. "The Adoption Tax Credit has helped thousands of parents adopt and I want to make sure that it is fully available for families in years to come."

## Looking for correspondents

The Wayne Herald would like to hire correspondents in Carroll, Wakefield, Dixon, Laurel. If you are interested in gathering news, let us know by calling 402-375-2600 or toll free: 1-800-672-3418.

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**Central Plains Irrigation Conference**  
Addresses Current Water Issues

The 19th annual Central Plains Irrigation Conference and Exposition Feb. 27-28 at the Kearney Holiday Inn will help irrigators, crop consultants, agency personnel and other agribusiness professionals understand current water and irrigation issues.

The two-day event, sponsored by University of Nebraska-Lincoln Extension, the Central Plains Irrigation Association, Kansas State University and Colorado State University, will offer insight on using water wisely while maintaining profitability, as well as current information involved in making irrigation policy decisions. The conference also will feature a trade show open for participants and the general public free of charge.

There will be one general session each day before splitting into technical sessions. General session speakers include Ann Bleed, director of the Nebraska Department of Natural Resources; Derrel Martin, UNL irrigation and water resources specialist; and Suat Irmak, UNL water resources engineer. Topics include an update on Nebraska water and the actual meaning of water savings.

Technical section topics include: Nebraska Water; Implementing On-Farm Water Management; Energy, Water and Tillage; Irrigation Management with Limited Water; Subsurface Drip Irrigation; Wastewater Utilization; On-Farm Center Pivot Field Demonstrations; and Efficiency on the Farm. Hands-on computer training through UNL's Water Optimizer will be available three times during the conference. Speakers for the sessions include experts from Nebraska, Kansas, Colorado, the U.S. Department of Agriculture and the irrigation industry.

Registration is \$75 and includes admission to all sessions, equipment exposition, copy of the proceedings, breaks, two lunches and social hour. An additional \$10 is required for those who plan on earning continuing education credits. CEUs also are available for crop consultant advisors.

For more information or to register, call Donna Lamm at (785) 462-7574, e-mail donnalamm@yahoo.com or visit the Web at <http://www.oznet.ksu.edu/sdi/REvents/CPIAprog.html>.

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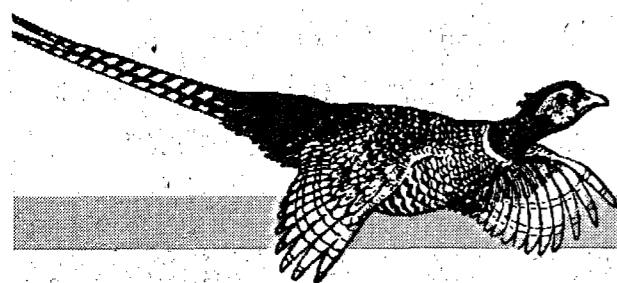
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## Nebraskans can take whatever Mother Nature dishes out

The sun on Friday made me feel as if I was coming out of a cold, dark cave. So, when I checked e-mail tonight and found the following from Carolyn in Texas, I just had to share. The way this stuff gets passed around, you will probably have read it by the day the paper comes out, but now you will have your own "hard copy."

60F above zero: Arizonians turn on the heat. People in Holdrege plant gardens.

50 above zero: Californians shiver uncontrollably. People in North Platte sunbathe.

40 above zero: Italian and English cars won't start. People in Chadron drive with the windows down.

32 above zero: Distilled water freezes. The water in Lincoln gets thicker.

20' above zero: Floridians don coats, thermal underwear, gloves, wool hats. People in Grand Island



**The Farmer's Wife**  
By: Pat Meierhenry

throw on a flannel shirt.  
15 above zero: New York landlords finally turn up the heat. People in David City have the last cookout before it gets cold.

0 ZERO: Miami residents take off for Cuba. People in Beatrice close the windows.

10 below zero: Californians fly away to the south of France. People in Columbus get out their winter coats.

25 below zero: Hollywood begins to disintegrate. The Girl Scouts in Omaha are selling cookies door to door.

40 below zero: Washington DC runs out of hot air. People in Valentine let their dogs sleep indoors.

100 below zero: Santa Claus abandons the North Pole. Nebraska Farmers get upset because they can't start the John Deere.

460 below zero: All atomic motion stops (absolute Zero on the Kelvin scale).

500 below zero: Hell freezes over. Nebraska public schools will open 2 hours late.

## Understanding the nitrogen plateau helps with profitability

Looking forward to 2007, corn producers hope to see some of the highest corn prices in more than 10 years.

With prices in the \$3 to \$4 range, raising corn can be a profitable venture, but we shouldn't forget the lessons we learned in 2006. High nitrogen fertilizer prices and below \$2 corn were the norm and nitrogen reduction was the name of the game. Reducing use of that high cost input to maximize yield and profitability. The key to using less nitrogen is kind of like an economics principal the law of diminishing returns.

For each unit of nitrogen, you get more yield, but the more you increase nitrogen, the less yield increase is less (diminishing returns), yield increases quickly but soon yield curve becomes more flat and less yield is gained per pound of nitrogen.

Even in a year like 2007, where grain prices are up, keeping nitrogen rates down can be very profitable. Remember very little yield is gained for those higher rates. For example, studies done in northeast Nebraska over the past years

have shown only a meager three bushel corn increase on corn with 50 pounds more nitrogen than the University of Nebraska - recommended rate. The UNL recommendation is designed to take advantage



**F. John**  
Extension Educator

tage of the best part of the yield curve giving you high yields yet leaving little to leach, and pollute ground water.

The UNL Nitrogen recommenda-

tion for corn is different for each field, taking into consideration, expected yield, soil nitrate, natural soil fertility, crop rotation, manure history and irrigation water nitrogen. Using these factors you can easily calculate the UNL recommendation. Producers will need to fine tune their nitrogen rates depending on the form the nitrogen and application method. Urea, when surface applied, can be lost to volatilization depending on soil type, weather and temperature. If it rains soon after a surface urea application, no losses should occur, but if it is hot and dry 10 - 20 percent losses can occur. Another adjustment would be one based on when nitrogen is applied. If all is applied preplant, the rate may need to be up about five percent over the UNL recommendation. If split between preplant, sidedress and/or fertigation, no adjustment is needed.

A balance can be made between high yields for corn and protecting the ground water from nitrate pollution. Remember, if nitrogen makes it below the root zone, it is wasted and will become a pollutant.

Visit <http://soilfertility.unl.edu> for more info on UNL recommendations.

## David Jaeger recognized for finish in National Corn Yield Contest

David Jaeger of Winside will be honored at the upcoming 2007 Commodity Classic in Tampa, Fla. for his finish in the 2006 National Corn Yield Contest, sponsored by the National Corn Growers Association.

Jaeger's winning entry was grown with DEKALB® brand corn. He is one of over 90 DEKALB and Asgrow® corn growers who will be recognized.

In recognition of Jaeger's achievement, Monsanto will award him a trip for two to the Commodity Classic, a cash prize and a commemorative plaque. At the Commodity Classic, he will have the opportunity to speak with agribusiness leaders, learn from industry experts and network with

other farmers from around the country.

"We look forward to honoring David Jaeger at this year's Commodity Classic," said Jason Hoag, U.S. Corn Marketing Manager for Monsanto. "His success reflects what is possible with the strong roots, strong stalks and strong yield potential provided by DEKALB industry-leading germplasm, combined with hard work and excellent crop management skills."

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## Livestock Market Report

The stocker and feeder sale was held Thursday at the Nebraska Livestock Sales of Norfolk with 266 head sold.

The market was steady. 300 to 400 lbs. steers, \$115 to \$135; heifers, \$110 to \$125.

400 to 500 lbs. steers, \$110 to \$125; heifers, \$105 to \$120.

500 to 600 lbs. steers, \$105 to \$115; heifers, \$95 to \$105.

600 to 700 lbs. steers, \$100 to \$110; heifers, \$95 to \$105.

700 to 800 lbs. steers, \$95 to \$105; heifers, \$92 to \$100.

800 to 900 lbs. steers, \$90 to \$98; heifers, \$85 to \$95.

400 to 700 lbs. holstein steers, untested.

700 to 1,000 lbs. holstein steers, untested.

lbs. +, \$30 to \$40. Sows - 350 to 500 lbs., \$29 to \$31. 500 to 650 lbs., \$31 to \$35. Boars - \$16 to \$20.

lbs. +, \$30 to \$40. Sows - 350 to 500 lbs., \$29 to \$31. 500 to 650 lbs., \$31 to \$35. Boars - \$16 to \$20.

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# Midwest dairy co-operatives announce plan to merge

The boards of directors of two leading Midwest dairy cooperatives have approved a plan to merge. The dairy farmer-owners of North Dakota-based Cass-Clay Creamery, Inc. and Minnesota-based Associated Milk Producers Inc. (AMPI) will form one cooperative.

This is a significant announcement for the Midwest dairy industry. The merger will create a farmer-owned dairy marketing company with more than \$1 billion in annual sales. Together, the cooperatives will provide a complete line of dairy products to a regional and national marketplace.

"This merger is an exciting development for the farmer-owners, employees and customers of Cass-Clay," says Keith Pagel, Cass-Clay president and general manager. "It will position us for long-term success in the dairy industry through gained efficiencies and the ability to offer a complementary line of dairy products to the marketplace."

Known for quality fluid milk, ice cream, and cultured products such as yogurt and sour cream, Cass-Clay is a recognized dairy brand

in the upper Midwest. AMPI is a private label manufacturer of consumer-packaged cheese, butter, instant milk and shelf-stable dairy products.

"To compete in a rapidly consolidating food industry, Midwest dairy farmers and their cooperatives must look for new ways to work together," AMPI General Manager Mark Furth says.

"This merger further illustrates our commitment to Midwest dairy farmers," adds Paul Toft, chairman of the AMPI Board of Directors and a Rice Lake, Wis., dairy farmer. "AMPI is solely focused on making the Midwest the best place to produce milk."

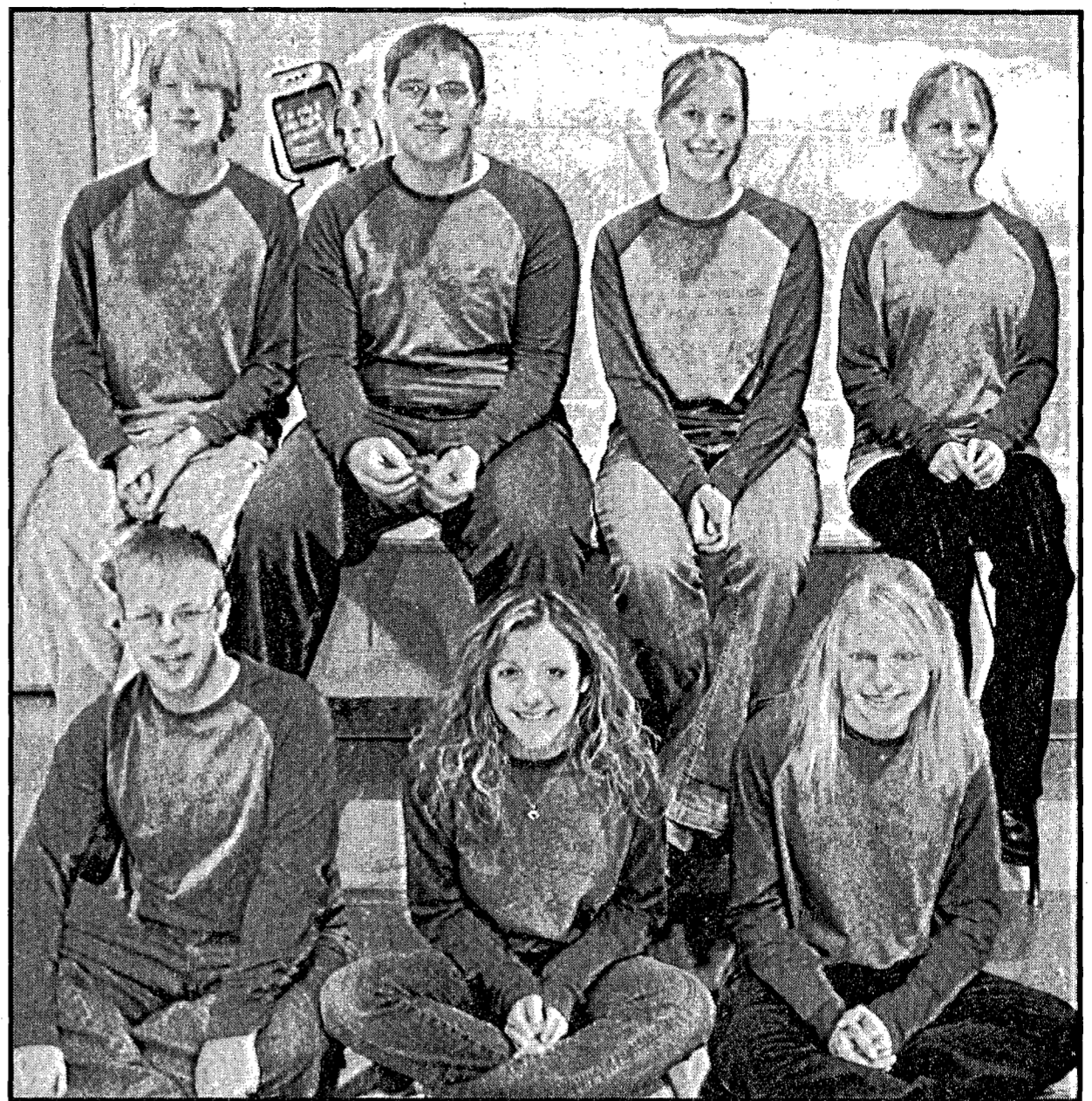
To finalize the merger, the dairy farmer-owners of Cass-Clay must approve the transfer of assets to AMPI. That approval is expected in March, with the merger completed April 1.

"Both cooperatives have outstanding reputations on the farm and in the marketplace," says David Glawe, chairman of the Cass-Clay Board of Directors and a Detroit Lakes, Minn., dairy farmer. "It's good to be part of a merger

that's farmer-driven, farmer-controlled and a positive step for both cooperatives."

About the cooperatives: •Cass-Clay Creamery, Inc. is a member-owned cooperative with more than \$100 million in annual sales. The cooperative's 200 farmer-owners operate dairies that produce about 300 million pounds of milk in North Dakota, South Dakota, Minnesota and Montana. The farmers also own two manufacturing plants and the Cass-Clay® brand, under which fluid milk, ice cream and cultured products are marketed.

•Associated Milk Producers Inc. (AMPI) is a dairy marketing cooperative with more than 4,000 members, 5 billion pounds of milk and \$1 billion in annual sales. Members operate dairy farms located throughout the Midwest states of Wisconsin, Minnesota, Iowa, Nebraska, Missouri, South Dakota and North Dakota. They own 13 manufacturing plants and market a full line of consumer-packaged dairy products. For more information about AMPI, visit the cooperative's Web site at [www.ampi.com](http://www.ampi.com).



Winside students were winners in OzFest 2007. Placing at the meet were, front row, left to right, Shawn Story, Jaycie Woslager and Virginia Flier. In the back row are Kyle Mundiil, Matt Peter, Brittany Greunke and Caroline Burris.

# Northeast Ag Complex is site of second annual Indoor Tractor Pull

The engines will roar, the dust will rise, and the crowds will cheer as the Second Annual Indoor Tractor Pull gets underway Saturday, March 10, at Northeast Community College in Norfolk.

Sponsored by the Northeast Community College Diversified Ag Club, with special assistance from Kelly Ryan Farm Equipment and US92 Radio in Norfolk, the event begins at 10 a.m. at the Northeast Agriculture Complex at the intersection of Highway 35 and East Benjamin Avenue in Norfolk. The Ag Complex is located about one mile east of the main campus on Benjamin Avenue.

According to Bernie Thyen, Northeast instructor and Diversified Ag Club adviser, there will be at least 160 pulls, perhaps 200, during this one-day event. Classes for the event include Division I-V from 3,500-8,500 pounds; stock farm tractors (no turbos) between 6,500 and 9,500 pounds; 3,000 RPM tractors weighing between 5,500-7,500 pounds, and V-8 classes.

"These are your smaller, out-of-the-field, older tractors," he said. "Not the 'souped-up' pulling tractors."

"Last year's first indoor pull was such a success," Thyen said. "We're confident there will be even greater interest this year. We expect the pulling will go all day long until about 6 that evening."

A Northeast Nebraska Tractor Pullers Association-sanctioned event, all pullers association rules will apply. Absolutely no alcohol will be allowed on the ground. The sled will be a little red sled and there will be a scale on site.

About 80 pullers from Nebraska, Minnesota, Wisconsin, and Kansas were pre-registered as of mid-February. Entries will also be accepted on the day of the pull. The top winners in each class will be awarded a paycheck of the entry fees from that class.

This is the first tractor pull of the 2007 season. After planting season, these tractors will be headed for regional pulls throughout the summer, Thyen said.

The Northeast Community College Indoor Tractor Pull is a fundraiser to assist about 40 Northeast students with their travel expenses to the North American Colleges and Teachers of Agriculture (NACTA) Student Judging Conference at Hutchinson Community College in Hutchinson, Kan., on April 20 - 21. Contest areas include livestock, soils, crops, and agribusness. Northeast students traditionally bring home many awards from this national competition.

"These kids work very hard on this tractor pull," Thyen said. "They have to raise many hundreds of dollars to cover expenses to go to NACTA so they do all the work. They not only organize and run the event, but they also run the concession stand that day."

Admission is free but there will be a free will offering.

For more information about the second annual Diversified Ag Club Indoor Tractor Pull, contact Billie Ruwe (402)533-3380 or Clint Jedlicka (402)615-1744.



The entire speech team at Winside include, front row, left to right, Jaycie Woslager and Virginia Flier. Second row, Matt Peter, Sam Harmeler, Brittany Greunke and Heather Wylie. Back row, Caroline Burris, Coach Jennifer Kesting, Kyle Mundiil, Amanda Backstrom, Dominique Gowler and Shawn Story.

# Monica Novak hired by Nebraska Golf Association

The Nebraska Golf Association (NGA) has recently hired Monica Novak, formerly of Wayne, to work as Managing Director of the Nebraska Woman's Amateur Golf Association (NWAGA).

Novak will serve NWAGA by

overseeing its events and programs. In addition to her work with the women's golf association, Novak will coordinate the NGA's volunteer program and assist in Handicap Department activities including course rating, education

and support of the NGA's handicap computation service - GHIN (Golf Handicap and Information Network).

Following her graduation from Wayne State College in 2005, Novak worked as a USGA P.J. boatwright intern with NWAGA in 2005 and a seasonal intern with the NGA in 2006.

The Nebraska Golf Association, founded in 1966, conducts the state's amateur golf championships, governs its member clubs and serves as the handicapping and course rating authority for its members and member clubs. The NGA has 26,000 members and 170 member clubs.

# Meeting planned for Winside Rec program

Once again it is time to plan for the Winside Summer Rec program.

An informational meeting of parents, players, coaches and officers, and any other interested persons, will be held Monday, Feb. 26 at 7 p.m. at Porky's on Main Street in Winside.

The program is looking for Legion baseball coaches, as well as someone to assume the position of

president of this program.

Those in attendance at the meeting will discuss and schedule fundraisers for the program and determine the needs of each team.

Organizers look forward to another successful season for area youth and "hope that you, too, will consider it an honor to get involved in our kids' summer."

# Debra Wert recognized

Western Iowa Tech Community College has recognized Debra Wert of South Sioux City as a Fall 2006 scholar.

This recognition is awarded each semester to students who have completed 12 or more graded semester credits and achieved a grade point average of 3.5 to 3.99.

Wert is currently enrolled at Western Iowa Tech in the emergency and disaster management program.

Wert is the daughter of Dorothy Wert and the late Ronald Wert of Wayne and the granddaughter of Lucille Heithman of Coleridge.

# Winside High speech students are OzFest 2007 winners

Winside High School speech students competed at the Osmond speech on Feb. 10. Their team won the meet beating Neligh-Oakdale and Osmond in team points. It was their third meet of the season. They have conference on Feb. 24.

# Student from Wayne among Midland Lutheran College students committing to nursing

Midland Lutheran College sophomore nursing students recently joined together to show their commitment to the nursing profession. Family members and friends joined in showing their support for the nursing students. Benjamin Franzen of Wayne took part in the ceremony, showing commitment as a member of the nursing class of 2009 at Midland Lutheran College.

In an official commitment service on Sunday, 30 nursing students pledged to excellence in nursing and a commitment to caring. The service included representatives of the Midland Lutheran College faculty and staff, as well as members of the Fremont area community.

"These students are dedicated to their calling in the nursing profession and within the community,"

Dr. Nancy Harms, chair of the Midland Lutheran College Nursing Department said. "This is an important step in the transformation our nursing students go through on their way to becoming registered nurses."

Midland Lutheran College nursing students have an exceptional environment for learning, elevated recently by the addition of the Dr. J.B. and Dorothy Christensen Nursing Lab. This state-of-the-art lab gives students valuable pre-clinical experience in a controlled setting. A feature within the lab is "Sim-man," a patient simulator. As a pre-clinical learning tool, Sim-man can be programmed to create many of the situations that a nurse may encounter.

For information on Midland Lutheran College, visit on the web

at: [www.mlc.edu](http://www.mlc.edu) or call (402) 721-5480 or (800) 642-8382. Dare to Discover Midland Lutheran College.

# Students from Wayne on Kirkwood Community College Dean's Honor List

Kirkwood Community College in Cedar Rapids, Iowa has released its Dean's List for the Fall 2006 semester. On the list are Brandon P. Garvin, Nursing - AAS and Keeley L. Niemann, Culinary Arts - AAS.

These students have achieved a 3.3 grade point average or higher after completing 12 or more credit hours with the college.

Wayne State College is seeking comments from the public about the College in preparation for its periodic evaluation by its regional accrediting agency. As part of its participation in the Academic Quality Improvement Program (AQIP), the College will undergo an on-site, Quality Check-Up visit March 28-29, 2007, by a team representing the Commission on Institutions of Higher Education of the North Central Association of Colleges and Schools. Wayne State College has been accredited by the Commission since 1917. The team will review the institution's ongoing ability to meet the Commission's Criteria for Accreditation.

The public is invited to submit comments regarding the college by paper mail addressed to:

Public Comment on Western Wisconsin Technical College Commissions on Institutions of Higher Education  
North Central Association of Colleges and Schools  
30 North LaSalle Street, Suite 2400 Chicago, IL 60602

The public can also submit comments regarding the college electronically to:

<http://www.ncahlc.org/wrapped/thirdparty.php>

Comments must address substantive matters related to the quality of the institution or its academic programs. Comments must be signed; comments cannot be treated as confidential.

All comments must be received by March 23, 2007

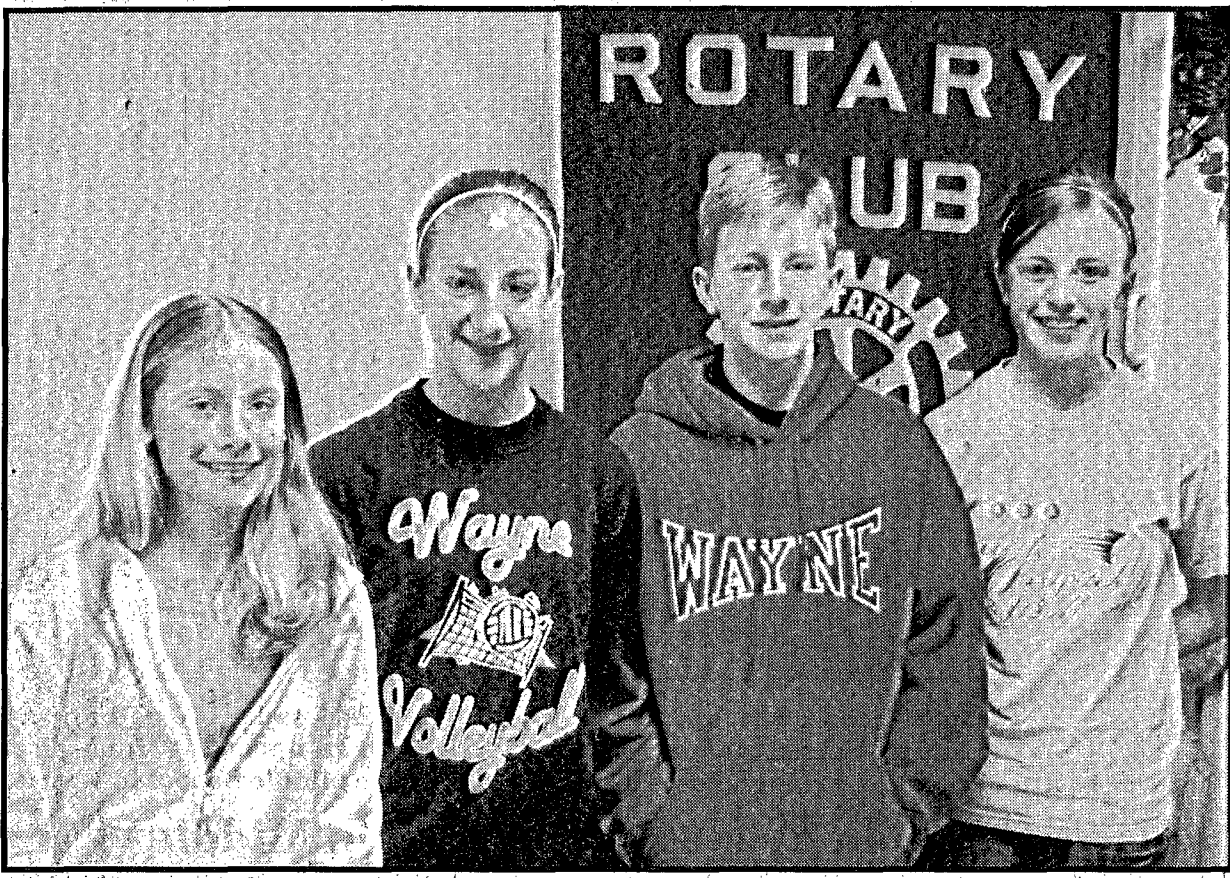
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Honored as Wayne Rotary Student of the Week for December and January are, left to right, Brittney Peterson, Jenna Pieper, Luke Trenhaile and Cassie Harm.

## Rotary Student of the Week chosen for months of December and January

Wayne Rotary Club Student of the Week recognition was held for December and January. The following students were honored.

Seventh grader Brittney Peterson, daughter of Kevin and Shannon Peterson of Wayne, was nominated by her teacher Lee Brogie because she is a wonderful student and a delightful person to have in class. She takes her role as a student seriously and actively participates in all learning situations. Brittney's friendly and helpful nature is greatly appreciated. Brittney is cooperative, has a delightful sense of humor, and is a joy to have in class.

Seventh grader Jenna Pieper, daughter of Mike and Diane Pieper of Wayne, was chosen as Rotary Student of the Week. Jenna was nominated by her teacher, Rita

Keller, because Jenna is a wonderful example of a student "Living Above the Line." In a classroom setting, she shows respect for both the teacher and other students. She demonstrates self-discipline and perseverance in her schoolwork and extra curricular activities. Jenna exhibits the qualities of trustworthiness, honesty, and integrity.

Seventh grader Luke Trenhaile, son of Jason and Phylis Trenaile of Wayne, was also nominated for the honor. He was nominated by teacher Lee Brogie because Luke is an outstanding student and a delightful person. Brogie added that he takes his role as a student seriously and actively participates in all learning situations. Luke's enthusiastic, friendly, and helpful nature is greatly appreciated. His sense of humor brightens our days. Luke works well with all of his classmates and is always willing to extend a helping hand to those in

need. Eighth grader Jessica Farmer, daughter of Todd and Cherith Farmer of Wayne, was nominated for Student of the Week by her instructor Mary Ann Lutt because of her friendly and positive attitude. Lutt added that she is a conscientious student, kind and always helpful to her peers. Jessica is an excellent role model.

Seventh grader Cassie Harm, daughter of Kevin Harm of Columbus and Deb Harm of Wayne was nominated by Mrs. Keller who noted that Cassie continually impresses her with her friendliness to all, good nature, and her attitude toward life in general. Keller added that it doesn't matter what has happened that day (good or bad) she comes to class with a smile and a willingness to work and a desire to learn. Cassie shows respect to everyone and seems to lift the spirits of anyone she is around.

## Wayne Area Habitat for Humanity kick-off to be held

Wayne Area Habitat for Humanity is planning another build within a couple of weeks and a kick off is set for Thursday, March 1 at the Praise Assembly of God Church, 1000 East 10th Street in Wayne with a fundraiser picnic supper at 6 p.m. The Habitat Celebration will give people the opportunity to meet the new family and not only contribute financially but also to sign up as a volunteer.

Fantasy Forest is a tradition in Wayne held the first weekend in December where members of businesses and organizations decorate Christmas trees for the enjoyment

of the community. For the last Fantasy Forest event, the Wayne Area Habitat for Humanity made a tree built of lumber which graced eight Wayne churches during December and January.

As the tree made its rounds, Wayne Area Habitat for Humanity members hoped that the spirit of Christmas would remain all year long and still do as they prepare to build another home. The members realize they cannot build without the support of the Wayne community and they are hoping for the same generous spirit they experienced with their first build.



Like the tree that the local Habitat for Humanity members made, the group hopes the spirit of Christmas remains during the year.

## Northeast is site of technology workshop for pre-service math teachers

The math department at Northeast Community College in Norfolk recently hosted a Teachers Teaching with Technology Workshop for pre-service educators.

According to Northeast math instructor Beth Welke, pre-service educators are college students studying to be teachers. Some 30 elementary and middle school pre-service teachers from Northeast, Wayne State College and Dana College attended the three-day workshop.

Dr. Judy O'Neal from the Department of Mathematics and Computer Science at North Georgia College and State University in Dahlonega, GA., was the guest presenter. She is a T3 (Teachers Teaching with Technology) instructor.

The students participated in a variety of activities integrating technology, including the TI-73 and 84 graphing calculators, Navigator wireless system, CBR and temperature probes, and TI Connect computer software that can be used in their future classrooms.

Welke said the workshop was partially funded with a grant to Ohio State University from Texas Instruments, Inc.

"Our pre-service teachers gained

lots of valuable information from Dr. O'Neal," Welke said. "Her expertise and knowledge were great sources of information for all those in attendance. Hopefully, that knowledge can be taken to their own classrooms when the pre-service teachers become teachers."

## Food Checkout Day winner announced

The winners of the Food-Checkout Day promotion in Wayne have been announced.

Those who received gift certificates included:

Quality Food Winners  
John Brady, Jean L. Ping, Jack Beeson and Lou Wiltse.

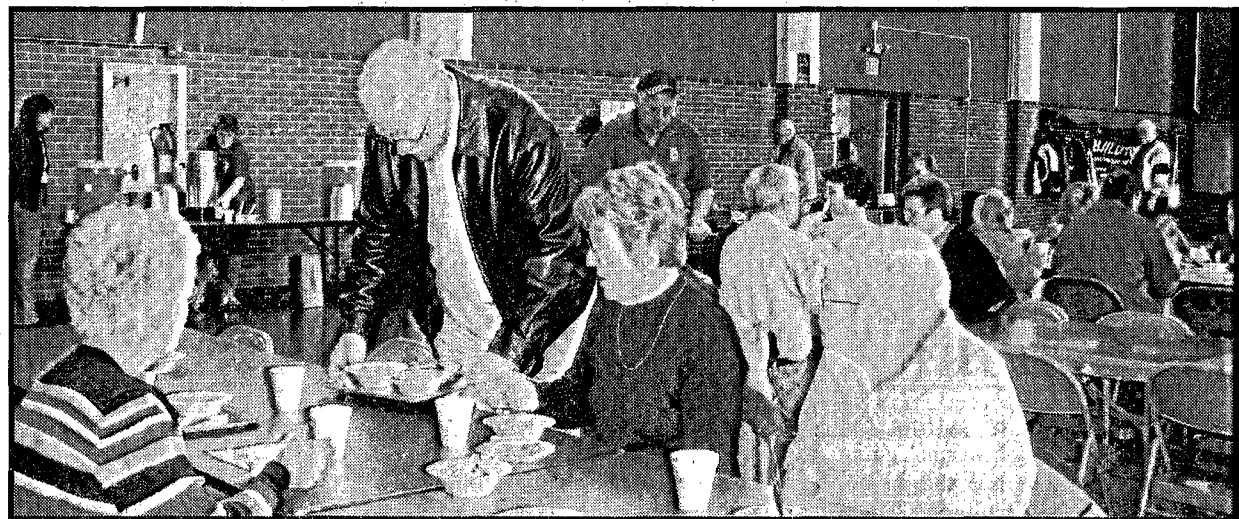
Pac N Save Winners  
Marvin Echtenkamp, Dan Odens, Delores Helgren and Rhonda Sebade.

The Wayne Area Chamber of Commerce Ag Task Force planned the local event with Don Liedman as the Chairman.

Food Checkout Day is sponsored by Wayne County Farm Bureau, BankFirst, First National Bank, State National Bank, Farmers and Merchants State Bank and Farmers State Bank of Carroll.

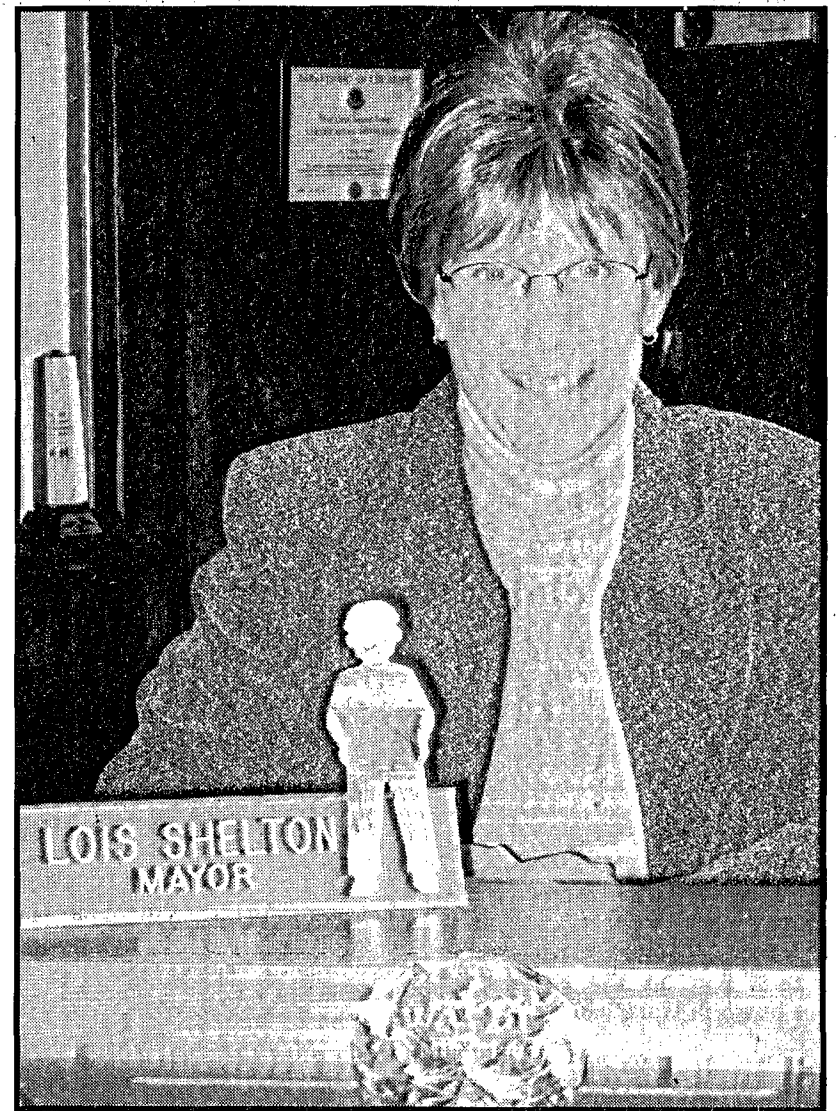
Food Checkout Day tracks the amount of income needed by Americans to purchase food on a daily basis.

The percent of disposable personal income spent for food has declined over the past 35 years. In 1970, it took Americans 15 more days to earn enough income to pay for their food supply for the year. According to the United States Department of Agriculture (USDA), food is more affordable today due to a widening gap between growth in per-capita incomes and the amount of money spent for food.



## Soup and fellowship

The annual Optimist Club Soup Dinner was held Sunday at the Wayne Armory with approximately 150 served. One purpose of the Optimist Club is to aid and encourage the development of youth in the belief that the giving of one's self in service to others will advance the well-being of humankind, community life and the world. The Club recently provided materials for the sixth graders to make and deliver Valentines to Premier Estates residents on Feb. 14. The students also played bingo and served a light snack, provided by the Optimist Club.



## Just passing through

Flat Sam visited a Wayne City Council meeting recently as he was passing through the city. Sam, a flat, paper-doll like figure, is based on the book "Flat Stanley." Mayor Lois Shelton received him in the mail from her niece in Florida. He was originally sent from a fifth grade student in Ohio, and like the character Flat Stanley in the book, is traveling across the United States, having numerous adventures. At each stop, the person who receives Sam is asked to send a post card and other information about that location back to the person who originally mailed Flat Sam. Mayor Shelton is now sending him to LeRoy Simpson in Woodland Park, Colo. Flat Sam hopes to return to Ohio by early May. The experience is used to help students learn about the geography.

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## Haase deployed overseas

Air National Guard Staff Sgt. Ryan S. Haase is currently deployed overseas at a forward-operating location in support of Operation Iraqi Freedom.

Operation Iraqi Freedom is the official name given to military operations involving members of the U.S. armed forces and coalition forces participating in efforts to free and secure Iraq. Mission objectives focus on force protection, peacekeeping, stabilization, security and counter-insurgency operations as the Iraqi transitional governing bodies assume full sovereign powers to govern the peoples of Iraq.

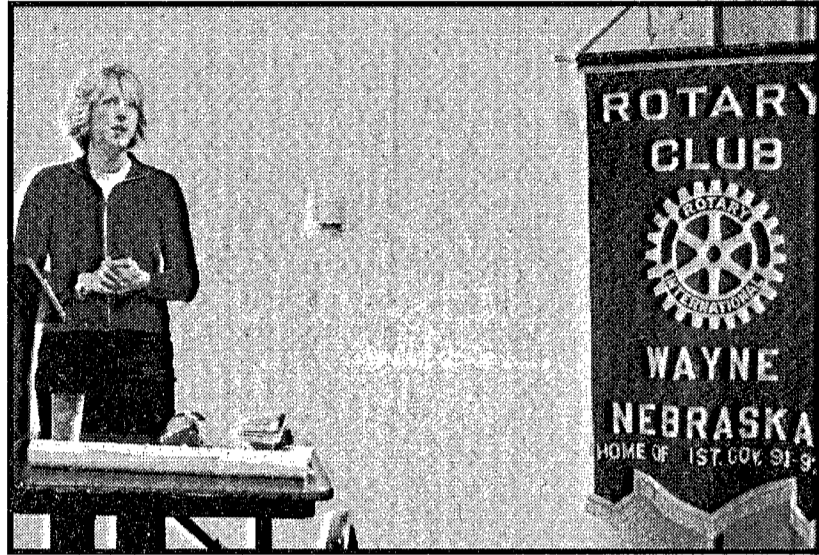
Members from all branches of the U.S. military and multinational

al forces are also assisting in rebuilding Iraq's economic and governmental infrastructure, and training and preparing Iraqi military and security forces to assume full authority and responsibility in defending and preserving Iraq's sovereignty and independence as a democracy.

The sergeant is a F-16 aircraft fuel systems maintenance normal assigned to the 114th Fighter Wing, Sioux Falls, S.D.

He is the son of Jon and Sherry Haase of Wayne.

Haase graduated in 2000 from Wayne High School, and received an associate degree in 2003 from Western Iowa Technical School, Sioux City.



## Gives presentation

In honor of American Heart Month, Terri Beza, RN Cardiac Rehab Supervisor at Providence Medical Center in Wayne, gave a presentation recently to Rotarians on heart health. She noted that the Providence Medical Center Cardiac Rehab program offers exercise and education for participants. Wayne Rotary Club meetings are held every Wednesday at 7 a.m. at Tacos & More in Wayne. A new speaker presents each week.

## County officials attend state workshop

Kelvin Wurdeman and Jim Rabe, Wayne County Board of Supervisors, completed a three-day workshop in Kearney Feb. 7-9 by the Nebraska Association of

County Officials. The annual County Board Workshop, part of a continuing education and leadership development series, provided county commissioners and supervisors with over 12 hours of specialized training. More than 250 local officials from across the state participated in the event.

Among the related topics addressed were The County Purchasing Act; Ensuring Uniform Purchases and Sales; Nebraska's Open Meeting Act; Courthouse Security and County/State Road Partnerships.

The workshop also addressed some of the more significant proposals currently being considered by the Nebraska Legislature.

**Siouxland Community Blood Bank Schedule**

Friday, March 2: from 9 a.m. to 3 p.m. at the Evangelical Church in Wakefield.

Tuesday, March 13: 1 - 6 p.m. Grace Lutheran Church, Wayne

Thursday, March 29: 8:30 a.m. to 3 p.m. Fire Department, Wayne

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## Winside News

Dana Bargstadt  
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### NEIGHBORING CIRCLE

Erna Hoffman hosted seven members of the Neighboring Circle Club at her home on Feb. 8. Adeline Anderson was a guest. The ladies held their business meeting and played pitch. Virginia Langenberg, LaVila Voss, Dee Deck and Adeline Anderson received prizes.

The next meeting will be Thursday, March 8 at Evelyn Jaeger's.

### CENTER CIRCLE CLUB

Claire Brogren hosted the Feb. 15 Center Circle Club at the home of Rose Janke with eight members and two guests, Carson Brogren and Gloria Evans, present.

Club president, Dianne Jaeger, conducted the business meeting. Betty Andersen, secretary, took roll call and read the minutes of the last meeting. Roll call was "Wear a red hat". Treasurer Claire Brogren gave her report. A thank you was read from the family of Audrey Quinn and a report given on who helped at the funeral.

Members voted to make a cash donation to the Wayne County Fair for the youth division.

A short program on the Red Hat Society was given by Dianne Jaeger and Rose Janke. Hearts were played for fun with prizes going to Helen Holtgrew, Cleora Fisher, and Betty Andersen.

The next meeting will be March 15 at Cleora Fisher's. Roll call will be "Wear green, bring an Irish Blessing".

## NECC to offer first aid course in early March

Northeast Community College in Norfolk has scheduled another one-session First Aid Course in early March.

The class, with course number COHE 0332-03/07S, will be offered Wednesday, March 7 from 6-10 p.m. in the Ag/Allied Health Building, Room 233, on the Northeast campus in Norfolk.

Successful completion of this First Aid course will satisfy requirements for OSHA. Licensed daycare providers and the public are also encouraged to attend.

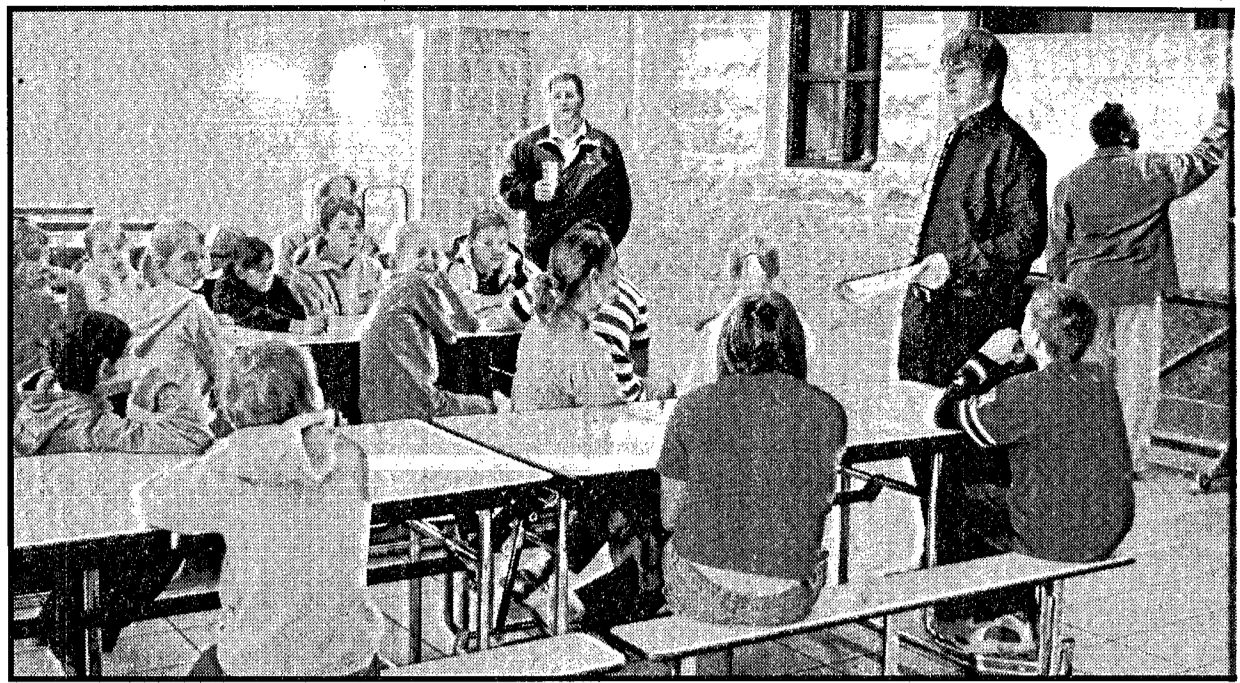
Cost of this class is \$25. Cost does not include a book. To register, call Northeast Community College at (402-844-7000).

## Nebraska Orphan Train Celebration planned

The excitement of getting the Orphan Train celebrations going again in Nebraska has caught on. A Nebraska Orphan Train Celebration event is planned for Saturday, April 21 and Sunday, April 22. The train is already booked full for April 22 but reservations are still being taken for April 21. The Fremont & Elkhorn Valley Railroad trains will board and depart in Fremont at 1835 N. Somers. The prices to ride is \$14 for adults, \$10 for ages 3-11 - Under three are free.

Charlotte Endorf is author of "Plains Bound: Fragile Cargo," (the book has powerful and heartfelt Orphan Train recollections). During the train ride, the Endorf family will bring the book to life.

For passengers already booked on the April 21 ride, since the train is arriving back to the depot when it's time to eat, a special has been worked out with USA Steak Buffet where everyone can visit together as well as eat - (USA Steak Buffet, 830 East 23rd Street, Fremont.)



WSC Instructor Chuck Parker, left, and two of his students discuss ice cream business plans with Wayne Middle School student council members on an upcoming fundraiser that will be after school on Fridays, Feb. 23 and March 2 at the Middle School in Wayne.

## WSC Students in Free Enterprise help Middle School students with business endeavor/fundraiser

Wayne State College students in Free Enterprise were at the Middle School Tuesday to help student council members plan an ice cream business endeavor/ fundraiser for Friday, Feb. 23 and Friday, March 2 after school in the Middle School Commons.

The college students worked

with the Middle School students on a name for their ice cream business and Paradise Ice was the name chosen. They also helped them decide on the amount they would charge per scoop, which was fifty cents.

The college students explained supply and demand in the process

of finalizing the business plans with the younger students.

This project is part of a national competition offered through the University of South Dakota.

Wells Blue Bunny Company is supplying the ice cream for the Middle School students to sell.



## Rotaract members plan fundraiser

Wayne State College Rotaract members are planning a fundraiser at Godfather's Pizza in Wayne on Tuesday, Feb. 27 where 15 percent of amount of purchase that day will go to the club. The students encourage everyone who can to stop by Godfather's on the 27th. Rotaract election of officers was held recently. Above, front row, left to right, Joe Schreiner, newly elected district rep; Claire Voigtlander, historian; Angela Tomasek, newly elected publicity; Megan Hogmire, newly elected vice president. Back row, Stephanie Meyer, newly elected historian; Whitney Gatz, secretary and newly elected president; Cassie Nelson, sergeant of arms; Tanna Walford, president; Laura Hansen, newly elected treasurer; Kylee McGill, newly elected secretary and John Fuelberth, sponsor.

If you're interested in joining for a meal, beverage, tax and gratuity for the group, it will be discounted to \$8.25 - (This rate is even discounted more than the regular senior rate and will make things easier for everyone.) This price is not figured into the amount of your train ticket and so those that join us at the restaurant will each pay separate tickets. You'll just tell them you're with the Endorf party when you arrive.

On April 22, when the train gets back to the depot there will be an auctioneer on hand who will conduct an auction of donated items. Those items are coming in from people who want to participate in some way, shape or form.

The proceeds will be split between the Madison County Museum and the National Orphan Train Complex in Concordia, Kan. to help keep orphan train history alive. If you'd like to send a craft, gift certificate, gift basket, etc. to add to the auction it will be accepted. Send to Endorf Enterprises by

April 1. Send ticket money and auction donations to: Endorf Enterprises: 1302 Verges Ave, Apt 4 - Norfolk, NE 68701. Anyone with

questions can call the Endorfs at 402-371-3701.

For more information, <http://www.outskirtspress.com/plains-bound>



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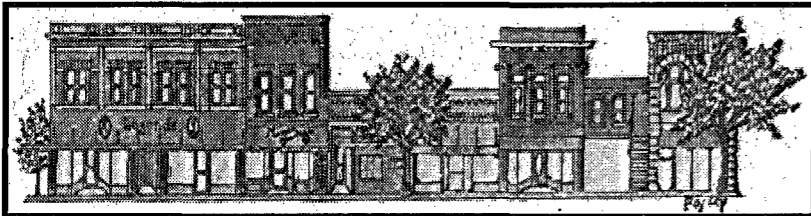
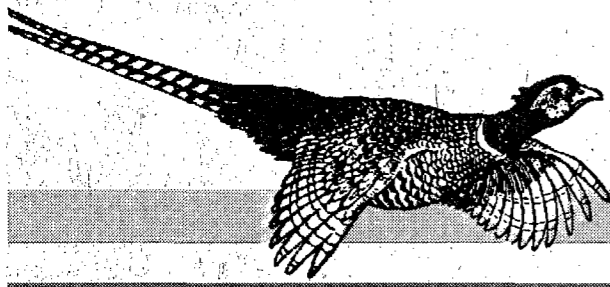
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Shelley Gilliland

- Graduated from Creighton University School of Pharmacy in 1991
- Married to Terry Gilliland
- 3 Children - Rachel, Lauren & Tyler

"I really enjoy getting to know families from Wayne and the surrounding communities and being able to help them with their healthcare needs."



Main Street Focus

At Tuesday morning's "All Hands" meeting of Main Street Wayne, we discussed Christmas lighting that we prefer for the light poles on Main Street.

At the Monday meeting of the Christmas Lights Committee it was suggested that we do not add lights to the light poles on Main Street as a way to demonstrate "ecological awareness." All members of this committee were to go back to the groups they represent to see what their groups preferred. All our Main Street Wayne members voted to have garland with lights so they can be wrapped around the light poles on Main Street for the Christmas season.

The Promotion Committee reported that it is meeting this week and that one of the topics on their agenda is the development of info/coupon packets to distribute to retail customers throughout Wayne, especially out-of-town customers inform them of what is happening in Wayne during the period of time these info/coupon packets cover. It was pointed out that often our customers do not know what is happening or found in the various businesses and even what may be happening at the college. The feeling is that each business can develop their own info/coupons and make copies so that the committee can bundle them and distribute them to all the businesses that participate so that they can be distributed to their customers. Further information on this will be forthcoming after the Promotion Committee meeting and, as always, this promotion will include all interested businesses in Wayne. As we pointed out in previous columns, Main Street Wayne is an inclusive organization open to all citizens and businesses who are interested.

The Organization Committee reported that it needs help to collect the information needed on various buildings in Wayne that will help the State Historical Society decide which buildings will qualify to be listed in Wayne's Historical District. If you are interested in checking on your building or any other building, you are invited to contact Sandra Bartling for the form and for instructions on how to proceed in this valuable procedure that would help promote part of Wayne.

The Organization Committee is also working on various community citizens and groups on a Cemetery Walk. It appears that the walk will take place on a Sunday in September. The groups are still

working on the details. The Economic Restructuring Committee also needs help. Among their goals are revitalization of Wayne and its downtown through the development of an effective restructuring strategy and work plans. Cooperation and working with WAEDI in the Synchronist Program is a vital plus and very necessary. The Synchronist Business Information System is a tool created for economic development organizations to help define, organize, date, analyze and report existing local economy. Using information from area businesses, Synchronist identifies each company's value to the community, growth potential, risk of relocation or downsizing, satisfaction and employment trends.

The findings can be used for group analysis, reports, directories and management tools. Progressive economic development organizations are using this program to build policy, service and programs. This is why Main Street Wayne contributed to the purchase of this program.

In January WAEDI began training volunteers to assist with the project. If you are interested in being trained and participating in the Economic Restructuring Committee of Main Street Wayne, please call Irene at the WAEDI office to get the various dates and times of this training and think about helping your community by participating in Main Street and its Economic Restructuring Committee.

Capitol View

'Dumb Law' committee should be formed

By Ed Howard  
Statehouse Correspondent  
The Nebraska Press Association

The Legislature should create a Dumb Law Committee that would conduct hearings every two years.

The citizenry and government types from the local and state levels could nominate for repeal whatever they regard as a dumb law. Evidence would reflect personal or constituent experience.

The view from here: A good candidate for the axe would be the dumb law that doesn't allow young workers to "check out" alcoholic beverages in grocery stores and/or the places where gasoline and food stuffs are sold.

This change is especially needed in supermarkets.

Have you stood behind someone who has a quart of beer, or something, and waited along with 10 other cart-pushing people while a youngster had to wrangle someone 21 or older to push a couple of buttons on a cash register?

How often have you seen it happen, several times, within just a few minutes?

It is a dumb law. Not just silly. Dumb.

Former Senator Loran Schmit would sometimes describe a superfluous bit of proposed legislation as representing a perfect bill.

"It doesn't help anybody, doesn't hurt anybody, doesn't do anything and doesn't cost anything."

The "young people can't check out alcoholic beverages in a supermarket law" doesn't qualify under the above definition. It hurts my feet and costs time. It can cost the store money because a customer in a hurry might forego a purchase rather than face the potential delay associated with finding a grownup

to push those few cash register buttons.

Other than the philosophical descendants of Carey Nation, and the WCTU, no one has a legitimate reason to support the existing silliness.

Followup: How do you feel about the bill that would impose statewide restrictions on smoking?

The bill now before the Legislature would likely need 33 votes to stop a filibuster and force a vote on its advancement to the sec-

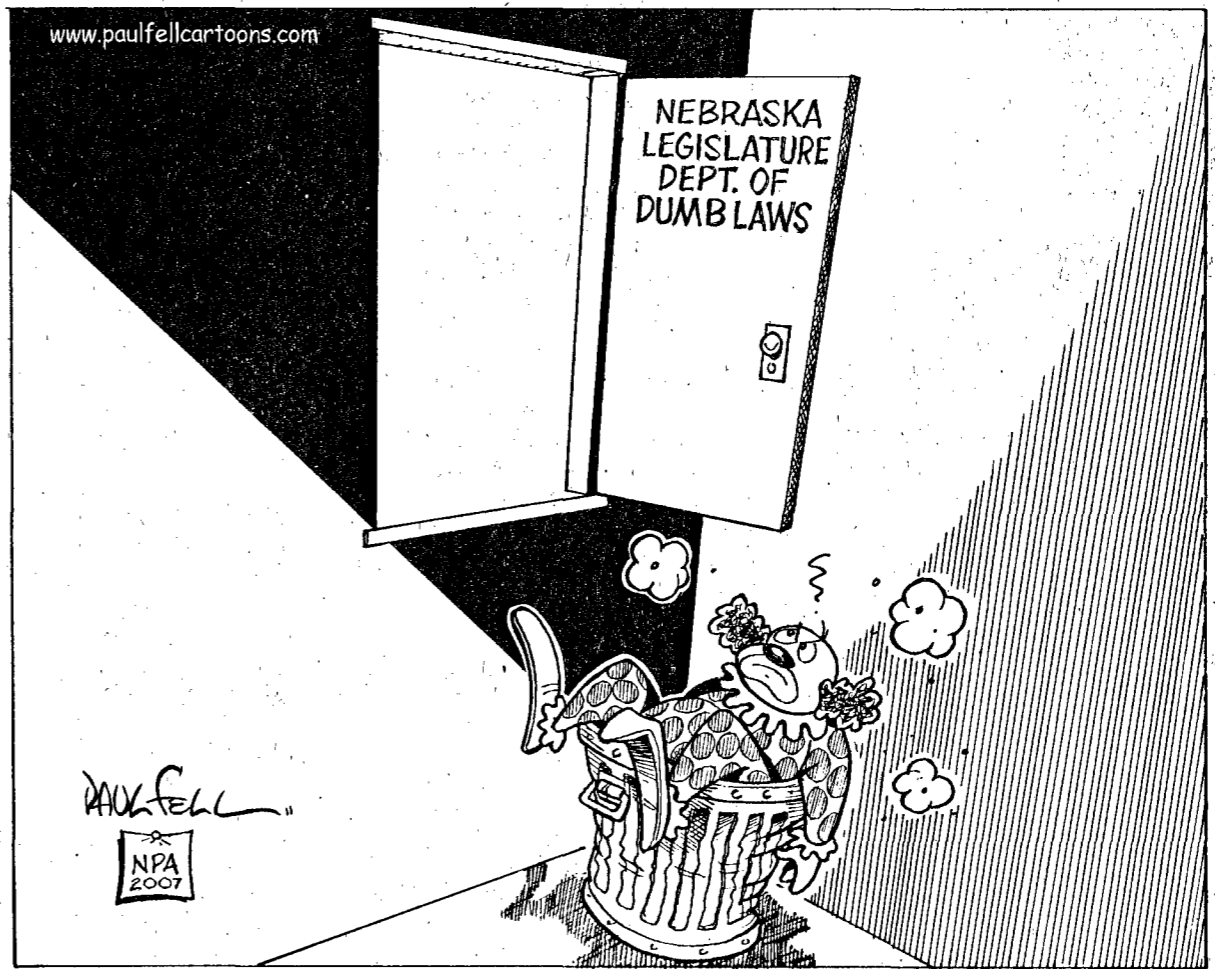
ond stage of consideration. At this writing, it appeared that it wasn't likely to advance this year. If such were the case, the measure would automatically be carried over to the 2008 session.

Question - If restrictions are enacted, should the law make exceptions for what might be called smoking lounges, or smoking clubs?

Statistics speak for themselves concerning the suffering that tobacco has wrought upon millions

of people. Still, tobacco is a legal product. Should the folks who choose to use it, and simultaneously pay hefty taxes for their choice, be allowed to gather and use it in places where neither alcohol nor food are sold?

More followup: Remember the bill intended to make changes in the law governing Nebraska's petition process for putting issues on the statewide ballot? Well, forget it. The Legislature quickly decided not to make any changes this year.



The Congress shall have power to prohibit the physical desecration of the flag in the United States

By Major Gen. Patrick H. Brady  
CFA Board of Directors

As you know, there is a new leadership in the Congress, many of whom have not been supportive in the past. However, the leader of the Senate, Senator Harry Reid, is a supporter. And, as is one of the top Democrats in the House, John Murtha. In fact, Murtha has already introduced the Flag Amendment only a few days into the new Congress. And, he did it on his own; we did not prod him prior to his introduction. We do not even have a firm count in the House yet. (See below).

110th Congress, First Session, H.J. Res. 12: Proposing an amendment to the Constitution of the United States authorizing the Congress to prohibit the physical desecration of the flag of the United States.

In the House of Representatives, Jan. 11, 2007: Mr. Murtha introduced the following joint resolution which was referred to the Committee on the Judiciary.

Joint Resolution: Proposing an amendment to the Constitution of the United States authorizing the Congress to prohibit the physical desecration of the flag of the United States. Resolved by the Senate and the House of Representatives of the United States of America in Congress assembled (two-thirds of each House concurring therein), that the following article is proposed as an amendment to the Constitution of

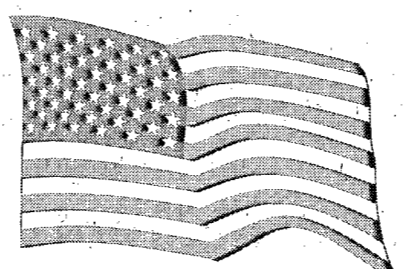
the United States, which shall be valid to all intents and purposes as part of the Constitution when ratified by the legislatures of three-fourths of the several States within seven years after date of its submission for ratification:

Article-- The Congress shall have power to prohibit the physical desecration of the flag of the United States.

We have all heard of the not-invented-here syndrome. It may work to our advantage. The new leadership in the Congress may help us win this if they see that it will help in '08. Some have said the Democrats are looking to gain ground with the values voters before '08 - the flag would help. We should thank Murtha and ensure he is working for a vote; and encourage Senator Reid to introduce the amendment in the Senate. Senator Feinstein, a strong supporter, could be helpful.

In the mean time, let me provide some thoughts for our effort. Our two essential programs -- speaking with one voice and setting the record straight -- I think are solid, but we do not always follow them. I will say again that we cannot win this on sentiment - our opponents can use sentiment as well as we can, and do; we must educate our folks on the constitutional arguments.

I am not saying sentiment does not have a place; it moves all of us and will always be a part in our efforts, but not with most of the mainstream media.



If we, in our interviews, etc., give the media a chance to use sentiment, they will give us this, acknowledge that our opponents feel the same way about the flag and give them the Constitutional arguments. And we lose!

I am surprised at how often we turn to sentiment with the media. I begin every interview by simply stating that I could care less about flag burners, which is only partially true since they are people who are either ignorant or hate America and we should be concerned about such people.

But in the context of the amendment, it is true. Flag burners are not the problem; it is those who call flag burning speech that are the problem.

And my next statement is to ask if anyone but me knows the words to the amendment. I have yet to find anyone who does. They have to search for them.

If we keep this up, sooner or later the words will become familiar and our opponent's arguments will, by definition, fail. You have heard me many times on the virtue of repetition, it may be boring but it is indispensable to our cause.

The words will win over logical

reasoning people with open minds. But we will never win those people if they believe we are attacking free speech and the First Amendment - no matter how much they love the flag. And as long as the words are not known, our opponents will say that is exactly what we are doing.

One area of speaking with one voice that hurts us is the number of flag burnings. The answer is not a discreet number - that cannot be known but it is used against us. The answer is hundreds!!! A hundred flags burned in a cemetery is not one incident, it is a hundred incidents! We have great problems with this.

Now, having said all that, we have come a long way. Our media coverage the last vote was unprecedented, possibly because of the one vote loss but a lot of eyes were opened.

And our supporters used our arguments more than ever before.

I think the main point I would make for the way ahead is that we have to work the flag 24/7/12 no matter who controls the Congress, ultimately it is an informed populace that will win this for us.

I remember when I first got to Vietnam, it was essentially a five-day a week war. Very little night flying and the weekends off. When Westy came he changed all that and we went to full time combat.

We need to follow Westy's example, all out combat, 24 hours a day, seven days a week, 12 months a year.

Now, I know we cannot put in the resources we did for the last vote, but we should be alert and aggressive for our cause all the time.

Let me give you some examples. You have all heard of segue, moving smoothly from one point to another and we see it used all the time by politicians, often times not so smoothly.

There are many issues we see on a daily basis that we can use in our communication to segue to the flag amendment.

For example, "Here is a politician who professes to believe in the will of the people who, by the way, voted against the flag amendment supported by 80 percent of the people. There is a court that said the pledge is unconstitutional but child pornography is constitutional; by the way, courts also said flag burning is speech."

Of course, some media is on our

side. Rush Limbaugh, for example, who we thought was against us, is not. Whatever you think of him he has an audience of millions per week larger than anyone else. Give him a call if you can segue a topic he is discussing to the flag.

Look for anniversaries, birth-days of famous people, the biased media and activist courts and tie them to the flag in letters to the media and politicians - and in speeches.

I speak to a lot of audiences and everyone of them hears of the flag either in my words or in my bio.

I was recently at a dedication of a Vietnam memorial in South Dakota. A town of 12,000 turned out 40,000, all on the grounds of the capitol. It was quite a sight. Adrian Cronaur, of "Good Morning, Vietnam," fame and a member of the CFA Board, segued from what he does and an introduction of me - to the flag amendment. And I will add that those 40,000 people went wild.

Let me give you another specific. As I mentioned, I read the entire testimony of the last vote and made paper copy of it. I will be happy to provide the words to counter those in your state who testified against us if you will get it out to your audience. Also, the words of those who supported us, some of it was excellent.

The greatest shift in power in this country has come through the Internet. We need to use it to communicate through our website, which needs updating, and in every way possible.

I could go on but you get the idea. The only limit on this is our imagination. Don't wait 'til the last inning to fight. We need to look for opportunities to make our case 24/7/12. That should be our theme - 24/7/12.

You all are the leadership of this effort and leadership is responsible for many things, facts, execution, follow up - there can never be enough of that - but most of all for morale, or enthusiasm for the cause. Veterans know more than most the importance of morale. So I hope you will work morale, it is vital and I think the words of Winston Churchill are appropriate.

He said: "Success is going from failure to failure without loss of enthusiasm."

Letters Welcome

Letters from readers are welcome. They should be timely, brief (no longer than one type-written page, double spaced) and must contain no libelous statements. We reserve the right to edit or reject any letter.

Letters published must have the author's name, address and telephone number. The author's name will be printed with the letter; the address and the telephone number will be necessary to confirm the author's signature.

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## Winside's Creative Writing/ Journalism class writes articles

*Editor's note: These two articles were written by Jennifer Kesting's creative writing/journalism class at Winside School.*

### Why Did the Chicken Cross The Road?

By Carrie Hansen

To speak or not to speak? For the Winside Speech Team that is a silly question. Starting off on Saturdays, you hear your alarm ringing at 5:00 in the morning. Finally, after arriving at the school, you get everything packed onto the bus, ready to start the day. Arriving at the meet, you first nervously scurry to prelim rounds, after prelim rounds you then hope to qualify for finals, and finally await awards. Then it is dejavu all over again, packing the bus and heading home.

The speech members have had three meets so far this season. The first one was in Hartington. Those who placed at the meet were; Virginia Fleer 4th in Varsity Exempt and Informative, Kyle Mundil placed 5th in Novice Humorous, Amanda Backstrom placed 5th in Novice Entertainment, and Hope Voss placed 4th in Novice Poetry. Wausa hosted Winside's second meet last Saturday.

Those who placed at this meet were Shawn Story and Sally Schwedelhelm 1st in Varsity Duet; Dominique Gowler, Amanda Backstrom, Kyle Mundil, and Caroline Burris placed 4th in Novice OID; Alexa Hochstein placed 3rd in Novice Entertainment; Kyle Mundil placed 1st in Novice Humorous; and Caroline Burris placed 6th in

Novice Informative.

On Feb. 10 Winside competed at the Osmond Speech Meet, and as a team they took home first place. The placers were: Brittany Greunke 2nd in Poetry, Caroline Burris 3rd in Informative, Jaycie Woslager 2nd in Informative and 3rd in Persuasive, Matt Peter 1st in Entertainment, Kyle Mundil 1st in Humorous Prose, Shawn Story 2nd in Extemp, Dominique Gowler 5th in Persuasive, Virginia Fleer 1st in Informative, Persuasive, and Extemp, Novice OID 6th, and Varsity OID 5th.

Conference will be held in Wynot on Feb. 24, and Districts will be held March 6 at Bancroft-Rosalie. The year has been good for the speech team members. Several of the students have made the finals and placed. Good luck Winside Speech Members for upcoming meets and hope you do excellent at Districts!

### Girls Basketball

By Kristy Doffin

Districts is right around the corner, and with districts comes the end of winter sports, which means the end of the girls' basketball season. Girl's sub-district basketball starts on Monday, Feb. 12. The varsity girls will play Leigh at Norfolk Catholic at 7, Monday night.

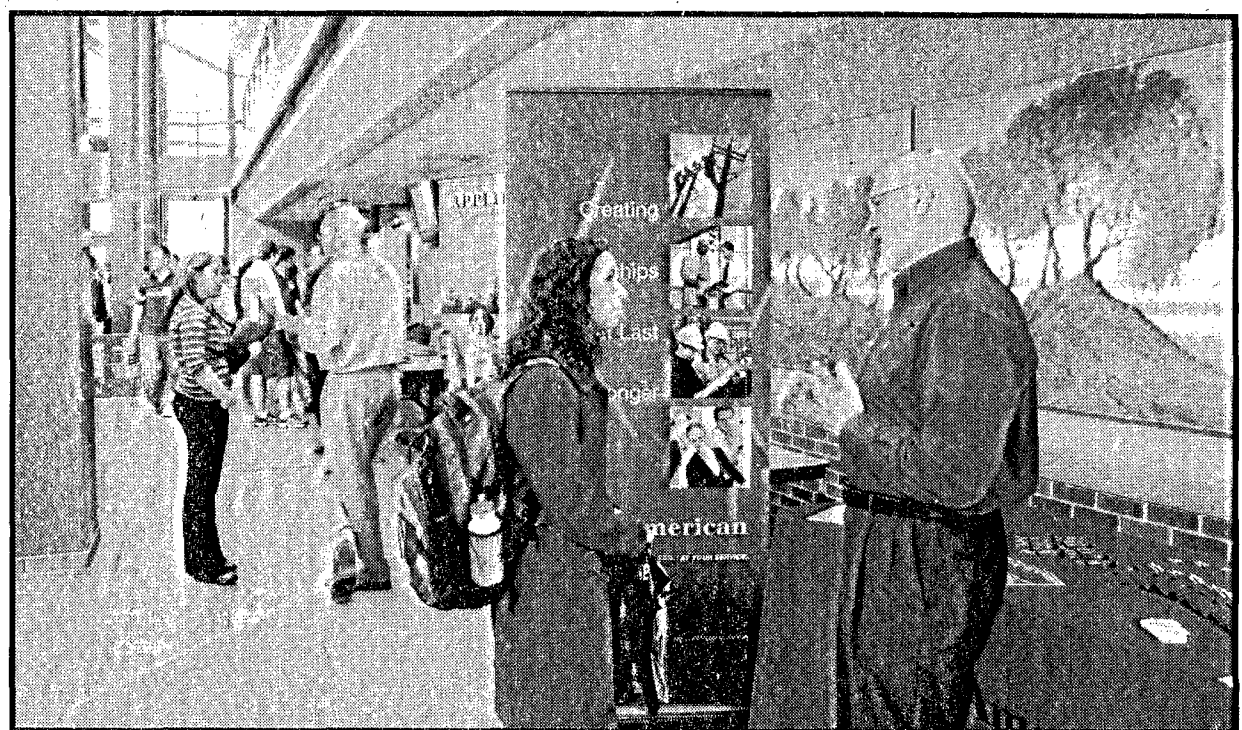
Tuesday, Feb. 6, was the last home game of the season, and for some, the last home game ever. The girls played Allen with JV starting at 4 and the varsity playing at 6. The JV girls led most of their game and at the end they finalized the score at 25-11 to win the game. The varsity girls had a rough start, but played well the second half that led

them to an unbelievable, heart-wrenching two-point loss. The final score was 42-44. After the varsity girls' game was Parents Night. The girls were announced and met their parents on the floor to give them a red carnation and for the seniors, a red rose.

The girls' last season game was last night against Osmond. The JV girls played well, but in the end lost. The final score was 34-30. That game concluded their basketball season. The varsity girls had another heart breaking loss. The girls fought the whole game and went into overtime. In the end, a shot from Osmond won the game, making the varsity girls lose the game by only one point. The final score was 38-39.

The girls had a good season although it didn't show on the record. They played extremely well this season and worked and played as a team. They took care of the ball every game and usually ended right behind their opponents. After this season is over the team will be losing four seniors: Josie Longnecker, Claire Elworth, Kristy Doffin, and Tensie Tonniges. As of Feb. 6, Claire Elworth averaged 7.3 points per game (PPG), 1.6 rebounds per game (RPG), 1.2 assists per game (APG), and .9 steals per game (SPG). Josie Longnecker averaged 6.7 PPG, 3.4 RPG, 4.4 APG, and 1.2 SPG. Kristy Doffin averaged 1.9 PPG, 2.2 RPG, 1.1 APG, and .6 SPG.

Each senior showed leadership and dedication to the sport. However, the team shows promise next year with three returning starters and a lot of talent from the grades below.



### Career Fair held

WSC Career Services recently hosted the 2007 career fair in the Student Center. Above, Phil Krenc of MidAmerican Energy talks with WSC student and pre-pharmacy major Chelsey Cook of St. Paul. Cook and other WSC students were able to choose from around 90 employers available to provide students with information and answer questions in a face-to-face setting. Some employers interviewed the same day. Others scheduled interviews for a later date. The career fair provides the opportunity for students to find part-time, summer, co-op/internship and full-time employment opportunities with companies and summer camps. Cook plans to become a pharmacist through studies at WSC prior to transferring to UNMC in Omaha. Cook has received a full tuition scholarship through the RHOP program at WSC and guaranteed pre-admission to UNMC upon successful completion of the prescribed course work at WSC. RHOP, a cooperative effort between WSC and UNMC, encourages students from rural areas of Nebraska to return to rural settings after graduation to pursue their career. Cook is the daughter of Bernie and Jeannie Cook. For more information, please call 375-7327 or 375-7425.

## AARP urges state to negotiate lower RX drug prices for the uninsured

AARP Nebraska recently announced its support for legislation directing the state to negotiate lower prescription drug prices on behalf of Nebraska's Medicaid program and uninsured consumers.

"The skyrocketing cost of prescription drugs is a major concern for our members and we are taking action," said AARP State Director Connie Benjamin at a State Capitol press conference. "Prescription drug reform is our number one priority in the 2007 legislative session. As a consumer advocate for people 50 and older, we believe Nebraskans of all ages should have access to the most effective drugs at the best price."

LB 699, the Nebraska RX Access Act, would empower the state to negotiate lower drug prices in Medicaid and offer those same prices to middle and low-income Nebraskans without insurance. Individuals and families with incomes below 300 percent of

poverty would qualify for the price breaks and could expect to save between 15 to 60 percent on their drug bills.

The bill is sponsored by State Sen. Steve Lathrop and co-sponsored by State Sens. Mike Flood, Gwen Howard, Amanda McGill and Don Preister.

"Nebraska's uninsured citizens pay some of the highest drug prices in the world," said Sen. Lathrop. "LB 699 would ease that burden while saving tax dollars."

With the state's increased negotiating clout, LB 699 would curb Medicaid spending on prescription drugs and save millions of dollars annually on drug expenditures. The expected first-year savings in Medicaid would cover start-up costs for the Nebraska RX Access program. Ongoing funding would come from pharmaceutical company rebate payments. According to an AARP survey of 800 Nebraska members conducted in December

2006, 84 percent support a state prescription drug discount program for middle and low-income residents who don't have insurance coverage.

"More than half of our members are concerned about being able to pay for prescription drugs in the next two years," Benjamin said. "Our members believe it is important for the state to work towards making prescription drugs more affordable and they support legislative action to address the problem."

Nebraska is one of the few states that have not established a preferred drug list to bargain for cheaper drug prices in Medicaid. Since Colorado adopted a preferred drug list last week, 44 states now negotiate with drug companies for lower drug prices in their Medicaid programs.

"LB 699 would use the most effective cost savings tactic employed by every insurance company, many foreign governments and now 44 states to obtain the best prescription drug prices on behalf of their clients and citizens. There is no good reason we aren't doing the same on behalf of the people of Nebraska," Sen. Lathrop said.

Mike Saxl, former Speaker of the House in the Maine Legislature and a national expert on state prescription drug measures, said that Nebraska could reduce its Medicaid prescription drug spending by setting up a preferred drug list and joining a multi-state purchasing pool to obtain better drug prices.

"These Medicaid savings could be reinvested in the Nebraska RX Access card program, which is similar to a program that was pioneered in my state of Maine to help uninsured consumers with limited incomes get some relief from rising drug costs," he said.

For more information, contact

Deborah Lanner at (402) 323-5425 or (402) 304-6172 cell.

## Salvation Army searches for young heroes

The Salvation Army is seeking nominations for the 2007 D.J.'s Hero Scholarship Awards. Six Nebraska youths, ages 17-19, will be chosen to receive the award, named after D.J. Sokol, for commitment to others and to their community. Nominations must be post-marked by March 5 to be eligible for entry. Nomination forms are now available online at [www.givesalvationarmy.org](http://www.givesalvationarmy.org).

Forms may also be obtained by contacting Patti Cameli at 402-898-5906 or through Nebraska

high school academic counselors.

Honorees receive a \$5,000 scholarship toward their selected college or trade school. D.J.'s Heroes will be recognized at the D.J.'s Hero Awards Luncheon on May 7 at Qwest Center Omaha.

The luncheon, now in its ninth year, features a national speaker. This year Andes survivor, Nando Parrado, is the keynote speaker.

Hear one of the greatest survival stories of all times. Nando Parrado will talk about his will to survive

and his belief in God after his South America rugby team crashed in the frozen Andes Mountains. Actor Ethan Hawke portrays Parrado in the movie, "Alive," based on the team's true story of hope and survival. Now a successful businessman, Parrado is author of the New York Times bestseller, "Miracle in the Andes: 72 Days on the Mountain and My Long Trek Home."

Proceeds from the luncheon benefit the Army's programs for children and families.



## Managing an Inheritance Effectively

It is estimated that today's retirees are the wealthiest on record, potentially putting baby boomers in a position to inherit more money than any previous generation - anywhere from \$10 trillion to \$40 trillion according to a variety of media reports. In the near future, baby boomers may be faced with the question of how to manage their inheritance and get the most benefit from it.

Although the wealth of the country's oldest generation has reached record levels, some experts believe that a massive transfer of funds is unlikely to occur. An AARP Public Policy Institute research report released in June 2006 found that just under one-fifth of boomer households have received inheritances, and only about 15 percent still expect to receive one. Among the families who did receive an inheritance, the median value was \$64,000 (in 2005 dollars assuming a 3% rate of return on the inherited assets). The report's findings suggest that in general, inheritances are unlikely to make a significant contribution to most boomer's retirement savings.

Several factors may help explain why there might not be the enormous transfer of money as previously predicted. The first is increased life expectancy. Average life expectancy is rising and people are spending more of their money on both basic needs and luxury items. Additionally, the longer a person lives, the more likely he or she is to incur more expensive health or long-term care costs, reducing the amount of money available for heirs.

The bottom line is that even if you do expect to receive an inheritance, it usually isn't wise to depend on that money before you are actually in possession of the funds. Instead of relying on an inheritance you may never get, it is a far better strategy to build your own nest egg through regular saving



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and investing.

However, if you do find yourself in a position to inherit a significant sum of money, be sure to take the time to manage your windfall effectively. The money you receive can be whittled away quickly through mismanagement and bad decisions. Following are some tips for making the most out of your inheritance.

**Consider your options.** If you inherit money, even if it's not a significant amount, the first thing you should do is - absolutely nothing. Beware of making rash decisions and irresponsible purchases. There is nothing wrong with letting your money grow modestly in a money market account for a few months or a year while you contemplate your next move. It is certainly a wiser choice than making a quick investment that you may regret later.

**Define your goals.** Receiving an unexpected sum of money can be a great time to reevaluate your financial strategy and goals. Sit down and evaluate your priorities and use your inheritance to bring you closer to your goals - investing for retirement, saving for college, paying off debt - or whatever they

may be. Your financial strategy may have changed in light of your sudden wealth; your risk tolerance and portfolio allocation may be different and you will want to adjust your plans to account for these changes.

**Consider tax implications.** The tax laws governing inheritances are intricate and complex. It is important to consult a tax advisor when making decisions about how to handle an inheritance whether it is in the form of cash, stocks, bonds or retirement plans. Treat inherited retirement plans very carefully. The rules are different for spouses and non-spouses, as well as for traditional and Roth IRAs. You can lose a big chunk of the money if you don't follow all of the tax regulations governing inherited IRAs and 401(k) plans.

**Put your own estate in order.** Many people don't even think about their own estate until they receive an inheritance. It is an excellent reminder to make sure plans for your own heirs are well-established. If you do not have an estate plan in place, you lose control over the way your money is distributed after your death; plus, you allow taxes to take away a greater percentage of your estate. Take the time now to develop a plan and ensure your wishes are clear.

**Get help.** It can be challenging to make key decisions and navigate your way through estate and tax laws when managing money. An inheritance can offer you an opportunity to improve your financial security and you may find you want to gather advice from financial professionals to help ensure you are making the best decisions. Consider consulting a financial advisor who is professionally trained to address your concerns and help you meet your personal goals. He or she can work with you to help you make the most appropriate choices for your individual situation.

### Simonsen awarded scholarship

Autumn Simonsen, 18, daughter of David and Maggie Simonsen of Wayne, a senior at Wayne High School has been named a 2007 Horatio Alger Association Ak-Sar-Ben Scholar.

The award comes with a \$2500 cash award. She was one of only 100 students awarded in all of Nebraska and portions of Iowa.

The award is based on "student's integrity, self-reliance, determination, and perseverance in overcoming adversity." Other factors include "personal potential, academic achievement, and promise of future contribution to society." Award winners must uphold high standards of academic and personal excellence. The Horatio Alger Association cultivates an on-going, life-long relationship with its scholars.

Autumn has been involved in Band, Pep Band, Jazz Band I, Marching Band, Concert Band, and State Band Competition. She has played alto saxophone since fifth grade. She is involved in FBLA, and works part-time in the office at Exhaust Pros. She will start Wayne State College in the fall of 2007 with 15 hours of college credit already achieved from dual credit

### Pi Gamma Mu and Friends of the Library College Knowledge Bowl

Teams of WSC undergraduates will face off against one another in what is certain to be an evening of humor, enlightenment and sheer madness during the Pi Gamma Mu and Friends of the Library College Knowledge Bowl on Thursday, Feb. 22 at 7 p.m. at the Wayne Public Library (410 Pearl).

A \$100 prize will be awarded to the first place team and a \$50 prize for second place. Spectators are eligible for drawings to win door prizes. Snacks will be served. There is no admission charge. The public is welcome.

For more information, please contact Dr. Randy Bertolas at 375-7018.



Autumn Simonsen

coursework completed in high school.



Posing with Alison Dulce Rose Beebe are her parents, Gary and Gina Beebe and grandmother, Renee Martocchio.

## Beebes adopt daughter

Alison Dulce Rose Beebe, who was born March 13, 2006 in Guatemala, Guatemala, met her parents, Gary and Gina Beebe and her grandmother, Renee Martocchio, in Guatemala on Jan. 24.

A week later the family arrived in Chicago, where they were greeted by her grandfather, James, an aunt, Allysa, and uncle, Nick

Martocchio.

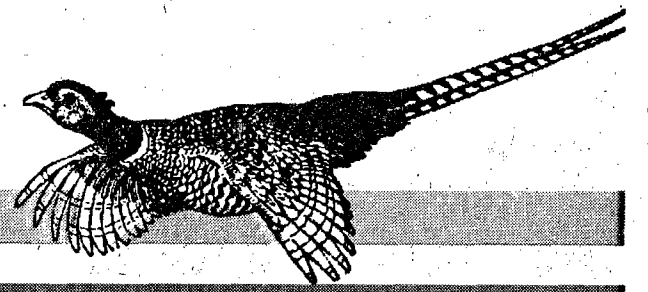
After a family reunion, Gary, Gina, and Alison returned home to Rodbrook, Conn.

Grandparents are Richard and Joan Beebe of Enfield, Conn. and James and Renee Martocchio of Mt. Prospect, Ill. Great-grandparents are Rose Martocchio, Conn. and Robert B. and Mona Meyer of Wayne.



# Lifestyle

The Wayne Herald



## Adding variety can make eating a healthy breakfast easier

People often think breakfast can only consist of traditional choices such as toast, cereal and juice. However, there are many different ways to add variety to breakfast that will make obtaining important

nutrients easier for people on the go.

It isn't uncommon for people to skip breakfast, especially for students who prefer an extra 10 to 15 minutes of sleep. Unfortunately, skipping breakfast can lead to many problems. Without energy to restart the day, students have a harder time concentrating, lack coordination and fall asleep during class.

Students who skip breakfast are more likely to be overweight as well. Eating too quickly or too late in the day is a common behavior of students who don't eat during the morning hours.

Many students choose to skip breakfast because they aren't hungry or dislike breakfast foods. However, there are many alternatives. First of all, breakfast doesn't

**Amy Topp**  
Extension Educator  
4-H & Youth



have to be a heavy meal. Students who aren't hungry right away in the morning should eat light and carry a mid-morning snack. Granola bars and instant breakfast drinks are great on the go options.

Breakfast does not have to consist of typical breakfast food either. As long as the selected items provide carbohydrates, protein and calcium, a student should remain full and have enough energy to sustain them through the morning hours.

Once breakfast is a regular routine of each morning, students should remember to add variety from time to time. Instead of eggs and toast, try an English muffin with lean ham or replace cereal with a bowl of fruit and yogurt.

SOURCE: Wanda Koszewski, Ph.D., nutrition specialist

## Engagements



Park - Bertrand

William and Diane Bertrand of Concord have announced the engagement of their son, Adam Bertrand, to Rae-Young Park of Ulsan, South Korea.

The future groom is a 2004 graduate of South Dakota State University and is currently teaching English as a second language in South Korea at the Soon Cheon Hyang University.

The future bride teaches piano and voice in the school of fine arts at a private academy in Ulsan.

The couple is currently planning their upcoming wedding on March 31, 2007 in Ulsan, South Korea.

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## School Lunches

**ALLEN (Feb. 26-28)**  
Monday: Breakfast - Cereal & egg wrap. Lunch - Chef salad, cheese, lettuce, meat, apple, jell-o, roll.

Tuesday: Breakfast - Cereal & Long John. Lunch - Turkey melt, peas, peaches, cookie.

Wednesday: Breakfast - Cereal & pancakes. Lunch - Chili, crackers, carrots, celery, apple, applesauce, cinnamon roll.

Milk served with breakfast and lunch.  
Fruit choices  
Salads served upon request.

**LAUREL-CONCORD (Feb. 26-March 2)**  
Monday: Breakfast - Pancakes.

Lunch - Goulash, corn, pears, bread.

Tuesday: Breakfast - Sausage wrap. Lunch - Barbecue rib patty with bun, potato wedges, green beans, peaches, dessert.

Wednesday: Breakfast - Cereal. Lunch - Soft shell taco, tater tots, baby carrots, applesauce, cinnamon bread.

Thursday: Breakfast - Breakfast burrito. Lunch - Creamed turkey, mashed potatoes, fresh vegetable salad, pineapple, bread.

Friday: Breakfast - French toast. Lunch - Grilled cheese, chips, lettuce/ dressing, apple juice. Alternate: Chef salad.  
Milk, chocolate milk, orange juice

## Square dancers note 'Sweetie Pie Night'

Approximately 40 dancers danced to the caller Butch Braun at Leather and Lace Square Dance Club's most recent square and round dance on Feb. 9.

It was Sweetie Pie Night and dancers were treated to pie and ice cream following the dance.

The pot was split four ways and one free pass was given away.

It was announced that Gerald and Ardie Stanley will host a wedding dance on April 1 at the Laurel Town Twirlers at the Laurel City Auditorium. Dale Muehlmeier will be calling.

It was also announced that the Northeast Federation Spring Festival will be Friday, April 13 at the Wayne City Auditorium at 7:30 p.m.

Leather and Lace lessons are still being held at The Oaks at 7 p.m. with round dance lessons fol-

lowing at 8:30 on Thursday evenings. Spectators are always welcome at lessons or regular dances held at the Wayne City Auditorium.

Plans are being made to celebrate Leather and Lace's 25th anniversary, which will be held at the Wayne City Auditorium on Friday, May 11. Lanny Weakland will be calling for the evening.

Recently Leather and Lace dancers went to Laurel Town Twirlers and Norfolk Single Wheelers to steal their banners successfully.

The next scheduled dance will be Friday, Feb. 23 with Doug Phillips calling. Members are reminded to bring snacks for the evening. The dance will begin at 7:30 p.m.

## Senior Center Calendar

(Week of Feb. 19 - 23)  
Monday, Feb. 19: Morning walking; Cards & quilting; Pool, 1 p.m.; Board meeting, 2:45 p.m.

Tuesday, Feb. 20: Morning walking; Cards and quilting.

Wednesday, Feb. 21: Morning walking; Cards & quilting; Pool, 1 p.m.; Special meal & blood pressure, blood sugar and hearing screens.

Thursday, Feb. 22: Morning walking; Cards and quilting; Pitch party, 1:15 to 3 p.m.

Friday, Feb. 23: Morning Walking; Cards & quilting; Pool, 1 p.m.; Bingo, 1:15.

## Senior Center Congregate Meal Menu

(Week of Feb. 26 - 28)  
Meals served daily at noon.  
For reservations, call 375-1460  
Each meal served with bread, 2% milk and coffee.

Monday: Roast beef, mashed potatoes & gravy, asparagus, dark sweet pitted cherries.

Tuesday: Chicken a la King, broccoli, double cheese pear halves, apple juice, brownie.

Wednesday: Swiss steak, baked potato, waxed beans, beet pickle, coconut cream pie.

Thursday: Meatloaf, hash brown casserole, spinach, vegetable sauce, fruit cocktail, ice cream.

Friday: Pork chops, au gratin potatoes, peas & carrots, pasta salad, applesauce.



**50TH ANNIVERSARY CARD SHOWER**  
Lawrence & Bonnie Sprouls  
Thursday, February 22nd  
Cards may be sent to the couple at  
908 Aspen St.  
Wayne, NE 68787  
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11:00 am - 1:30 pm  
3:30 pm - 7:00 pm  
Friday:  
6:00 am to 9:30 am  
11:00 am to 1:30 pm  
3:30 pm to 6:00 pm  
Saturday:  
8:00 a.m. - 10:00 a.m.

**9TH ANNUAL FOOD DRIVE**

**Curves Food Drive**

Join This Week  
**\$0**  
Service Fee!

Bring a bag of non-perishable food items between March 1st and March 10th to your local Curves and join with no service fee. All groceries will be donated to local food banks.

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\*Offer based on first visit enrollment, 12 mo. c.d. program. Not valid with any other offer. Valid only at participating locations. ©2007 Curves International

# Faith

The Wayne Herald



## Church Services

### Wayne

**CALVARY BIBLE EVANGELICAL FREE**  
502 Lincoln Street  
(Calvin Kroeker, pastor)  
(Seth Watson, Associate Pastor of C.E. and Youth)

Sunday: Adult Sunday School for all ages, 9:30 a.m.; Worship, 10:30; Senior High Youth Group, 7 p.m. Wednesday: AWANA Club for children four years old through sixth grade, 6:30 p.m.; Junior High Youth Group, 7.

**FAITH BAPTIST Independent - Fundamental**  
208 E. Fourth St. • 375-3413  
(Pastor Jim Scallions)

Sunday: Sunday school, 10 a.m.; Worship, 11; Evening worship, 7:30 p.m. Wednesday: Bible Study and prayer, 7:30 p.m.

**FIRST BAPTIST**  
400 Main St.

[www.firstbaptistwayne.org](http://www.firstbaptistwayne.org)  
(Douglas Shelton, pastor)

Sunday: Sunday School, Adult and children's classes, 9:15 a.m.; Prayer and Fellowship, 10:15; Worship, 10:30. Wednesday: Bible study, 7 p.m.

**JOURNEY CHRISTIAN CHURCH (Christian)**  
1110 East 7th St.  
[www.waynecfc.org](http://www.waynecfc.org)  
office@journeychristianonline.org.  
(Troy Reynolds, minister)

Sunday: Sunday School, 9:30 a.m.; Worship, 10:30 a.m. Wednesday: Junior High Youth group (CIA), 6:45 p.m.; Senior High Youth Group in Youth Room at church, 7; Home Bible Study, 6:45. Thursday: Home Bible Study, 6:30 p.m.

**FIRST PRESBYTERIAN**  
216 West 3rd St.  
375-2669

(Rev. Ray McCalla, pastor)  
Sunday: Handbell Choir, 8:30 a.m.; Worship, 9:45 a.m.; Church School children dismissed for class at 10; Fellowship time with Sharyn and Jim Paige as hosts, 10:45; Confirmation class, 11; MOPS steering team meeting, 5 to 7 p.m. Monday: Stewardship team meeting, 5:30 p.m.; Session meeting, 7; Wayne State College Bible Study at CrossPoint, 1006 North Main Street, 8 to 10 p.m. Wednesday: Soup Supper and Bible Study, 6 to 7:30 p.m.; Middle

School youth group meeting to follow. Thursday: Wayne State College CrossPoint fellowship time at CrossPoint building, 1006 North Main Street, 8-11 p.m. Saturday: Leaders' Workshop at First Presbyterian Church in Norfolk, 9:30 a.m. to 4:30 p.m.

**FIRST TRINITY LUTHERAN Altona, LC-MS**  
57741 847th Road, Wayne)  
Altona Office (402) 375-2165  
(Rev. David Ohlman, Vacancy Pastor)

Pilger Office (402) 396-3478 Mobile (260) 402-0035  
Sunday: Sunday School, nursery through eighth grade, 9:45 a.m.; Divine Worship with Holy Communion, 11. Wednesday: Joint worship at First Trinity Lutheran, lunch following, 6:30 p.m.

**FIRST UNITED METHODIST**  
6th & Main St.

(Rev. Mary Tyler Browne, pastor)  
Sunday: Newsletters available to pick up. Worship Service, 8:15 and 9:30 a.m.; Mission Luncheon after 9:30 service; Sunday School, 10:45. Monday: Girl Scouts, 7 p.m. Wednesday: Theophilus, 2 p.m.; Kings Kids, 3:40 p.m.; Gospel Seekers, 5:30; Soup Supper, 5:30; Lenten service, 6; Bell Choir, 6; Chancel Choir, 7.

**GRACE LUTHERAN Missouri Synod**  
904 Logan

[grace@gracewayne.com](mailto:grace@gracewayne.com)  
(The Rev. Carl Lillenkamp, Senior Pastor)  
(The Rev. John Pasche, Associate pastor)  
(Stephen Ministry cong.)  
Sunday: Lutheran Hour on KTCH, 7:30 a.m.; Worship with Holy Communion, 8 and 10:30 a.m.; Sunday School and Bible Class, 9:15. Monday: Bell Choir, 6:30 p.m.; Worship, 6:45; Duo Club, 7:30. Tuesday: Adult Information Class, 7:30 p.m. Wednesday: Men's Bible Study, 6:30 a.m.; Bible Class, 9; Grace Senior Luncheon, noon; Lenten Supper, 6 p.m.; Midweek, 6:30; Choir, 7; Lenten Worship, 7:30.

**JEHOVAH'S WITNESSES**  
Kingdom Hall  
616 Grainland Rd.

Sunday: Public meeting, 10 a.m.; Watchtower study, 10:50. Thursday: Theocratic Ministry School, 7:30 p.m.; Service Meeting, 8:20. Saturday: Congregation Book Study, 9 a.m.

**OUR SAVIOR LUTHERAN**  
421 Pearl St. • 375-2899

(Pastor Kim Stover)  
(Pastor Bill Koeber)  
[oslc@oslewayne.org](mailto:oslc@oslewayne.org)  
Friday: Movie Discussion Group, 7 p.m. Saturday: Prayer Walkers, 8:30 a.m.; Worship, 6 p.m.; Family Road Trip - Sioux City Musketeer Hockey Game, 7. Sunday: Contemporary Worship, 8:45 a.m.; Adult Education, Sunday

School and Coffee Hour, 9:50; Traditional Worship, 11; Scrapbooking, 1 p.m.; Conversation Group, 5 and 6:30 p.m. Monday: Tabitha Circle, 7:30 p.m. Tuesday: Bible Study at Tacos & More, 6:45 a.m.; Staff meeting, 9:30; Sunday School Teachers meeting, 7 p.m.; Property Committee, 7. Wednesday: Men's Bible Study, 7 a.m.; Lenten Supper, 6 p.m.; Joyful Noise, 6; Lenten Worship, 7; Choir, 8; Charity Circle, 8. Thursday: Women Who Love to Talk & Eat, 6 p.m.; Prayer Partners, 7.

**PRAISE ASSEMBLY OF GOD**  
1000 East 10th St. • 375-3430

**Pastors Rick and Ellie Snodgrass**  
Sunday: Sunday Service, 10:30 a.m.; Evening Service, 6:30 p.m. Wednesday: Evening Service, 7 p.m. Call for addition information on the ministries available.

**ST. MARY'S CATHOLIC**  
412 East 8th St.

(Fr. Mark Tomaszewicz, pastor)  
375-2000; fax: 375-5782; E-mail: [parish@stmaryswayne.org](mailto:parish@stmaryswayne.org)  
Friday: No Mass; Stations of the Cross & Benediction, 7 p.m. Saturday: Confessions 1/2 hour before Mass; Mass, 6 p.m.; Knights of Columbus Server Training & Appreciation, meet at St. Mary's, 4 p.m. Sunday: First Sunday of Lent. Confessions one-half hour before Mass; Mass, 8 and 10 a.m.; Winter/ Spring Fest at City Auditorium, 11 a.m. to 1:30 p.m.; Spanish Mass, 6 p.m. Monday: Mass, 8 a.m. Tuesday: Mass, 8 a.m. Wednesday: Mass, 8:15 a.m.; St. Mary's Health Ministry meeting, Providence Medical Center, 12:30 p.m.; Religious Education classes with reconciliation for sixth grade. Thursday: No Mass. RCIA, rectory meeting room, 7.

Sunday: Worship Service, 8 a.m. Wednesday: Midweek Lent Service at Winside, 7 p.m.

**UNITED METHODIST CHURCH**  
(Rev. Mary Tyler Browne, pastor)

Sunday: Newsletters available to pick up. Sunday School, 9:30 a.m.; Worship Service, 11 a.m.

### Concord

**CONCORDIA LUTHERAN**  
(Karen Tjarks, Pastor)

Sunday: Sunday School, 9:30 a.m.; Worship, 10:45. Tuesday: Joint Bible Study, 10 a.m. and 2 p.m. Wednesday: ACCTS, 3:30 p.m.; Confirmation, 5; Lenten Worship at Concordia, 7 p.m., Lutheran Men in Mission Serve.

**ST. PAUL LUTHERAN**  
East of town

(Willie Bertrand, pastor)  
Sunday: Bible Study, 8 a.m.; Worship, 9 a.m. Monday: Quilting at St. Paul, 1 p.m. Tuesday: Bible Study at Immanuel, 7:30 p.m. Wednesday: Midweek School at St. Paul, 4 p.m.; Lenten Worship at St. Paul, 7 p.m.

**EVANGELICAL FREE**  
(Pastor Todd Thelen)

Thursday - Saturday: Midwest District Conference at First Free in Lincoln. Sunday: Sunday School, 9:30 a.m.; Morning Worship with Communion, 10:30 a.m.; Choir, 6 p.m.; Youth Group, Evening Bible Study & Children's Choir, 7. Monday: Deacon Board meeting, 7 p.m. Wednesday: Awana & JV, "Junkyard Jamboree," 7 p.m.

### Dixon

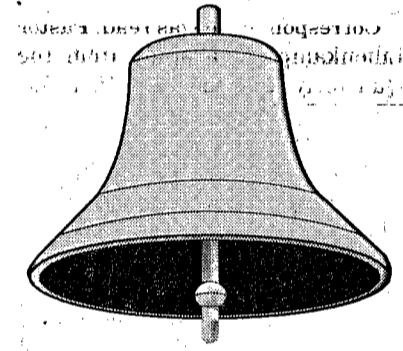
**ST. ANNE'S CATHOLIC**  
(Fr. James McCluskey, pastor)

Sunday: Mass, 10 a.m. Monday: St. Anne's Altar Society meeting, 7 p.m. Wednesday: Religious Education classes, 7 p.m.

### Hoskins

**PEACE UNITED CHURCH OF CHRIST**  
(Olin Belt, pastor)

Sunday: Sunday School, 9:30 a.m.; Worship service, 10:30. Thursday: Dorcas Society, 1:30 p.m.



### Allen

**FIRST LUTHERAN**  
(Karen Tjarks, Pastor)

Sunday: Worship, 9 a.m.; Sunday School, 10; First Lutheran Annual Soup Supper. Tuesday: Joint Bible Study, 10 a.m. and 2 p.m. Wednesday: ACCTS, 3:30 p.m.; Confirmation, 5; Lenten Worship at Concordia, 7 p.m.; Lutheran Men in Mission serve.

**UNITED METHODIST**  
(Pastor Sara Simmons, pastor)

Sunday: Worship service, 9:30 a.m.; Sunday School, 9:45; Fellowship, 10:30. Wednesday: A.C.C.T.S., 3:30 p.m.

### Carroll

**BETHANY PRESBYTERIAN**  
(Gail Axen, pastor)

Sunday: Worship, 9 a.m.

**ST. PAUL LUTHERAN**  
(Rev. Timothy Steckling, pastor)

**TRINITY EVANG. LUTHERAN**  
(Rodney Rixe, pastor)

Sunday: Trinity Bible Hour, 9 a.m.; Worship, 10 a.m. Tuesday: Confirmation class, 8:20 a.m. Wednesday: Confirmation class, 8:20 a.m.; Confirmation class, 4:30 p.m. Thursday: Ladies Aid, 1:30 p.m.

**ZION LUTHERAN**  
(Lynn Riege, pastor)

Sunday: Sunday School, 9:15 a.m.; Worship Service, 10:30 a.m.

### Wakefield

**CHRISTIAN CHURCH**  
3rd & Johnson

Internet web site: <http://www.geocities.com/Heartland/Acres/1262>  
(Bill Chase, Interim pastor)  
(Kobey Mortenson, Youth pastor)  
Sunday: Christian Hour, KTCH, 8:45 a.m.; Prayer Warriors, 9; Sunday School, 9:30; Praise and

Worship, 10:30.

**EVANGELICAL COVENANT**  
802 Winter St.

(Ross Erickson, pastor)  
(Dennis Wood, Minister to Youth)  
web site: <http://www.blomnet.com/church/wakecov>  
e-mail: wakecov@blomnet.com  
Friday - Sunday: Senior High Camp. Sunday: Sunday School, 9:30 a.m.; Morning Worship, 10:45; Prayer Walk, 2 p.m.; Youth 4 Truth, 6. Monday: WIC Clinic. Tuesday: Ladies meet for prayer, 9 a.m.; Worship on Local Cable, 10 a.m. and 7 p.m. Wednesday: Confirmation, 4:30 p.m.; Snak Shak, 5:45 p.m.; Pioneer Club and Junior High, 6:15; Bible Studies, 6:30. Thursday: Men's Bible Study at Tacos & More, 7 a.m.

**IMMANUEL LUTHERAN**  
4 North, 3 East of Wayne

(Willie Bertrand, pastor)  
Sunday: Bible Study, 9:15 a.m.; Worship, 10:30 a.m. Tuesday: Bible Study, 7:30 p.m. Wednesday: Lenten Worship at St. Paul, 7 p.m.

**PRESBYTERIAN**  
216 West 3rd

(Susan Banholzer, pastor)  
Sunday: Worship, 11 a.m.

**ST. JOHN'S LUTHERAN**  
West 7th & Maple

(Rev. Terry L. Bueche, pastor)  
Sunday: Worship, 9 a.m.; Sunday School and Adult Bible Study, 10:15; Youth Bible Study, 7 p.m.

**SALEM LUTHERAN**  
411 Winter Street

(Jerome Cloninger, pastor)  
Saturday: Worship with Communion, 6:30 p.m. Sunday: Sunday School, 9 a.m.; Worship with Communion, 10:30 a.m.; Choir, 5:30 p.m. Monday: Quilt Day, 9 a.m.; Altar Guild, 6:30 p.m. Tuesday: Bible Study, 10 a.m.; XYZ. Wednesday: Confirmation, 4:30 p.m.; Meal, 6; Lenten Service, 6:45. Thursday: Video on Local Cable, 10 a.m. and 7 p.m.; Circles, 9:30 a.m., 2 p.m. and 7:30 p.m. Saturday: Contemporary Worship service with Communion, 6:30 p.m.

### Winside

**ST. PAUL'S LUTHERAN**  
218 Miner St.

(Pastor Timothy Steckling)  
Sunday: Bible Study, 9:15 a.m.; Sunday School and fellowship, 9:30. Wednesday: Midweek Lent Service at Winside, 7 p.m.

**TRINITY LUTHERAN**  
(PMA Glenn Kietzmann)

Sunday: Sunday School, 9:30 a.m.; Coffee Fellowship, 9:30; Worship Service, 10:30.

**UNITED METHODIST**  
(Carol Jean Stapleton, pastor)

(Parish Assistants - Freeman Walz, CLS and Judy Carlson, CLS)  
Sunday: Newsletter Sunday. Children's Sunday School, 10 a.m.; Worship Service, 11:15 a.m. Tuesday: United Methodist Women meeting, 1:30 p.m. Wednesday: Pastor in Pierce office, 1 p.m.; Confirmation class, 4 p.m.

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**St. Mary's Winter/Spring Fest**  
February 25th - Wayne City Auditorium

**Beef or Pork Roast Dinner**  
11 a.m. - 1:30 p.m.  
\$7 adults \$3 children ages 4-12  
Dinner includes mashed potatoes and gravy, vegetable, dinner roll, beverage and complimentary dessert

**Raffle Tickets just \$1 each**  
Cash prizes of \$1000, \$500, \$250, \$175-\$75  
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**Special visit**

The Doane College Choir, under the direction of Kurt Runestad, above, presented a concert at Our Savior Lutheran Church in Wayne last week. During annual national tours, the choir has presented concerts in Boston, New York City, Phoenix, Tucson, Pasadena, San Diego, Denver and at the National Cathedral in Washington, D.C. Kurt is the son of Cornell Runestad of Wayne, Emeritus Professor of Music at Wayne State College, and the two posed together following the concert.



**Joy Circle learns about Tanzanian visit**

Joy Circle of Our Savior WELCA met Feb. 14 with 11 members present. Lois Youngerman read letters from the CCF child in Africa. He is now 13 years old. At the present time, he is a sixth grader. He has taken an entrance test to enter seventh grade. With the Christmas gift from the Joy Circle he was able to buy a jacket, trousers and a shirt. For devotions Ruth Grone read 1 Corinthians 13: 13 about love. She gave each person present a little box of love. Margaret Hansen showed a video of her trip this past year to Tanzania. While there, she visited with Pastor Kiwelu, who have been an exchange pastor in Wayne. This was during the time Pastor Russell was in Tanzania. Mrs. Hansen visited Agape Lutheran Junior Seminary (secondary school). It costs about \$38 per year to go to this school. Kindergarten classes at the Kotela Church costs students \$14 per month. She also visited the Machome Hospital. Hostesses at the meeting were Rodella Wacker and Dorothy Grone.

**Training to be offered at Wayne State**

Safe environment training is required of all personnel, i.e. priests, deacons, paid staff and volunteers who have regular contact with children and young people at the time they enter service in the name of the Church (Archdiocese of Omaha, Child Protection policy 4a, p15). At the request of several Catholic Newman Center students who are doing a service weekend with youth grades 6-12, a Safe Environment Training has been scheduled at Wayne State College on Friday, March 16. The training will run from 2-5 p.m. in the Student Center Niobrara Room. All necessary forms will be made available at the time of training. Those planning to attend are asked to "register" by Thursday noon, March 15. This public is welcome. A \$10 registration fee to cover training costs is required, checks made payable to the Archdiocese of Omaha. The trainers are Marilyn Blunk of Pierce and Sr. Cynthia Hruby. To register or for more information, contact Sr. Cynthia at cahruby@archomaha.org or 375-1155.

**Grace Ladies Aid conducts February meeting**

The February meeting of Grace Ladies Aid and LWML was called to order by President Delores Utecht. Nineteen members and Pastor Lilienkamp were present. Opening

devotions were led by Beverly Hansen. The LWML Pledge was read and a reading from the Portals of Prayer and singing "Christ the Life of All the Living" was sung. Minutes of the previous meeting were read and approved. The treasurer's report was given and filed for financial review. The Visiting Committee reported sending many cards and visiting Premier Estates. The Funeral Committee reported serving the Rosa Fredrickson funeral. The Mission Service Committee reminded everyone of the LWML International Convention in South Dakota in June.

Esther Brader with the Sewing Committee showed a quilt which will be given to Adam and Susan Lilienkamp for their new baby. The next sewing day has been scheduled for Feb. 22. Verdel Reeg reported on sending flowers for the 90th birthday of Ellain Vahlkamp. Bonnadell Koch will write the seminary student this month. The Spring Workshop will be held at St. John's Lutheran Church in Wakefield in April. Correspondence was read. Pastor Lilienkamp led a study from the Quarterly entitled "Do You See What I See?" Mites were collected. The meeting adjourned with The Lord's Prayer and table prayer. The birthday song was sung for Esther Hansen, Marian Baier and Ruth Victor. Hostesses were Betty Wittig and Leoma Baker. March hostesses will be Verdel Reeg and Elinor Jensen.



**Mikkelsen's to note 50th anniversary**

An open house is being planned for Delvin and Mardelle Mikkelsen's 50th wedding anniversary. The event will be held Sunday, March 4 from 2 to 4 p.m. at Grace Lutheran Church in Wayne. The couple was married March 3, 1957 at St. Paul's Lutheran Church in Wayne. Their family includes Lori and Doug Van Ede of Brandon, S.D., Jan and Dave Doescher of Wayne and Karen and Dan Ellsworth of Alabaster, Ala. They also have four grandchildren. The honorees request no gifts. Cards may be sent to them at 84824 577th Avenue, Wayne, Neb. 68787.

**Another beginning calligraphy class scheduled at NECC**

Students interested in learning calligraphy are encouraged to register for a Beginning Calligraphy class scheduled at Northeast Community College in Norfolk in March. The class, with course number ART 0600-01/07S, will meet Mondays, March 12 and 19, from 6-8 p.m. in the Lifelong Learning Center on the Northeast campus in Norfolk. Students will learn the art of beautiful calligraphy lettering as instructor Beverly Perske teaches the basic strokes and the upper/lower case Italic alphabet. This class will give participants great basics for creating their own cards, stationary or stencil designs. Students may purchase a required medium-tip calligraphy pen and workbook from the Northeast Bookstore. Cost of the class is \$9.20. To register for this class, please call (402)844-7000.

**Wanted ... Church news**

The Wayne Herald would like to print information and schedules from area churches. All information submitted to the Herald by Monday at 5 p.m. (delivered to the Herald office) or emailed by 8 a.m. on Tuesday will be included in that week's edition of the paper. Articles can be mailed to P.O. Box 70, Wayne, Neb. 68787 or emailed to clara@wayneherald.com

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Tuna Melt Baskets \$5.29  
Egg Salad Sandwich & Cup of Soup \$4.49

Sunday, Feb. 25 Dinner Special **\$5.89**  
Pork Loin, Potato, Vegetable, Salad, Coffee & Dessert

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Tips From **Herman CHIROPRACTIC**

For a Healthier Heart!!!

- Eat a well balanced, low fat & high fiber diet.
- Stay active - those legs are made for walking!
- If you smoke, try to quit.
- Help manage your stress, by getting 6-8 hours of sleep every night.
- Have fun, laughter is the best medicine!

Some easy tips that you can incorporate into your everyday life to stay healthy:

- ♥ Take the stairs instead of an escalator or an elevator.
- ♥ Park your car at the far end of the parking lot.
- ♥ Take a stroll during your lunch break.
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- ♥ Make family time, quality time by going for a walk after dinner.

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# Allen News

Missy Sullivan  
402-287-2998

## SWEETHEART CORONATION

The 2007 Sweetheart Coronation and Dance took place Saturday at the Allen Gym. During the coronation,

Sweetheart King and Queen were announced. The 2007 King was Ross Rastede, son of Wayne and Mary Rastede. The 2006 Queen was Brooke Stewart. The Junior attendants were Michael Bock and Whitney Smith. The sophomore attendants were

Brandyn Stewart and Holly Stark. The freshmen attendants were Megan Stewart and Cody Stewart. After the coronation, the Sweetheart dance was held until 11:30 p.m.

## DINNER & SLIDES OF IRAQ

On Saturday, Feb. 24, the United Methodist Church will be hosting a Soup and Sandwich dinner for a free will donation. They will begin serving at 5:30 p.m. Following the dinner, a few members of the Armed Forces will share their experiences and slides of their time

served in Iraq. The community is invited to attend.

## POPS CONCERT

The Allen Music Department will present their annual Pops Concert on Monday, Feb. 26 at the Allen gym. Students in grades 5 - 12 will present a variety of music with five different groups and several solos. You are invited to join them for a great night of musical entertainment.

## NATIONAL GEOGRAPHY BEE

The National Geography Bee was held the week of Jan. 8 with all fifth through eighth grade students involved. National Geographic developed seven rounds of questions, each with a different theme. Winner of the oral questioning was Chase Isom who then took the written test. It was sent for grading to National Geographic. The top 100 winners in the state will advance in April to state competition.

## DIXON COUNTY SPELLING BEE

The Dixon County Spelling Bee will be held on Tuesday, Feb. 27 at the Haskell Ag. Lab. in Concord. The Spelling Bee is scheduled to begin at 1 p.m.

## NO SCHOOL

There will be no school on Friday, March 2.

## COMMUNITY CLUB

Did you know that the Allen Community Club has an entry in the surrounding town's parades? Make a note to come to the meeting next month, March 19.

## COOKBOOKS

The Allen Eagle Cookbooks are printed and ready for sale. Contact Carla Logue, Donna Kraft, Kathy Wilmes, Tina Sullivan or Barb Sands for a copy.

## DIXON COUNTY HISTORICAL

There will be no meeting in February for the Dixon Historical Society. The groups next meeting will be Tuesday, March 20.

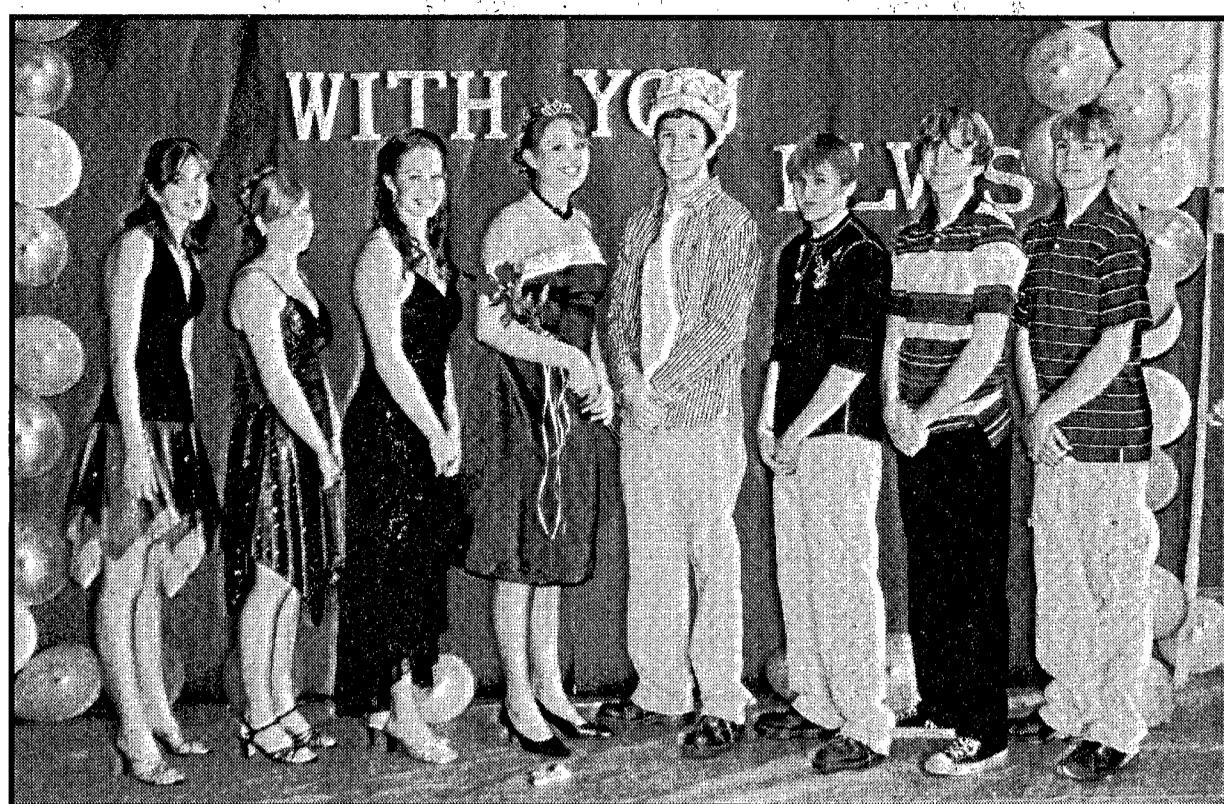
## SENIOR CENTER

Friday, Feb. 23: Brunch at 8 a.m. - Egg casserole, bacon, hash-browns, and coffee cake.

Monday, Feb. 26: Salmon patty, ranch potatoes, peas, oranges.

Tuesday, Feb. 27: Hot beef sandwich, mashed potatoes, California blend, apricots.

Wednesday, Feb. 28: Meatloaf,



Allen Sweetheart coronation royalty includes (with parents names in parenthesis), left to right, Meghan Stewart (Steve and Brenda Stewart), Holly Stark (Randy and Rhonda Stark), Whitney Smith (Rick and Joy Smith), Brooke Stewart (Steve and Brenda Stewart), Ross Rastede (Wayne and Mary Rastede), Michael Bock (Rob and Joy Bock), Brandyn Stewart (Troy and Amy Stewart), and Cody Stewart (Troy and Amy Stewart).

scallop potatoes, corn, peach cobbler.

## COMMUNITY BIRTHDAYS

Friday, Feb. 23: Marvin Oswald, Cindy Kraemer, Carl and Eileen Hedlund (A).

Saturday, Feb. 24: Eric Oswald.

Sunday, Feb. 25: Nichole Burcham, John and Janet Noe (A).

Monday, Feb. 26: Mick Boyle, Fay Smith, Mike and Val Isom (A), Valdemar and Ruth Grimaldo (A).

Tuesday, Feb. 27: Mary Ann Frerichs, Pat and Steph Brentlinger (A).

Wednesday, Feb. 28: Jacob Malcom, Robert Adair, Jr., Butch Sperry, Holly Johnson, Bette O'Quinn.

Thursday, March 1: Willie Bertrand, Gaylen and Carol Jackson (A).

Friday, March 2: Ray Sievers, Rick Ketelsen, Katherine Chapman, Bob and Julie Kumm (A), Milfor and Myrna Roeber (A).

## COMMUNITY CALENDAR

Friday, Feb. 23: Tattling at 10 a.m. at the Senior Center; FFA WEEK

Saturday, Feb. 24: Conference

Art Show at Walthill; Conference Speech at Walthill.

Monday, Feb. 26: Pops Concert 7 p.m. at gym.

Tuesday, Feb. 27: Somerset at 1:30 p.m.; Dixon County Spelling Bee 1 p.m. at Haskell Ag Lab.

Wednesday, Feb. 28: District Ag. Career Contest.

Thursday, March 1: Girls State Basketball; Senior Center Board meeting.

Friday, March 2: Tattling at 10 a.m. at the Senior Center; No School; Senior Center Birthday Party.

## Midstates Community and Economic Development Conference slated for March 20

The seventh annual Midstates Community and Economic Development Conference will be held Tuesday, March 20 at the Marina Inn, Fourth and B Streets in South Sioux City, Neb. The focus of the one-day program is to offer successful strategies and innovative ideas to advance community and rural development in the three-state region. The conference is a joint partnership of agencies and organizations in Iowa, Nebraska, and South Dakota.

Beth Davis, president of South Dakota Rural Enterprise, will open the conference with a session on "Imagining the Future of the Northern Great Plains." Four stories of the possible futures of the Northern Great Plains will be explored by participants. The scenarios can be previewed at [www.meadowlarkproject.com](http://www.meadowlarkproject.com).

Eight workshops on successful community development efforts will be presented by local leaders who were "in the trenches." They will answer questions on what it takes for a successful local development project. Topics for these workshops include entrepreneurship, regional collaborations, creative financing, mainstreet improvements, organic/value added agriculture and improving the quality of life (such as walking and biking trails).

Presentations will be made by representatives from the following

communities. In Iowa: Alton, Cherokee, Clarion, Lake Park, Onawa, Orange City, Rock Valley, Sioux City, Storm Lake and Woodbury County. In Nebraska: Bassett, Laurel, Plainview, Tilden, Valley County and Wayne. In South Dakota: Faulkton, Jerauld County, Turner County and Hutchinson County.

"Hearing success stories from local communities empowers those who come to learn," said Woodbury County Extension Education Director Sherry McGill. "That plus the networking opportunities for local community leaders is what makes this conference so useful to people." Communities are encouraged to bring four or more representatives to the conference so one person can be at each of the four sessions that will run concurrently. Over the years, average attendance for the conference has been around 200 local leaders from the region.

Pat McGill from McGill Training Resources will be presenting the afternoon program discussing how area leaders can leave fear behind and live their best lives possible, in heart-spirited communities that are real, rural, ready, reachable and remarkable.

The planning committee for the Midstates conference is made up of Woodbury County Extension-Iowa State University; University of Nebraska Lincoln-Extension; USDA Rural Development of Iowa,

Nebraska, and South Dakota; Nebraska Loess Hills RC&D; Sioux Rivers RC&D; SIMPCO Council of Governments; City of South Sioux City, Neb.; East River Electric Power Cooperative; Center for Rural Affairs; Plymouth County, Iowa, Economic Development; South Dakota Rural Enterprise Inc.; Siouxland Community Foundation; Northwest Iowa Power Cooperative; SCORE; and U.S. Small Business Administration.

Financial sponsors of the conference include Avera Health, Central Bank, East River Electric Power Cooperative, Elkhorn Valley Economic Development Council, First American Bank, Great Plains Communications, Iowa Department of Economic Development, Iowa-Nebraska State Bank, Iowa State University Vitality Center, Mr. Lance Ehmcke, Nebraska Department of Economic Development, Nebraska Public Power District, University of Nebraska Rural Initiative, Northwest Iowa Power Cooperative, Plymouth County Economic Development.

More financial sponsors of the conference include Security National Bank Trust, SIMPCO Council of Governments, Sioux City Journal, Siouxland Community Foundation; The Siouxland Initiative, South Dakota Community Foundation, South Dakota Governor's Office of Economic Development, South Dakota Rural Enterprise Inc., Wells Blue Bunny and Woodbury County Rural Economic Development.

A conference program and registration form can be downloaded at [www.extension.iastate.edu/woodbury](http://www.extension.iastate.edu/woodbury). Registration, including lunch, is \$35 before Monday, March 12 and \$45 after that date. For more information, call Woodbury County Extension Education Director Sherry McGill at (712) 276-2157.

## EVERY SHOE ON SALE!



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## DRUG & ALCOHOL EDUCATION CLASS

**February 28 • 9 a.m.-5 p.m.**  
**Providence Medical Center Board Room**  
**Cost: \$75.00**

**This class will consist of educational information, speakers, presentations and open discussions.**

**If you have questions or would like to register, please contact Jill Belt at 402-375-3800 or leave a message at 402-375-7659.**

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## WAYNE VETS CLUB PANCAKE BREAKFAST

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# Just one more heart attack, Doc, please!

By Joseph L. Kummer, MD  
BryanLGH Heart Institute.  
Lincoln, NE.

Of all the patients I have seen following their first heart attack, I have yet to find one who was particularly interested in having another. Admittedly, should I ever encounter an individual requesting a heart attack, "bigger and better



Joseph Kummer, MD,  
BryanLGH Heart Institute

than the last one," then I would be tempted to offer a referral to a qualified psychiatrist.

If we look at the prevalence of heart disease in the United States, it can be discouraging to see how many of us have or will develop some form of heart-related illness in life. Heart disease remains the leading cause of death in America, and most of us have a dear friend or family member who is a victim of heart disease. Heart attacks develop as a consequence of several risk factors. In my opinion, ignoring these risk factors is essentially the equivalent of asking for a heart attack.

Heart disease is not only treatable, but also preventable. I frequently tell my patients that it is a lot easier to prevent a heart attack than to treat one. The primary barrier to prevention, however, is that those who are at risk for heart disease often feel perfectly fine until their first symptom of heart disease, which may be a large, terrifying, and potentially lethal heart attack.

However, we have very effective means of identifying these risk factors for heart attacks before a tragic event occurs. These risks consist

## Goldenrod Hills observes American Heart Month

Goldenrod Hills Community Action Every Woman Matters Program would like to remind everyone February is American Heart Month.

Did you know that February is American Heart Month, and not because of Valentine's Day? Every year since its congressional approval in 1963, the President has issued a proclamation to this effect, to help raise public awareness of heart disease.

What comes to mind when you hear the phrase "heart attack?" People of a certain age may think of Redd Foxx's portrayal of Fred Sanford of "Sanford and Son." In the 1970s, Foxx could be seen regularly on TV clutching his chest as he faked a heart attack and shouted to his deceased wife, "This is the big one! Hang on, Elizabeth, I'm coming to join you!"

This may have made for funny television, but that type of scene plays right into society's misconception that only elderly men suffer from heart disease or stroke.

Here's a statistic for you: While heart disease and stroke kill one in every 3.7 men, one in 2.4 women lose their lives to heart disease and stroke. They are the No. 1 and No. 3 killers of women. By way of comparison, breast cancer kills one in 29 women.

Perhaps ever more staggering is the fact that a majority of women don't know how deadly heart disease and stroke are.

Knowledge is power, but how many women take the time to find out what we need to know?

That's why Goldenrod Hills Community Action Every Woman Matters Program is celebrating American Heart Month which aims to educate women so that they can lead longer and healthier lives. For more information contact the Every Woman Matters Program at Goldenrod Hills Community Action or the American Heart Association at [www.americanheart.org](http://www.americanheart.org)

of both factors that we can and cannot control. Those beyond our control include age, gender, and genetic factors. But we can prevent or treat others such as smoking, diabetes, high blood pressure, and high cholesterol.

Of these, we have made substantial progress in reducing the rate of smoking in America. According to data published by the Centers for Disease Control and Prevention, the number of adult Americans who smoke cigarettes decreased from 42 percent in 1965 to 22 percent in 2003. There is still a long way to go until that number is zero, but the progress is encouraging. Those who choose to smoke are generally aware of their risk of lung cancer. However, I am often surprised that many smokers do not realize that smoking greatly increases their risk of all forms of heart disease, including heart attacks. In fact, people who smoke are twice as likely to die from a heart attack as they are to die from lung cancer.

A very large number of Americans have treatable risk factors for heart disease but are unaware of their risk. Among these risk factors, the most common are high blood pressure and high cholesterol. It is currently recommended that everyone above the age of 20 have their cholesterol checked at least every five years. Furthermore, every adult in America should have their blood pressure checked on a regular basis, including at each doctor's visit.

You may find that your blood pressure and cholesterol levels are much higher than the ranges considered safe, even if you feel perfectly fine. These illnesses are thus often referred to as "silent killers," since the damage that they cause often goes unnoticed until it is too late. The only way to know is to see a physician regularly and have these factors assessed and treated if necessary.



## Three Nebraska buildings 'Go Red' to fight heart disease

Nebraska is going red border to border this February in celebration of American Heart Month.

Chimney Rock, the State Capitol and Methodist Hospital in Omaha will be lit in red lights during the month of February.

"The buildings are being lit as a reminder that heart disease is the No. 1 killer of Nebraskans," said American Heart Association spokesperson, Brook Matthews. Awareness activities like building lightings have helped the American Heart Association raise awareness and reduce deaths due to heart disease. "More people are aware of the risk factors and warning signs of heart disease, plus doctors are learning better treatment methods," said Matthews. "The sooner you seek treatment, the greater your chances of survival."

The Center for Disease Control reports a steady decrease in heart disease mortality rates among Nebraskans. Over a 10 year period, from 1994 to 2004, heart disease mortality rates in Nebraska

dropped from 33.5 percent to 25.5 percent of all deaths. However, prevalence of heart disease risk factors like obesity, physical inactivity and diabetes are on the rise. "That's why awareness activities are so vital to our success in the fight against heart disease," said Matthews.

The building lightings are no small task for organizers. The city of Bayard, home of Chimney Rock, has been working for months with the Panhandle Public Health District (PPHD) on the lighting logistics. "We actually had to send one of the light fixtures to a vendor in Utah to have it fitted for a special device that will make the light shine red," said Jessica Davies, Wellness Coordinator with PPHD.

This year marks the fourth time the Nebraska State Capitol has been lit red. Roxanne Smith, Tourism Supervisor for the State Capitol, is responsible for coordinating lighting requests. She said weather presents unique challenges for lighting the Capitol



building. "Snow and ice make the roof slippery. Windy conditions are also difficult, as our workers actually have to go on the roof and change the lights one by one," said Smith. The Capitol building was also set to host the Faces of Heart Photo exhibit, presented by the American Heart Association, from Feb. 6-12 in the Rotunda. The exhibit represents a cross section of Nebraskans who have been affected by heart disease. It will travel to six other communities across the state this spring.

Methodist Hospital will use an extra generator to supply power for the lights, which have to be turned on in phases. "As the leading

provider of women's health care services in the region, we are proud to take a lead role with the American Heart Association's Heartland affiliate to help raise awareness of heart disease in women," said Steve Goeser, executive vice president and chief operating officer for Methodist Hospital.

"Despite ongoing efforts, many women still are not aware that heart disease is their number one killer. It is our hope that efforts such as this will help build a level of consciousness similar to that of the risks of cancer," Goeser said.

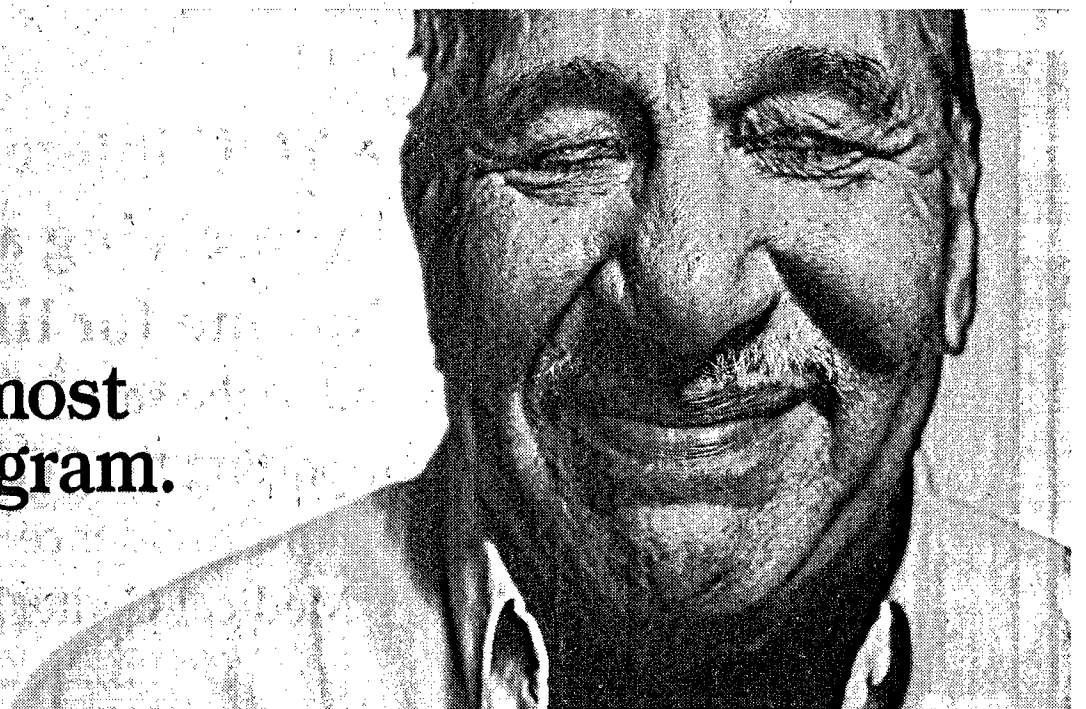
The Go Red for Women campaign helps women understand their risk for heart disease and empowers them to take charge of their health by talking with a doctor and making healthy lifestyle changes.

"A series of small changes can add up to major health benefits," said Matthews.

For more information on Go Red for Women, log on to [www.goredforwomen.org](http://www.goredforwomen.org)

BryanLGH Heart Institute

## The face of the region's most comprehensive heart program.



Meet Dale. 70 years old. Ran Rocky Mountain trail rides. Worked the local Sale Barn. Even drove a horse ambulance. A self-described "feedyard cowboy."

But congenital heart disease and a series of three different heart attacks found Dale in the BryanLGH StarCare helicopter on an emergency ride of his own. Left with only 3 percent heart muscle function and no hope for a transplant, his life hung in the balance.

The heart specialists at BryanLGH recommended an innovative and highly specialized procedure utilizing a mechanical LVAD (Left Ventricular Assist Device). With his artificial heart, Dale is now back in the saddle with a new lease on life.

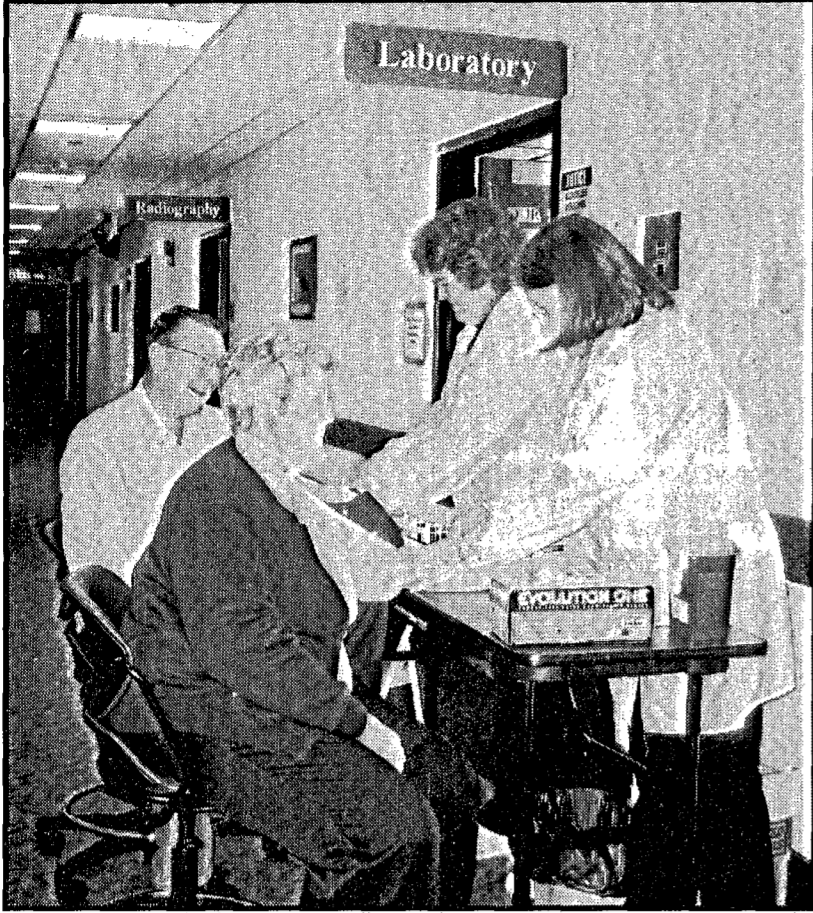
As Nebraska's only hospital designated for LVAD use as a "destination therapy,"\* we offer comprehensive treatment available for serious heart disease. And Dale is living proof.

\*Centers for Medicare and Medicaid Services

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## Providence Medical Center Cardiac Rehab program offers exercise and education for participants

By Terri Beza, RN  
Cardiac Rehab Supervisor

Cardiac Rehabilitation is a nationally recognized health care program designed for people who have had specific heart events. Generally, people who have had a heart attack, coronary artery bypass graft, stable angina, valve repair or replacement, heart-lung transplant or a heart catheterization/stent placement complete a course of cardiac rehab with emphasis on physical strengthening and education.

Providence Medical Center's cardiac rehab program offers exercise and education for participants, strengthening their physical condition strength and also informing participants of ways to reduce their future risk of heart disease.

Participants in Cardiac Rehab attend sessions three times weekly. Heart monitors are utilized on each participant while they are guided through exercise workouts on a treadmill, stationary bike and NuStep exercise machine. Exercise levels are increased as participants tolerate such. Frequently, participants use a scale to rate their per-

ceived exertion when exercising on each piece of equipment. As sessions progress, it becomes easy to see participants gaining strength and feeling better about themselves overall. They report feeling less fatigued and having more energy.

Reviewing risk factors of heart disease is another essential component of cardiac rehab. Risk factors include high blood pressure, high cholesterol, diabetes, smoking, lack of physical/aerobic activity, obesity, increasing age, gender, race, family history and history of previous heart attack or stroke. Most participants are very aware of their personal risk factors of heart disease. While they were hospitalized during their heart event, physicians and nurses assist patients in identifying their risk factors or heart disease. When participants start cardiac rehab, it is important staff provide reinforcement of risk factor education.

Working in Cardiac Rehab is rewarding. It's great to see participants get back on track in their life. When they start feeling more energetic and tell us they are starting to walk faster than their spouse can, we know that an individual just met a goal: increased physical strength. That in turn makes us feel good. It's also rewarding getting to know participants over a six-week period. You learn a lot about people and their families, their hobbies, their stories while growing up and it's all interesting. And it's also neat to catch up with them several months or years after they finish cardiac rehab and find out they are still doing great!

We encourage anyone with questions about Providence Medical Center's Cardiac Rehab program to contact us by calling 402-375-3800.

For more information on heart disease and risk factors, the staff suggests a couple of websites: americanheart.org and deliciousdecisions.org. Both websites are packed full with a wide variety of information and facts.



## LifePointe by BryanLGH offers computerized workout buddy system

LifePointe by BryanLGH, located at 7501 So. 27th St. in Lincoln is the first and only facility in Nebraska to offer the computerized training software called FitLinxx.

FitLinxx serves as an electronic personal training "buddy" that enables members to follow recommended exercise programs, receives instant feedback, and easily measure their progress through access to their own exercise data.

A small FitLinxx computer is attached to specific strength training machines that remember and record your correct seat position, count your sets and repetitions and monitor your speed and range of motion for each exercise. For cardiovascular equipment, each machine's existing console is simply networked to FitLinxx and tracks the results of your workout

including time, distance and calories.

FitLinxx extends beyond the LifePointe facility with on-line access anytime, anywhere. You can log other workouts you've performed such as free weights, BODYPUMP® or cycling class, swimming, golfing, tennis, or a basketball game. You can then review your complete workout history in easy-to-read charts and graphs.

FitLinxx, only offered at LifePointe by BryanLGH, is easy to use and makes exercise more fun, meaningful and successful.

To learn more about reaching your full fitness potential with a LifePointe membership, stop by 7501 S. 27th St., south of Pine Lake Road in Lincoln, or call (402) 481-6300 or visit us online at www.bryanlghlifepointe.com.

## Checking things out

Fritz and Joann Temme of Wayne were among those taking advantage of Providence Medical Center's annual cholesterol/lipid and diabetes screening. The screening takes place each year during February in observance of Heart Month. Approximately 50 persons registered on the first day of three-day event.

### Women's Health

## Keep informed to remain heart healthy

On Feb. 2 American Heart Month kicked off with National Go Red for Women Day (www.goredforwomen.org). Americans are encouraged to wear red, and by doing so, to help raise awareness about the #1 killer of women.

Heart disease is responsible for more deaths among women—about 480,000 women every year—than the next four most common causes of death combined. One in three women will develop heart disease in a lifetime, but many women still do not know they are at risk.

While age and family history play a role in personal susceptibility to heart disease, most of the additional risk factors are modifiable.

Cholesterol occurs naturally in the body, but when present in excess, cholesterol can cause fatty deposits (plaque) to build up in the arteries. Plaque build-up eventually hardens and narrows the blood

vessels (arteriosclerosis), restricting blood flow to the heart and setting the stage for a heart attack or stroke. Lowering "bad" cholesterol (LDL) and raising "good" cholesterol (HDL) can help slow plaque build-up. Ideally, a woman's total cholesterol should be less than 200, LDL less than 100, and HDL greater than 60.

High blood pressure puts extra strain on the heart and blood vessels, increasing the risk of heart attack and stroke. It can also damage the kidneys, brain, and eyes. Systolic blood pressure of less than 120 and diastolic blood pressure of less than 80 (read "120 over 80") is optimal.

Having diabetes increases the chances of heart problems. Additionally, women with diabetes often have other risk factors for heart disease, such as obesity, high cholesterol, and high blood pressure. Managing diabetes with

healthy lifestyle changes will also help to minimize these other conditions and protect your heart.

### What You Can Do

Stop smoking. Smoking lowers HDL ("good" cholesterol) and exacerbates high blood pressure and heart disease, so if you smoke, quit. Losing weight, exercising for 30 to 60 minutes on most days of the week, and lowering dietary fat and sodium intake also work against high blood pressure, high cholesterol, and diabetes. If these interventions don't work, talk to your doctor about medications that may help.

Go Red, be informed, and make heart health a priority.

For more information, the Patient Education Pamphlet "Keeping Your Heart Healthy" is available at www.acog.org/publications/patient\_education/bp122.cfm.



Are YOU interested in receiving an income for life and at the same time supporting the mission of Providence Medical Center?

Rick and Bonnie Lund of Wayne have taken advantage of a two-life Charitable Gift Annuity offered by the Providence Medical Center Foundation. "We wanted to support the work of Providence Medical Center. Rick served on the Foundation Board of Directors for a number of years and has a keen appreciation for keeping a hospital in Wayne. Besides, the whole charitable gift annuity proposal was attractive for us. We receive our payments as we designated for as long as we live, and then when we are gone the remainder of the money goes to the foundation to help Providence Medical Center. It's a win-win deal."

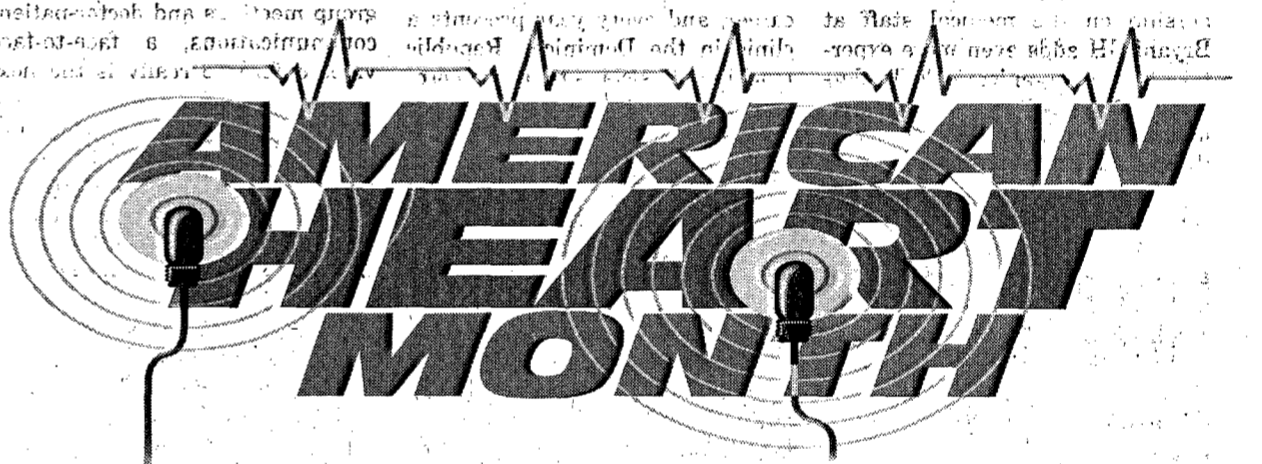
Age	Two Life Gift Annuity Payout Rate
60	5.0%
65	5.5%
70	5.7%
72	5.9%
74	6.0%
76	6.1%
78	6.3%
80	6.6%
82	6.8%
84	7.1%
86	7.5%
88	7.9%

Just like Rick and Bonnie, you too may establish a Charitable Gift Annuity with the Providence Medical Center Foundation, and in return receive a fixed annuity amount each year *for the rest of your life.*

- ⇒ Take advantage of an immediate income-tax charitable deduction;
- ⇒ Part of the annuity payments may be tax-free;
- ⇒ You may reduce and defer capital gains tax by donating appreciated securities;
- ⇒ You may fund a charitable gift annuity by donating real estate.

**Providence Medical Center Foundation**  
1200 Providence Road • Wayne, NE

The Foundation encourages you to seek the advice of your attorney or qualified estate professional in all discussions regarding your consideration of a Charitable Gift Annuity, or any other matters pertaining to your estate. For details, please feel free to contact Sandy at the Foundation Office Today.  
**402-375-5529**



## Faith Regional Health Services celebrates Cardiac Rehabilitation Week

The Cardiac Rehabilitation Department at Faith Regional Health Services celebrated National Cardiac Rehabilitation Week, Feb. 11 - 17.

In 2006, over 100,000 Americans utilized cardiac rehabilitation services to recover from a heart event. Nearly 2,500 individuals participated in Faith Regional's Cardiac Rehabilitation Program.

Cardiac Rehabilitation is a set of services offered to patients who have experienced a heart event. These services include a monitored exercise plan, education to help reduce risk factors of heart disease

and support for patients and their families. Faith Regional's program provides the patient with classes on physical conditioning, personalized education and preventive care in an effort to reduce risk factors and improve overall health.

The professionals in the Cardiac Rehabilitation department, specially trained nurses, doctors, exercise specialists, nutritionists, social workers and spiritual care professionals, provide a safe and caring environment to assist individuals in reaching their highest potential.

In recognition of Cardiac Rehabilitation Week, Faith

Regional offered gift certificates for the Cardiac and Pulmonary Maintenance Program to promote prevention and continued healing. These gift certificates for maintenance exercise can be purchased for those patients who have graduated from a Cardiac Rehabilitation Program or for the patient's spouse.

To purchase a gift certificate or to learn more about Faith Regional's cardiac rehabilitation services, contact the Cardiac Rehabilitation Department at Faith Regional Health Services, (402) 644-7560.

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# Is your cholesterol in limbo?

By Joseph L. Kummer, MD  
BryanLGH Heart Institute.  
Lincoln, NE.

of having a heart attack. At different times in history, there have been contagious diseases like the Bubonic Plague, cholera, and tuberculosis that dominated health care at their time. Cholesterol appears to be today's

Bubonic Plague. Cholesterol is an integral part of the build-up of plaques called plaques that accumulate inside arteries that supply blood to the heart. These blockages can cause heart attacks. Heart disease is the number one killer in America.

require the patient to have routine blood tests. Fortunately, as long as these blood tests are performed, there does not appear to be any significant increase in risk of other illnesses or adverse effects on the body as a result of very low cholesterol levels, at least not in the short term. However, it may be too early to say conclusively that there are no long term adverse effects from low cholesterol levels, but this is thought to be unlikely and the long-term benefits are quite substantial. It appears that your physician can safely and significantly reduce your risk of heart disease by aiming for very low levels of cholesterol. In other words, start the limbo music.

On your last visit with your physician, there is a good chance that you had a discussion regarding whether or not your cholesterol was "low enough." It occurred to me that patients may question whether their physicians have inadvertently taken the art of limbo dancing into their office. Even if your cholesterol is already low, your physician may try to drive it even lower. In limbo dancing, lower is better. Does this apply to cholesterol, as well?

It may surprise you that even if your cholesterol is not significantly different than it was one or two years ago, your physician may now tell you that it is too high. Your physician may even recommend starting a medication or changing your lifestyle habits to lower your cholesterol level. This is because recent studies have changed the medical community's understanding of what levels of cholesterol are most effective in reducing your risk



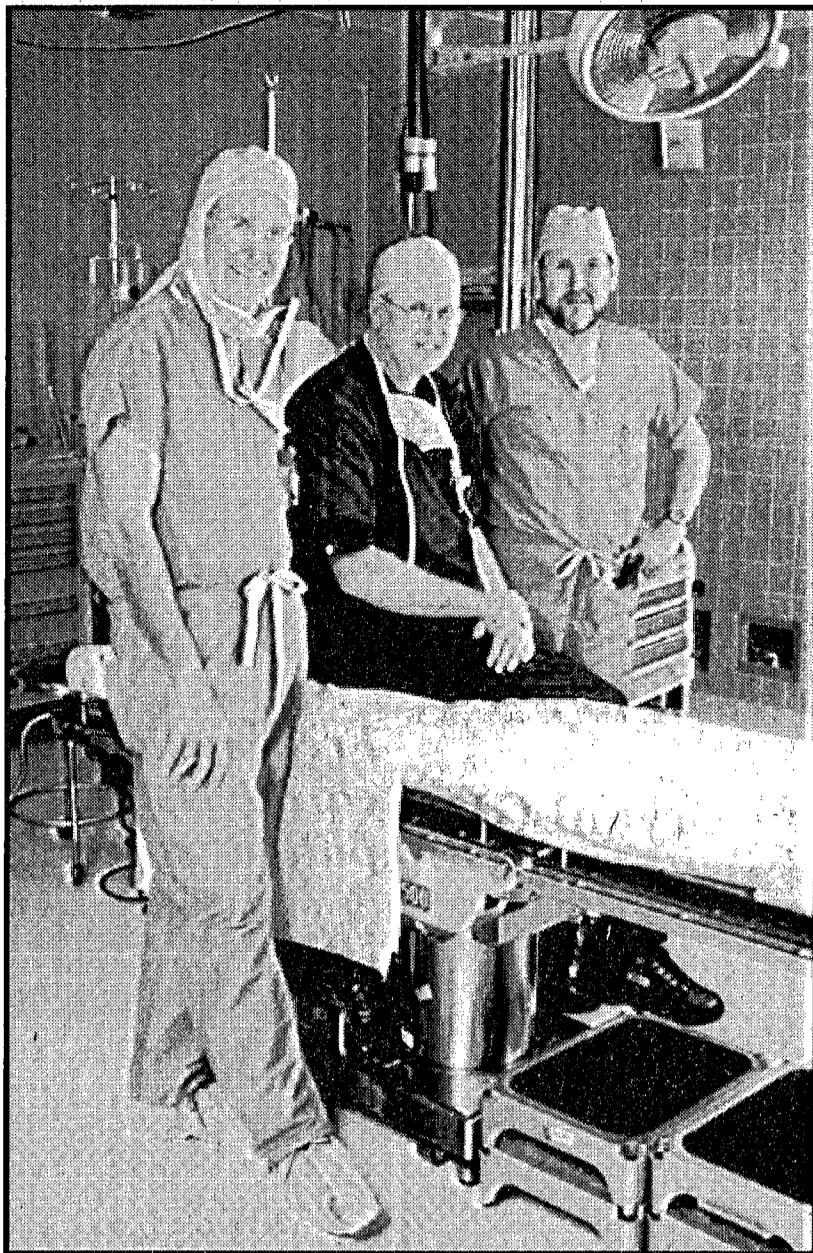
Joseph Kummer, MD,  
BryanLGH Heart Institute

When dealing with a bacterial infection such as the Bubonic Plague, the goal is to completely eradicate the bacteria from the body. With cholesterol, however, we are dealing with a different type of adversary. The body needs cholesterol for several important functions, such as building cells and vitamins that are actually essential to life. Yet, that this same substance is also the central culprit in causing life-threatening heart attacks.

We have increasingly learned in the past several years that as cholesterol levels continue to decrease, so does the risk of a heart attack. Very low levels of cholesterol seem to be more protective against heart attacks than only mildly decreased levels.<sup>1</sup>

Some cholesterol medications

- 1) Wiviott SD, et al. Can Low-Density Lipoprotein Be Too Low? The Safety and Efficacy of Achieving Very Low Low-Density Lipoprotein With Intensive Statin Therapy. *Journal of the American College of Cardiology*. 2005; 46:1411-1416.
- 2) Canon C. The IDEAL Cholesterol: Lower Is Better. *Journal of the American Medical Association*. 2005; 294(19):2492-2494.



From left, William Northrup, MD, Ed Raines, MD, David Hughes, MD, members of the BryanLGH Cardiothoracic Surgery group. These heart surgeons are nationally known for their expertise in heart surgery and using innovative surgical procedures.

## Third cardiothoracic surgeon joins BryanLGH Cardiothoracic Surgery

Cardiothoracic surgeon William Northrup III, MD, is the newest member of the nationally recognized heart surgical team at BryanLGH Medical Center.

An internationally known surgeon with interests in the development of surgical technologies and techniques, and teaching other physicians, Dr. Northrup's membership on the medical staff at BryanLGH adds even more expertise to the organization's leadership role in the diagnosis, treatment and care of heart patients throughout the region.

He joins BryanLGH Cardiothoracic Surgery that includes cardiothoracic and transplant surgeon Edward Raines, MD and cardiothoracic surgeon David Hughes, MD.

"I'm very attracted to the 21st Century vision that's shared by my colleagues and BryanLGH Medical Center," says Dr. Northrup. "Cardiac surgery is only about 50 years old - it's brand new relative to the history of the world - but the physicians and the administration here are committed to keeping pace with the latest developments."

He notes, "The future of cardiac surgery certainly will involve less invasive approaches than what we're using today - time will tell if that means we'll rely more on robotic surgery or totally endoscopic procedures or some other approach. The key is to remain alert to possibilities, as we do here at BryanLGH."

Dr. Northrup practiced in the

Twin Cities area of Minnesota for the past 25 years and was on the faculty for many important heart surgery symposiums. He earned his medical degree at the University of Southern California, Los Angeles, and is Board certified in thoracic surgery.

He's worked with the pioneers of heart surgery throughout his career, and every year presents a clinic in the Dominican Republic teaching physicians there who otherwise would be unable to attend courses in America.

Besides having numerous articles published in leading medical journals, Dr. Northrup holds five patents for surgical tools and techniques. These include a device by Medtronic for reducing and stabilizing the circumference of vascular structures, and his Northrup Universal Annuloplasty System will be produced in France by Peters Surgical.

Among other contributions, Dr. Northrup and BryanLGH will host a post-graduate symposium for physicians in fall 2007. Called The Heartland Series: Aortic Valve and Root Symposium I, the symposium is scheduled next October 26-27 at BryanLGH. Among the international speakers will be leading authorities in heart surgery, such as Sir Magdi Yacoub, from the United Kingdom who has performed the most transplants in the world.

For information about BryanLGH Cardiothoracic Surgery call (402) 481-8430.

## What do you want to do in 2007?

Perhaps you want to keep up with your grandchildren or walk your daughter down the aisle or travel with your spouse. Maybe you want to run a marathon or improve your golf game or fit into a special dress. Whatever it is, BryanLGH has a program that can help you achieve it. No matter where you reside, with our help, you can develop new, healthy habits to look and feel your best.



Karen Rehm, Health Promotion Coordinator, INTERxVENT mentor, BryanLGH Medical Center

The program is called INTERxVENT. Clients of INTERxVENT have an experienced health professional, such as a registered nurse or dietitian, as their personal mentor. Mentors teach how to lose weight, start or improve an exercise program, stop smoking, and manage stress. Since every person has different goals and lifestyles, the mentor works to custom design a specific program that suits individual needs and schedules.

Clients can work with their mentors face-to-face or over the phone. An internet self-study is also an option. This allows people from all over the state to experience INTERxVENT, not just those who live in the Lincoln area.

"Mentoring is the reason the program works so well," says Karen Rehm, Health Promotion Coordinator for BryanLGH. "The combination of education, encouragement and support improves the chances that the individual will make a permanent lifestyle change."

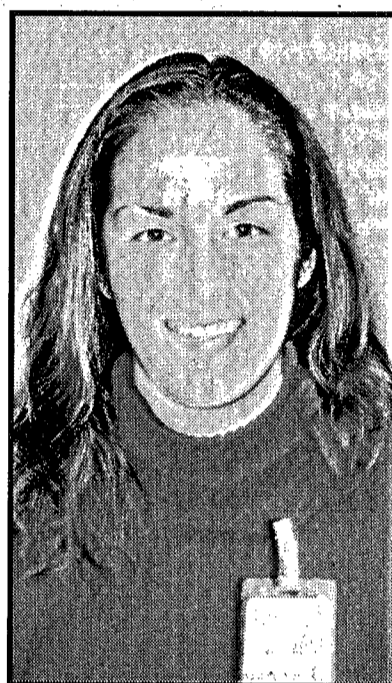
Possibilities for success are boundless; all you need is a desire to make a change. If you have the "why," we have the "how-to." The first step is to make that call. For more information, call the INTERxVENT office at (402) 481-6307.

## Weighing in on scales and body mass

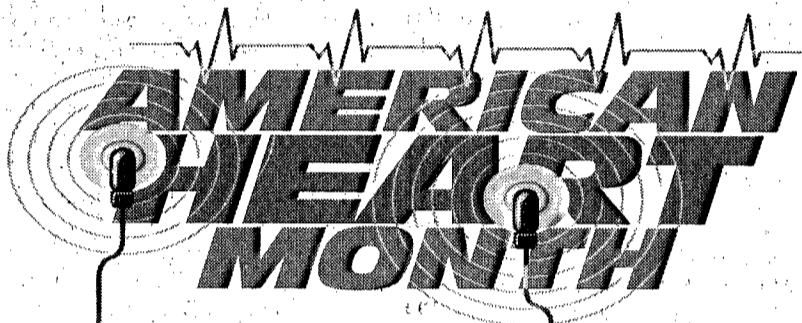
There it is, staring at you every time you walk in the bathroom: The dreaded bathroom scale. Some days we are glad we stepped on, other days we wish we would have walked on by. "Should I step on? Maybe today it will be nice!" If you said these words to yourself you

are not alone. Before tossing your scale out the window, use these tips to get the most accurate reading from your scale:

- Use the same scale each time, not all scales are well calibrated. No, you didn't lose 5lbs in the time



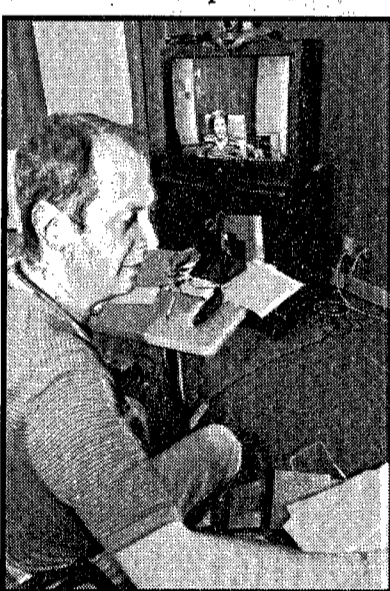
Nikki Ford, Registered Dietitian, LifePointe by BryanLGH



## Keeping connected with out-of-town patients

When it comes to out-of-town group meetings and doctor-patient communications, a face-to-face videoconference really is the next best thing to being there. Just ask endocrinologist Jalal Nafach, MD, of Endocrine Consultants of Nebraska in Lincoln, who frequently uses BryanLGH Medical Center telehealth services to stay in touch with patients several counties away.

"I visit the hospitals in North Platte and Hastings every quarter, but monthly videoconferencing for follow up resolves the issue of distance", says Nafach. "I'm more available to more patients because



Jalal Nafach, MD, of Endocrine Consultants of Nebraska in Lincoln, faxes a prescription as his patient in Hastings waits during a break in their telehealth consultation session.

they don't have to travel, and I don't have to make as many long drives to other parts of Nebraska."

Heart doctors also rely on the equipment for follow up after a surgery or for ongoing health maintenance. Cardiologist Ryan Whitney, MD, of the BryanLGH Heart Institute pioneered the use of telemedicine services at BryanLGH to interview and diagnose patients from the Rosebud Indian Reservation.

BryanLGH telehealth services coordinator, Carol Brandl says, "I encourage physicians to use our videoconferencing equipment. This technology really does bring together all corners of Nebraska."

The sophisticated system is able to store heart tracings for physicians to review later, and doctors can simply fax prescriptions so there's no waiting for medication orders. There's potential for other specialists to use this technology, such as for trauma and mental health consultations.

How's it all work? Large-screen, picture-in-picture style monitors allow physician and patient to see and hear each other, while a physician's assistant or nurse practitioner uses a high-resolution video camera and stethoscope to broadcast dependable vital signs used for diagnoses. There's potential for other specialists to use this technology, such as for trauma and mental health consultations.

"The possibilities are unlimited in what we can offer, from community programs on heart disease and diabetes to trauma symposiums to ongoing patient contacts," notes Brandl. "And no one has to leave town to benefit."

It took to drive to Aunt Martha's! Make sure your scale is on a hard, flat surface for more accuracy.

• Home scales often don't meet the range of your weight if you are a large person. Choose a scale that can give readings for persons at least 50 pounds more than your current weight. This helps ensure accurate feedback.

• Only weigh yourself once a week. Weighing more can distract from your health and fitness accomplishments and lead to frustration and relapse.

• Weigh yourself on the same day and same time each week. Try to wear the same amount of clothing

each time you weigh.

• Remember that your weight will fluctuate from hour to hour, day to day and for many women, throughout the month. Don't sweat it. Watch for trend and take action accordingly.

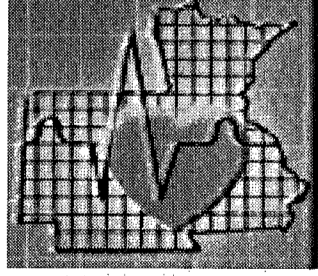
• A scale is only one measure of size and fitness. A tape measure is one of the most effective tools to track your progress.

• Don't dwell on the numbers. Pay attention to your energy level and how your clothes fit.

What about BMI?

"Another way to track your health is by using the Body Mass Index (BMI)," says Nikki Ford, registered dietitian at LifePointe by BryanLGH in Lincoln. BMI is a number calculated from a person's weight and height. BMI is used by medical professionals as a screening tool for potential weight related health problems. The higher your BMI, the greater risk you have for developing heart disease, Type 2 diabetes, high blood pressure and stroke. Want to calculate a BMI for you or your child? Go to [www.cdc.gov](http://www.cdc.gov) and click on the healthy weight icon.

Waist circumference is another important tool in measuring health and fitness since abdominal fat is a predictor of risk for weight related diseases. Men should aim for a waist measurement less than 40 inches at their actual waist, pants size often is much different than waist size. Women have less heart health risk with a waist less than 35 inches. Combining results from BMI and waist circumference can give a pretty good picture of weight status and risk for health problems.



# CVA

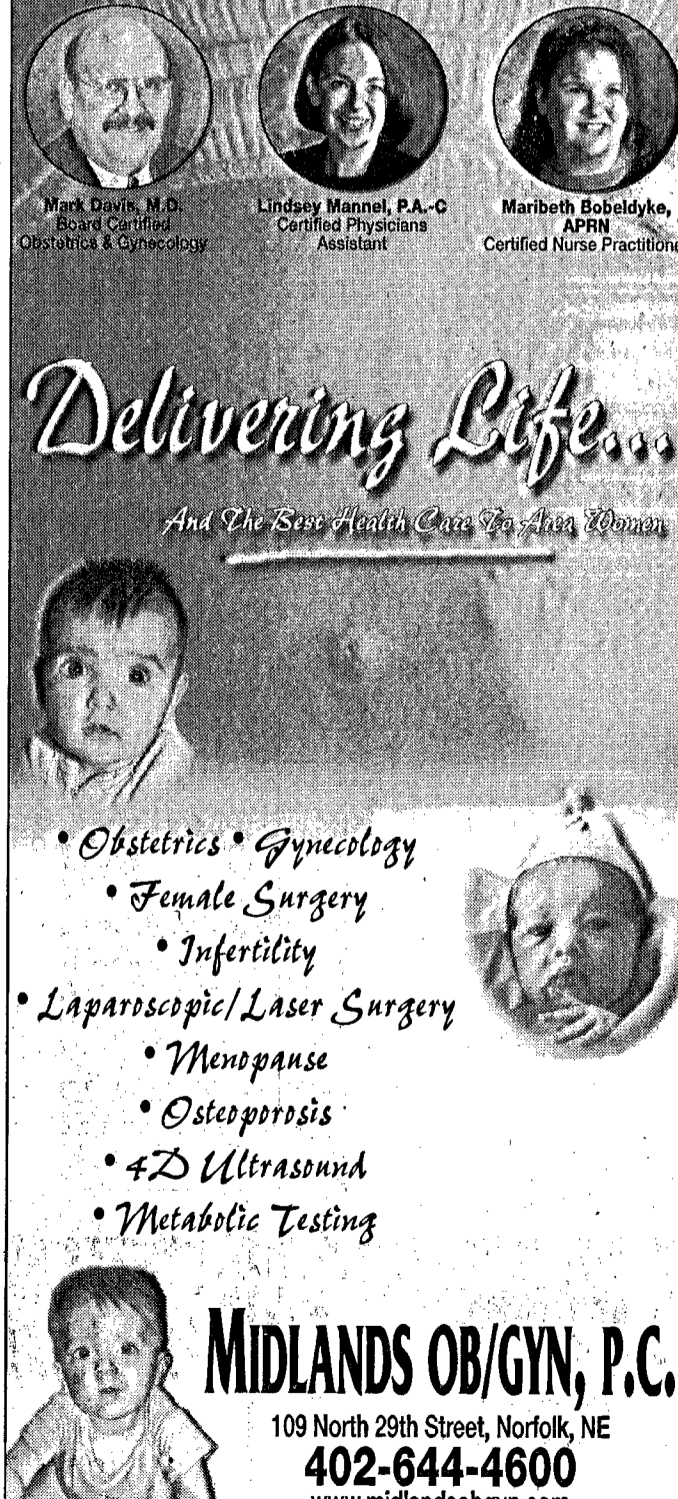
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# Heart attack, stroke and cardiac arrest warning signs

**Act in time** - The American Heart Association and the National Heart, Lung, and Blood Institute have launched a new "Act in Time" campaign to increase people's awareness of heart attack and the importance of calling 9-1-1 immediately at the onset of heart attack symptoms. Find the links here.

**Dial 9-1-1 fast** - Heart attack and stroke are life-and-death emergencies - every second counts. If you see or have any of the listed symptoms, immediately call 9-1-1. Not all these signs occur in every heart attack or stroke. Sometimes they go away and return. If some occur, get help fast! Today heart attack and stroke victims can benefit from new medications and treatments unavailable to patients in years past. For example, clot-busting drugs can stop some heart attacks and strokes in progress, reducing disability and saving lives. But to be effective, these drugs must be given relatively quickly after heart attack or stroke symptoms first appear. So again, don't delay - get help right away!

**Statistics** - Coronary heart disease is America's No. 1 killer. Stroke is No. 3 and a leading cause of serious disability. That's why it's so important to reduce your risk factors, know the warning signs, and know how to respond quickly and properly if warning signs occur.

**Heart attack warning signs** - Some heart attacks are sudden and intense - the "movie heart

attack," where no one doubts what's happening. But most heart attacks start slowly, with mild pain or discomfort. Often people affected aren't sure what's wrong and wait too long before getting help. Here are signs that can mean a heart attack is happening:

- **Chest discomfort.** Most heart attacks involve discomfort in the center of the chest that lasts more than a few minutes, or that goes away and comes back. It can feel like uncomfortable pressure, squeezing, fullness or pain.

- **Discomfort in other areas of the upper body.** Symptoms can include pain or discomfort in one or both arms, the back, neck, jaw or stomach.

- **Shortness of breath.** May occur with or without chest discomfort.

- **Other signs:** These may include breaking out in a cold sweat, nausea or lightheadedness. As with men, women's most common heart attack symptom is chest pain or discomfort. But women are somewhat more likely than men to experience some of the other common symptoms, particularly shortness of breath, nausea/vomiting, and back or jaw pain.

If you or someone you're with has chest discomfort, especially with one or more of the other signs, don't wait longer than a few minutes (no more than 5) before calling for help. Call 9-1-1... Get to a hospital right away.

*Calling 9-1-1 is almost always the fastest way to get lifesaving*

**treatment.** Emergency medical services staff can begin treatment when they arrive -- up to an hour sooner than if someone gets to the hospital by car. The staff are also trained to revive someone whose heart has stopped. Patients with chest pain who arrive by ambulance usually receive faster treatment at the hospital, too.

If you can't access the emergency medical services (EMS), have someone drive you to the hospital right away. If you're the one having symptoms, don't drive yourself, unless you have absolutely no other option.

**Stroke warning signs** - The American Stroke Association says these are the warning signs of stroke:

- Sudden numbness or weakness of the face, arm or leg, especially on

one side of the body

- Sudden confusion, trouble speaking or understanding
- Sudden trouble seeing in one or both eyes

- Sudden trouble walking, dizziness, loss of balance or coordination
- Sudden, severe headache with no known cause. If you or someone with you has one or more of these signs, don't delay! Immediately call 9-1-1 or the emergency medical services (EMS) number so an ambulance (ideally with advanced life support) can be sent for you. Also, check the time so you'll know when the first symptoms appeared. It's very important to take immediate action. If given within three hours of the start of symptoms, a clot-busting drug can reduce long-term disability for the most common

type of stroke.

**Cardiac arrest strikes immediately and without warning.** Here are the signs:

- Sudden loss of responsiveness (no response to tapping on shoulders).
- No normal breathing (the victim does not take a normal breath when you tilt the head up and check for at least five seconds).

If these signs of cardiac arrest are present, tell someone to call 9-1-1 and get an AED (if one is available) and you begin CPR immediately.

If you are alone with an adult who has these signs of cardiac arrest, call 9-1-1 and get an AED (if one is available) before you begin CPR. Use an AED as soon as it arrives.

## New heart-scanning technology at BryanLGH

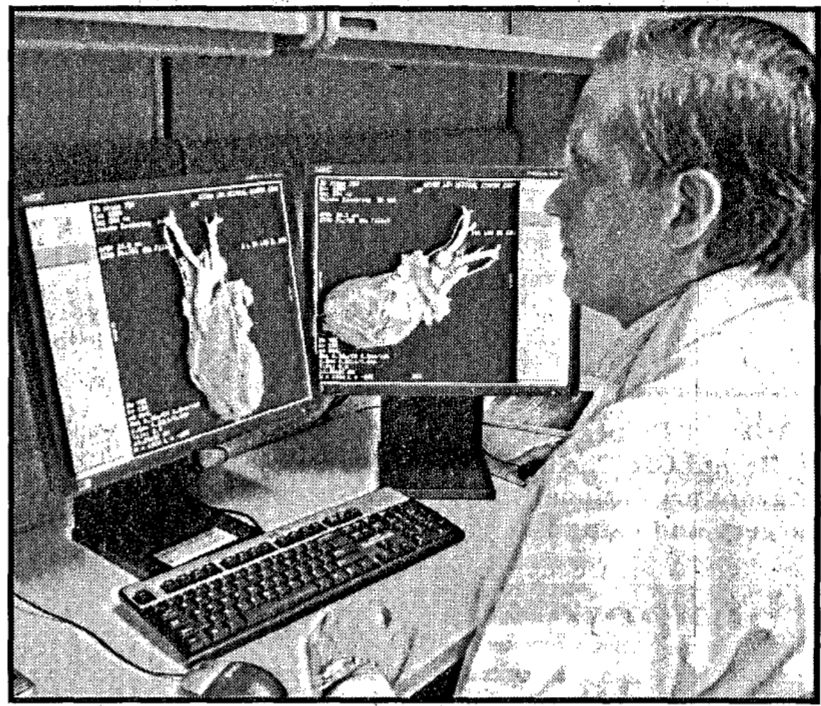
Heart scans are simple, noninvasive tests capable of detecting heart disease at an early stage, when treatment can be most effective. Noninvasive imaging, including new computerized axial tomography scans available at BryanLGH Medical Center in Lincoln, is changing how physicians diagnose and monitor heart disease.

"Cardiac CT has continued to evolve over the last decade," notes cardiologist Clyde Meckel, MD, of the BryanLGH Heart Institute. "BryanLGH was a pioneer in calcium scoring when it introduced Ultrafast CT and now we're continuing this leadership by offering the latest 64-slice CT technology for cardiac scans."

The 64-slice CT scanners divide the heart into 64 imaginary slices, compared with only 16 slices in earlier generation CT scanners. This increases the resolution of the final image and decreases the amount of time needed to create it. Conventional scanners were simply not fast enough to be used as an effective tool for cardiologists. Images were a blur because of the heart's constant movement. The new scans are timed to use only images gathered between the heart's contractions, so that the heart and its vessels are seen clearly.

Physicians use cardiac CTs to evaluate patients who have symptoms that might indicate coronary artery disease, such as chest pain and shortness of breath. Typically, the 64-slice cardiac CT is reserved for patients who are relatively young - under 65 years for men and under 75 for women - and who have a low probability of having coronary artery disease.

"This new generation of scanners is going to revolutionize the way we detect and diagnose heart disease," said Keith Miller, MD, cardiologist, BryanLGH Heart Institute. "It is finally possible to see the coronary arteries without inserting catheters directly into the heart."



Cardiologist Clyde Meckel, MD, uses 3-D images created by the CT scanner system at BryanLGH Medical Center for heart disease diagnosis.

The increased safety and speed compared to traditional heart catheterization is a major improvement for our patients."

The sophisticated cardiac CT imaging requires a physician's referral, while the Ultrafast CT, another useful screening tool, provides

excellent two-dimensional images and is available to the public without a physician referral.

For more information about cardiac CT scanning or Ultrafast CT scanning, contact the BryanLGH Heart Institute by calling (402) 481-3105.

## Whole grains for the real world

Everyone hears "eat more whole grain." And when you do, you make think of dry, tasteless foods. But those days are gone.

Whole grains provide your body with carbohydrates, fiber, protein and nutrients. Eating more fruits, starchy veggies and whole grains as your source of carbohydrates

Eating high fiber foods throughout the day will curb the urge to overeat in the evening. Higher fiber foods are typically lower calorie foods and leave people feeling full with minimal calorie impact.

If you know what to look for, the label is the ultimate tool for taking charge of your eating. Beware of marketing gimmicks that can lead you down the wrong road. Just because it says "whole wheat" or "whole grain" does not mean it will be high in fiber. Some foods that sound incredibly grainy have the same or less fiber than plain white bread. The nutrition label will help you find the right match for both your taste buds and your health needs.

Start increasing your whole grains in your every day eating habits by using these helpful tips.

- Substitute light popcorn or the 100 calorie snack bags of popcorn for chips.

- Eat cereals that have 5 grams of fiber per serving.

- If you love white bread, try the whole grain white bread instead. It has the look and taste of white bread, but has the fiber and whole grains of wheat bread.

- Substitute whole wheat flour for white flour in your baking goods.

- Need warming up? Oatmeal can be a cozy, filling snack that's high in fiber.

Registered Dietitians Michelle Welch and Nikki Ford provide weight loss and lifestyle change education through their work with INTERxVENT, LifeTracks, and the Demonstration Cooking Kitchen in the new LifePointe by BryanLGH facility in Lincoln. For information on upcoming classes and events, call 402-481-6300.



Michelle Welch, Registered Dietitian, LifePointe.

will provide you energy and better nutrition.

People with concerns about blood sugar or are at risk for diabetes should increase the amount of whole grains as part of their total carbohydrate intake. Blood sugar will be more even if carbohydrate intake includes more fiber. Whole grains are a great choice for reducing cholesterol and the risk of heart disease too.

## Patients using blood thinners benefit from convenient and personal care

BryanLGH Medical Center anticoagulation clinic provides convenient care for patients taking the blood-thinning medication, Coumadin (Warfarin). The medication controls the blood's ability to coagulate and is prescribed to many patients after heart procedures to prevent formation of harmful clots. Despite decades of use, this medically-necessary drug can be challenging to manage without frequent monitoring.

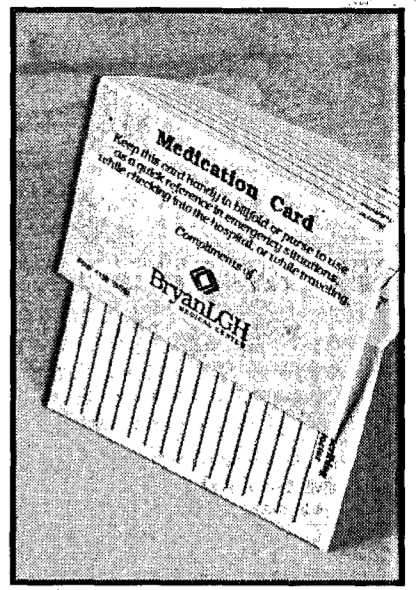
"People who take blood thinners

without direct involvement from healthcare providers are walking a thin line between positive benefits and life-threatening health risks," says Paulette Kuhlman, RN, manager, BryanLGH Anticoagulation Clinic. "The clinic makes it easy and convenient for patients to monitor their medication and have better outcomes."

There are two significant risks with anticoagulation therapy. Over anticoagulation can cause bleeding. Under anticoagulation can lead to harmful clot formation. Careful supervision and patient education can help prevent these complications.

The BryanLGH Anticoagulation Clinic offers:

- One-on-one teaching and education by a registered nurse certified in anticoagulation therapy. Patients learn when to take their



To receive a free medication card, call BryanLGH at (402) 481-8674.

## Free medication card boosts patient safety

BryanLGH Medical Center has developed a free medication card that boosts patient safety and timely treatment, especially in emergencies.

The card fits in a billfold or purse for quick reference to a person's medications or allergies should they need emergency medical treatment. It also provides a place for physician name, pharmacy, insurance company, emergency contact, power of attorney and advance directives. The card is free and can be mailed directly to your home by simply calling 402-481-8674.

"Having a list of medications and other health information isn't just nice to have," said Carl Valenti, BryanLGH emergency department manager. "It is critical to receiving quality care." For example, if a patient is unconscious or unable to communicate, the information on this card allows health care workers to perform timely, accurate evaluations which avoid possible drug interactions and treatment delays. "Even if a person doesn't take any medications, it's important to carry one of these cards indicating so," says Valenti. "You never know when this information will help you or someone you love."



# Nebraska Heart Institute of Lincoln

Services now available at Providence Medical Center in Wayne

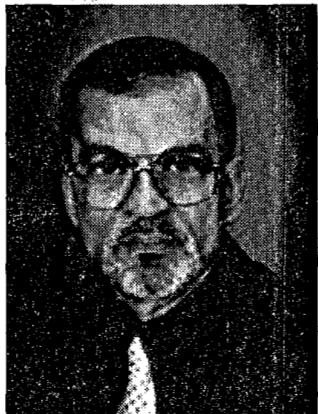
Visits may be scheduled every other Friday at PMC.

March dates are March 9th and March 23rd. April dates are April 6th and April 20th.

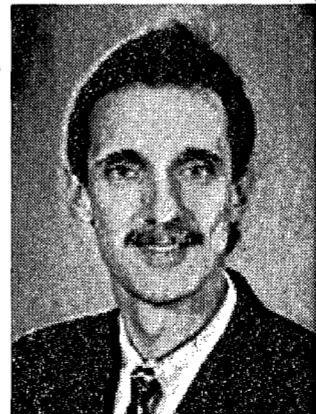
All Appointments must be coordinated through the patient's primary care physician and the Providence Medical Center Outpatient Clinic



Kaliprasad N. Ayala, M.D.



Sabyasachi Mahapatra, M.D.



Steven L. Martin, M.D.



Providence Medical Center

1200 Providence Road, Wayne, NE 68787 • www.providencemedical.com



Paulette Kuhlman, RN, manager, BryanLGH Anticoagulation Clinic.

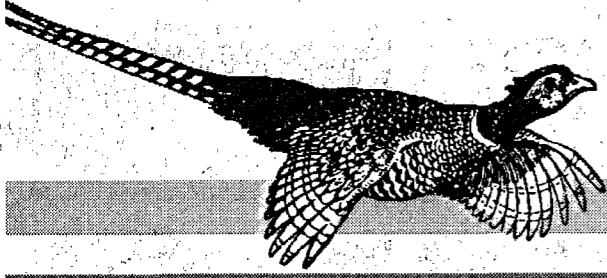
• Contact with the patient's physician and pharmacy to arrange any medication changes.

The first appointment takes about 30 minutes. Ongoing appointments take about 15 minutes.

The clinic is located at LifePointe by BryanLGH at 7501 South 27th Street, just south of Pine Lake Road, Lincoln. Hours are Monday, Wednesday and Friday from 8 a.m. to noon, Tuesday and Thursday from noon - 4 p.m. If you are taking blood-thinning medication, ask your doctor about the benefits of regular monitoring by the BryanLGH Anticoagulation Clinic nurses or call the clinic at (402) 481-6305.







The Wayne Herald

Legal Notices

WAYNE CITY COUNCIL PROCEEDINGS

January 30, 2007
The Wayne City Council met in regular session at 5:30 p.m. on January 30, 2007...

with paw print) with the stipulation that one of two things happens: either WSC agrees to pay the full share of the WSC portion of the logo...

meeting.
A public hearing is scheduled for February 14, 2007 to discuss the One and six year street improvement plan.

of Agriculture at 9:30 a.m. Both sessions will be conducted in the meeting room located in the upper level of the Wayne County Courthouse...

214.01 Langenberg Subdiv L 5-6-7-8-9
214.08 Pt NW1/4 (TL 6)
215.00 SW1/4

34.25-1 1,478.50
34.25-1 43.66
34.25-1 2,193.89

CARROLL VILLAGE BOARD PROCEEDINGS

The Board of Directors for the Village of Carroll met in regular session on the above date with the following members present: Dean Burbach, Kirby Hall, Scott Hurlbert, Jim Fernau and Mark Tietz...

meeting.
A public hearing is scheduled for February 14, 2007 to approve liquor license renewal for The Carroll Station.

NOTICE OF INCORPORATION
Notice is hereby given that the undersigned has formed a corporation under the Nebraska Non-Profit Corporation Act.

NOTICE OF INCORPORATION
Notice is hereby given that the undersigned has formed a corporation under the Nebraska Business Corporation Act.

214.01 Langenberg Subdiv L 5-6-7-8-9
214.08 Pt NW1/4 (TL 6)
215.00 SW1/4

34.25-1 1,478.50
34.25-1 43.66
34.25-1 2,193.89

NOTICE OF TRUSTEE'S SALE

TO WHOM IT MAY CONCERN:
You are hereby notified that pursuant to a power of sale contained in the deed of trust in the original principal amount of \$95,624.95 executed by Daniel J. Decker and Nancy Decker...

meeting.
A public hearing is scheduled for February 14, 2007 to discuss the One and six year street improvement plan.

NOTICE OF HEARING
Notice is hereby given that a public hearing will be conducted on Tuesday March 6, 2007 at 10:00 a.m. to receive public input on the proposed Livestock Friendly County designation.

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Notice is hereby given that a public hearing will be conducted on Tuesday March 6, 2007 at 10:00 a.m. to receive public input on the proposed Livestock Friendly County designation.

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214.08 Pt NW1/4 (TL 6)
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34.25-1 2,193.89

DELINQUENT TAX LIST FOR YEAR 2007

Wayne County Treasurer's Office
Wayne, Nebraska
February 8, 2007

Notice is hereby given that in compliance with the revenue laws of the State of Nebraska, Karen McDonald, County Treasurer of Wayne County, Nebraska, will on Monday the fifth day of March, 2007 from 9:00 A.M. to 4:00 P.M. at the office of the County Treasurer in the County Court House at Wayne Nebraska, offer at public sale and self-the following real estate for the amount of the taxes due thereon...

Table with columns: Parcel ID, Description, Amount. Includes entries like 5149.00 Orig Carroll Pt L 1-2 Blk 4, 5158.00 Orig Carroll L 9 Blk 4, etc.

Table with columns: Parcel ID, Description, Amount. Includes entries like 6-26-2 3,494.62, 1-27-2 3,604.14, etc.

Table with columns: Parcel ID, Description, Amount. Includes entries like 1976.00, 1964.00, 1966.00, etc.

Table with columns: Parcel ID, Description, Amount. Includes entries like 28-25-4 1,422.78, 26-25-4 777.37, etc.

Every government official or board that handles public moneys, should publish at regular intervals an accounting of it showing where and how each dollar is spent. We hold this to be a fundamental principle to democratic government.

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SPECIAL ASSESSMENT TAX. City Resolution 05 East Add W1/3 8-9-10 Blk 1 740.41. Sidewalk 99-1 Western Heights 2nd Subdiv L 1 813.18. City Resolution 99 Orig Winside L 21 Blk 3 4,300.00. Street Imp 2003-2 Gustafson Estates 1st Add to Wakefield Lot 1 878.40. Lot 2 & N1/2 3 1,317.60. Lot 5 1,260.00. Lot 6 1,140.48. Lot 7 1,140.48. Lot 8 1,140.48. Lot 9 1,029.74. Lot 10 1,030.96. Lot 11 1,140.48. Lot 12 1,140.48. Lot 14 1,360.80. (Publ. Feb. 8, 15 & 22 2007)

To place your ad call: Jan at 402-375-2600 or 1-800-672-3418 • Fax: 375-1888

DEADLINES: Line Ads Tuesdays at Noon • Display Ads Monday 5:00 p.m.

# CLASSIFIEDS

**Rate Schedule: 5 LINES, \$12.00 • \$1.25 EACH ADDITIONAL LINE • This is a Combination Rate with The Morning Shopper**

Ads must be prepaid unless you have pre-approved credit. Cash, personal checks, money orders, VISA, or MasterCard are welcome.

Call: 402-375-2600, Fax: 402-375-1888, or Visit Our Office: 114 Main Street, Wayne, NE.

**POLICIES** — \*We ask that you check your ad after its first insertion for mistakes. The Wayne Herald is not responsible for more than ONE incorrect insertion or omission on any ad ordered for more than one insertion.  
\*Requests for corrections should be made within 24 hours of the first publication. \*The publisher reserves the right to edit, reject or properly classify any copy.



**HELP WANTED**

## Christensen Farms

### Apply Today

Christensen Farms is currently seeking employees for our Production Herdsperson. Positions are available in the Atkinson, NE area. Experience not required.

We believe in maintaining a balanced life. We want our employees to spend time with family and friends and live life to the fullest. This is why we offer day shift hours, competitive wages and a great benefits package.

If you are interested in joining our team, please contact

Nancy Albrecht at 402.925.2822



www.christensenfarms.com  
87653 482nd Ave. • Atkinson, NE 68713  
402.925.2822

## EMPLOYMENT WORKS, INC.

has a part-time Skills Training Specialist position available in the Wayne/Laurel area. Must be willing to work a variety of hours including some early mornings and some weekends. This position involves providing supports to people with disabilities while learning employment and independent living skills and transporting them to various activities. Wage begins at \$8.25 an hour. We conduct background checks and drug testing. Must have strong references, good communication skills, a high school diploma or GED, be over 18, have a valid driver's license, registration and insurance. Please call Jodi or Valerie for more information at (402) 371-1011.

## HELP WANTED

### Part-Time Laundry Aide



Apply in person  
to Laurel at:  
811 East 14th St., Wayne  
Phone 402-375-1922

SENIOR LIVING COMMUNITY

## HELP WANTED

The City of Stanton, Nebraska is accepting applications for manager, assistant manager and lifeguards for the swimming pool. Applicant must be certified. Applications may be picked up at the City Hall, 800 11th Street. For more information contact Nancy Morfeld, City Clerk, P.O. Box 747, Stanton, NE 68779 or 402-439-2119. Applications must be returned to the City Hall before 4:30 p.m. on March 2, 2007.

**THANK YOU**

The family of Albert Topp would like to thank everyone for their thoughtfulness during our time of sorrow. All of the prayers, cards, phone calls, flowers, memorials, food, and words of sympathy are sincerely appreciated. In addition, thank you to "The Oaks" for their loving care during the past 4 years, the doctors and staff of Providence Medical Center, Scott Hasemann and his staff at Hasemann-Schumacher Funeral Home, Sister Cecilia Polt, Rev. Kim Stover and Vicar Dale Topp for their kind support and messages, and the women of Our Savior Lutheran for the wonderful meal. Albert touched many lives and will be greatly missed.

The Albert Topp family

The City of Wayne is now accepting applications for Swim Team Coaches for the 2007 Summer Season. Applicants must show that they have a good work record and that they are dependable and mature in their work habits. Current certifications and experience required. Applications may be obtained at City Hall, 306 Pearl Street. Persons interested should return their application and resume to the Personnel Office at City Hall or the City Clerk's office no later than Friday, March 2, 2007. The City of Wayne is an Equal Opportunity Employer.

## CNA

### Day or Evening Shift

- Great Benefits Package including health insurance
- Salary based on experience.

Call Chris or June at 402-677-2636  
**LOGAN VALLEY MANOR**  
1035 Diamond Street • Lyons, NE 68038

## Mortgage Loan Processor

Mortgage Loan Processor needed. Requires good phone/people skills, computer literacy, math competency and attention to detail. Experience preferred, but will train the right person. Please send resume to Lincoln Financial, 100 Main St., Wayne, NE 68787, Attn: Brad, fax 402-375-4237 or e-mail btittel@lincoln-financialmortgages.com

## Pender Community Hospital PHYSICAL THERAPIST

PCH is a 25 bed Critical Access Hospital seeking a full-time or part-time physical therapist. The Therapy department is responsible for treating outpatients and inpatients at the hospital, as well as skilled care at the Pender Care Center. Patients include, but are not limited to: orthopedics, sports medicine, sub-acute rehab and wound care. Must possess, or be eligible for NE licensure. New grads are welcome. PCH offers a competitive compensation package and continuing education reimbursement. Loan repayment program for Rural Health Professionals may be available to eligible applicants. Contact or send resume to: Trisha Kinnaman, P.T. Pender Community Hospital P.O. Box 100 • Pender, NE 68047 402-385-4026

## Heartland Transportation

Needs Qualified CDL Drivers to Run all 48 States East Coast Optional

We Offer: excellent pay, stop pay, vacation pay, flexibility in runs and home time, late model Western Stars, Health & Dental Insurance.



Please call Lisa 800-237-1768

**HELP WANTED:** Wayne East Prime Stop is taking applications for weekend overnight help. Please stop and see the attending cashier for an application, 1330 East Hwy. 35.

## NEEDED:

Legion Baseball Coach for Winside Summer Rec Program. References required. Contact Bud at 402-529-3593 by March 10th

**HELP WANTED:** Apply after 4 p.m. Geno's Steakhouse, 121 W. 1st St., Wayne.

**HELP WANTED:** Full-time help for farm/feedlot/cow-calf operation. Ph. 402-833-8020 days or 402-256-9353 evenings.

**NOW HIRING** part-time delivery and warehouse staff. Apply in person at Vakkoc Builder's Resource 3 miles west of Wayne on Hwy. 35.

Our family has been overwhelmed by the outpouring of love and support shown to us by friends, relatives and the community of Wayne. Words cannot express our appreciation to each and everyone of you. Please accept our thanks for the food, flowers, memorials and assistance in so many ways.

The journey through life can take unexpected turns, and though none of us were prepared for this we are finding comfort through our many friends who have given so generously of themselves. For this we are truly grateful. You will continue to be in our thoughts.

Sheryl, Megan and Nathan Summerfield

I want to thank everyone for your visits, cards and prayers while I was in the hospital. Thank you to Pastor Willy Bertrand and Sister Cecilia for all their prayers and visits and to Dr. Lindau and all the good nurses and staff at Providence and Melvin for bringing me home from the hospital in Sioux City.

Arnold Roever.

A hearty thank you to all who remembered me with cards, calls, gifts, pictures and notes of memories for my 80th birthday. Arlene Allemann

Thank you to all our friends and family remembering us this past week with cards, flowers, food & memorials as we celebrated with our beloved mother Ina Karnes (Fletcher) Rieth in her returning home to her Father. A special thanks to Pastors -- The Rev. Ricky Jacob-Winnebago, the Rev. William Bertrand-Concord and the ladies of St. Paul's Lutheran at Concord, Ne. Gene & Shirley Fletcher & Family Dona Denesia & Family Julie & Vaughn Benson & Family

Thank you to everyone for the cards, flowers, phone calls, food and visits while I was in the hospital and since returning home.

To Lori for coming from Lincoln to be with me when I got home.

To Fauneil Bennett for all the items I borrowed.

To everyone at N.E. Nebraska Insurance for covering my job duties. You don't appreciate how much all this means until you are on the receiving end of this wonderful hospitality.

Bea Kinslow

## CLASSIFIED DEADLINES

for The Wayne Herald are:  
Display Ads Monday at 5 p.m.  
Snap Ads Tuesday at 10 a.m.

## CNA Position Available

- ★ Full or Part Time RN/LPN
- ★ Part Time

**WISNER CARE CENTER**  
1105 9th St., Wisner, NE 68791 • 402-529-3286

## HELP WANTED

**CNA's - Full time day shift**  
6 a.m. to 2 p.m.  
or 2 p.m. to 10 p.m.

**Nurse - Part time 2 to 10 p.m.**




Apply in Person  
811 East 14th St.,  
Wayne, NE  
Phone 402-375-1922


SENIOR LIVING COMMUNITY

The City of Wayne is now accepting applications for Pool Lifeguards for the 2007 Summer Season. Applicants must show that they have a good work record and that they are dependable and mature in their work habits. Current certifications and experience required. Applications may be obtained at City Hall, 306 Pearl Street. Persons interested should return their application and resume to the Personnel Office at City Hall or the City Clerk's office no later than Friday, March 2, 2007. The City of Wayne is an Equal Opportunity Employer. Job descriptions are available at City Hall.


**For your next vehicle, stop into**  
**KNOEPFLER**  
**CHEVROLET**



**100 Jackson Street**  
**Sioux City, IA 51102**  
**1-800-831-0826**



Marlo Hemelbracht  
General Manager



Bill Forsling  
New Vehicle Manager

**FOR SALE: Large amount of used concrete roofing tiles from a Wayne State College building. Each tile is approximately 16-inches x 9-inches. Could be used to prevent bank erosion, garden decor, crafting, etc. If interested please contact Kaye Young at Wayne State College, 375-7089 before April 1, 2007.**

**WE FINANCE • WE FINANCE • WE FINANCE**

**National Auto Sales Inc.**  
**1320 S. 1st • Norfolk, NE • 379-1629**  
*Large Selection of Cars — Trucks — Vans*

- No Credit Check
- We Finance
- Building Credit
- No Problem

**Hours:**  
**Monday-Friday 9 a.m. - 5 p.m.**  
**Saturday 9 a.m. - 4 p.m.**



**WE FINANCE • WE FINANCE • WE FINANCE**

FOR ALL your baking and/or gift giving needs, contact your local Tupperware consultant. Over 15 years of experience. Call Clara Osten at 833-8934 or 585-4323. Leave a message.

FOR SALE BY OWNER: Ranch style home, 720 E. 5th St., Wayne. 3 BR on main level, 2 baths. Full basement w/kitchen area. Corner lot, Attached garage. Asking \$80,000. Call 286-2561 or 369-1468.

FOR SALE OR TRADE: 2-bedroom mobile home with attached garage and lot in Carroll, Nebraska. Call 402-632-4542.

**Homes for Sale**



204 Adkins Dr., Laurel  
Better than New ranch style home waiting for you.



709 Elm St., Laurel  
True ranch style 3 bedroom. Finished basement. Lovely landscaping.



405 Alma St., Laurel  
Split entry, 3 bedroom with finished basement. Nice location.

**Marlene Jussel,**  
Associate Broker  
**Brenda Whalen,** Sales Associate  
 402-256-9320 or 402-256-9450  
 www.korthrealtynauction.com

**Korth Realty & Auction Co.**  
 103 West 2nd  
 Laurel, NE 68745

**REDUCED TO \$55,000 FOR SALE**

2 bedroom, 1 bath home for sale.  
 Call Wayne Community Housing Development Corporation at 375-5266 to see if you qualify for program.

We do business in accordance with the Federal Fair Housing Law.

**KARDELL'S AUTO**  
 Laurel, Nebraska  
 Phone (402) 256-3641  
 Home (402) 256-9303

**2005 BUICK CENTURY CUSTOM**  
 Power seat, CD player, keyless entry, only 25K  
**only \$12,250**

**2005 MERCURY MONTEGO PREMIER**  
 Sunroof, heated seats, only 50,000 miles.  
**only \$15,995**

**2004 FORD FOCUS SE**  
 Keyless entry, CD player & only 46,000 miles  
**only \$9,995**

**2000 CHEVY VENTURE VAN**  
 LT Package, only 112,000 miles

**1999 F250 SUPER DUTY 4X4**  
 Reg. Cab, 7.3 powerstroke with manual transmission. Only 163,000 miles

**1992 OLDS 88**  
 only 118,000 miles, Local Trade  
**only \$3,295**

FOR SALE: 1985 Suburban, 2 WD, great hunting vehicle. Glen's Auto Body & Auto Sales, Wayne. Ph. 402-375-4322.

FOR SALE: 2004 Polaris 600 twin ATV. Red and black limited edition. Aluminum rims, run flat tires, winch, rack extensions. Polaris performance muffler. Ph. 402-369-2694.

FOR SALE: Black Dirt/Clay Dirt & 3 sizes of Slag. Hauling available. Call Dennis Otte, 375-1634.

FOR SALE: John Deere 7100 6N planter, always shedded; 885 John Deere 6N cultivator, very good condition; Hawkins 6 row Orthman tiller. Call 308-836-2998.

FOR SALE: Kitchen cupboards. Call for details. Ph. 375-2575.

FOR SALE: Large amount of used concrete roofing tiles from a Wayne State College building. Each tile is approximately 16"x9". Could be used to prevent bank erosion, garden decor, crafting, etc. If interested please contact Kaye Young at Wayne State College 375-7089 before April 1, 2007.

PROM DRESSES: Eight beautiful and clean. Sizes 4-9, one never worn. All \$65 and under. Still in style. Come see. Ph. 402-286-4504.

**SERVICES**

**C&L'S CLEANING Service:** Need every day cleaning done or getting ready for that special occasion? Let us do the work while you have the fun. Affordable. Dependable. References Available. Call 402-375-5036.

**EXCAVATION WORK:** Farmsteads cleared, Snow/Trees/Concrete Removal, Basements Dug, Building Demolition, Ditch Work. Dennis Otte 375-1634.

**MIKE'S HELPING HAND:** Home Remodel & Repair Service. Serving Northeast Nebraska. Fully insured. Specializing in those "handyman" jobs! Call for rates & more information. Ph. 402-985-2110.

**OUTSIDE WHEN it snows:** Scooping snow really blows. Instead of breaking a hip, send Alex a little tip. Professional Snow Scooper. Cell (712)-579-9934.

**PJ'S CHILDCARE Center,** Wayne, has day, Saturday, and evening openings for your child, 4:30 a.m.-11 p.m. Preschool available. Ph. 375-3784.

**PROFESSIONAL PORTRAITS** at a discount price. Personalized shots. Experienced photographer. Call 402-454-2321 (Madison, NE) or email: info@knapp-studios.com for details.

**WANTED: TREE** trimming and removal. Stump cutting. Tree sales and moving. Insect and disease control. Licensed and insured. Hartington Tree Service, ph. 402-254-6710

**JUST LISTED!**



608 Hillcrest Road  
 Great location! 3 bedrooms, 2 baths, family room. Extra storage space, fenced backyard on a large lot, all for \$94,000!

**SOLD**

**1ST REALTY**  
 SALES & MANAGEMENT  
 805 Pine Heights Rd.  
 201 Main Street • Wayne, NE 68787 • Phone: 402-375-1477  
 E-Mail: anolte@1strealtysales.com • www.1strealtysales.com



'03 CHEVY EXT. CAB  
 4 door, 4x4, one owner, low miles  
**\$15,950**



'06 PONTIAC VIBE  
 28,000 miles, factory warranty  
**\$13,950**

**CARS:**

'06 CHEVY IMPALA LT, 20,000 miles, just in, factory warranty	\$13,950
'05 DODGE STRATUS SXT, one owner	\$8,995
'04 PONTIAC GRAND AM SE, 4 door	\$9,950
'04 MALIBU CLASSIC, 4 door, 40,000 miles	\$8,995
'03 BUICK CENTURY, V6, automatic, low miles	\$8,995
'02 PONTIAC GRAND AM, 4 cyl., 4 door, red	\$7,995
'01 CHEVY MONTE CARLO SS, one owner, 3800 V6	\$8,495
'01 PONTIAC GRAND PRIX GT, low miles	\$8,995
'01 FORD CREW CAB XLT F150, 4x4	\$8,500
'00 CHEVY IMPALA, V8, great gas mileage	\$8,995
'99 CHEVY MONTE CARLO, V6, low mileage	\$4,995
'98 CHEVY MALIBU LS, 64,000 miles, one owner	\$5,495

**PICK-UPS AND SUV'S:**

'05 JEEP GRAND CHEROKEE, 4x4, 8 cylinder	\$16,950
'05 CHEVY REG. CAB, 4x2, V8, automatic, 1 owner	\$9,950
'02 FORD F-250 DIESEL, 4x4, many extras	\$21,950
'02 CHEVY S-10 BLAZER LS, 4x4, 4 door	\$8,995
'02 TAKE 3 CAR HAULER, one owner	\$6,500
'02 CHEVY VENTURE VAN, 7 passenger, rear heat/air	\$6,995
'01 FORD CREW CAB XLT F150, 4x4	\$12,950
'01 FORD EXPLORER SPORT, 4x4, automatic	\$8,995
'00 CHEVY EXTENDED CAB LS, 4x4, 1 owner, 60,000 miles, like new	\$14,950
'99 GMC YUKON SLE, 4x4	\$8,950

**Fleming USED CARS**  
 371-0231  
 315 S. 1st St., Norfolk  
 1-888-643-8889 Evenings 371-6439  
 flemingusedcars@telebeep.com  
 FINANCING & WARRANTIES AVAILABLE • CONSIGNMENT PARK & SELL

**House for Sale By Owner**  
 907 S. Main Street, Wakefield



This home is ready to move into May 1st! - \$98,000  
 Special features: 3 Bedrooms, 2 1/2 Bathrooms, Main Floor Laundry, Finished Basement, Large Storage Room, Deck in Back, Remodeled in 2003. New Owens Corning Windows Installed in 2003, Custom Oak Cabinets and Oak Woodwork, Tastefully Wallpapered and Neutral Painting Throughout the House, New Lennox Furnace and Central Air Installed in 2005, Toru Sprinkler System Installed in 2005, Radon Mitigation System Installed in 2004, Storage Shed in back yard, Close to School.  
 Mike Loofe, 402-287-2844 or 402-369-2368

**SPECIAL NOTICE**

☆☆☆☆  
 NEW CLASSIFIED RATE PLAN for the Wayne Herald and Morning Shopper combination. \$20 for two weeks worth of ads! Call Jan for details. 375-2600 ☆☆☆☆

**MISCELLANEOUS**

**FREE CONSOLE TV.** Free boy and girl bicycle. Free double bed and frame. Trampoline, \$50. Slide-in pickup camper, \$200 OBO. Ph. 402-635-2389.

**READERS BEWARE!** Job opportunities being offered that require cash investment should be investigated before sending money. Contact the Better Business Bureau to learn if the company advertised is on file for any wrong doing. The Wayne Herald/Morning Shopper attempts to protect readers from false offerings, but due to the heavy volume we deal with, we are unable to screen all copy submitted.

**WE BUY GOLD.** 10 KARAT, 14 KARAT, 18 KARAT, DENTAL GOLD. The Diamond Center, 221 N. Main St., Wayne, NE. Ph. 402-375-1804, or 800-397-1804

**WINTER SPECIAL:** Tan for \$1.67 a session (one year pkg, deal) or tan unlimited. Men's and women's haircuts young and old! The Headquarters, 120 W. 2nd St., Wayne. Kitty corner across from the Post Office. Ph. 402-375-4020.

**WANTED**

**PROFESSIONAL COUPLE** wanting to rent nice, 3-bedroom house with 2 car garage in or near Wayne. Needing to rent ASAP. (Cell) 402-607-0042.

**WANTED TO BUY:** Alfalfa hay, grass hay, corn stalk bales. Ph. 402-369-0935.

**NEW LISTING!**



419 Donner Pass  
 Unbelievable value in this nearly new home. Built in 2004. 3 bedrooms, 3 car garage, main floor laundry, open kitchen/dining, Finished walk-out basement with 2 additional bedrooms, bath and family room. **CALL TODAY!**



1600 Vintage Hill Drive



308 S. Windom



408 E. 4th Street

**PROPERTY EXCHANGERS PARTNERS**  
 112 WEST 2ND ST., WAYNE, NE  
 OFFICE: 375-2134 • 800-457-2134

**DARREL FUELBERTH** (402) 375-3205  
**DALE STOLTENBERG** (402) 585-4604  
**AMY SCHWEERS** (402) 375-5482

**WINTER JOUBILEE**

**www.glensautosaleswayne.com**  
**New Website — Pictures Coming Soon!**



**2004 BUICK LeSABRE LIMITED —**  
 49K  
**\$13,950**



**2004 DODGE GRAND CARAVAN —**  
 68K  
**\$9,500**



**2002 PONTIAC BONNEVILLE**  
 SLE, 84,000 miles, leather, sunroof, loaded  
**\$9,950**



**2002 GRAND PRIX GT —**  
 Loaded, 62K, leather, sunroof, heads up display  
**\$8,750**



**2001 GRAND AM GT —**  
 2 door, red, clean, nice, 85K  
**\$4,350**



**2000 FORD F150 XLT —**  
 reg. cab, 8 ft. box, clean, 119,000 miles, 4WD  
**\$7,250**



**1999 CHEVY BLAZER —**  
 real clean, 4x4, rust free



**1999 BUICK REGAL LS —**  
 106K, loaded, leather, cruise, CD/cassette  
**\$4,950**

**GLEN'S AUTO BODY & AUTO SALES**

*"Smart Choice for Less"*  
 402-375-4322  
 or call Lowell Heggemeyer at 375-8627 (cell)  
 1320 W. 7th St., Wayne, NE  
 Across from Pac 'N Save

**Rain Tree**  
 421 Main • Wayne, NE • 375-2090

**Busch Light \$16.67**  
 30 Pk. Cans Warm or COLD

**Corona Extra \$12.45**  
 12 Pk. Btl. Warm or COLD

**Bud Family \$9.40**  
 12 Pk. Cans Warm or COLD

**Miller Lite \$15.49**  
 24 Pk. Cans Warm or COLD

**Pabst Blue Ribbon \$11.59**  
 24 Pk. Cans Warm or COLD

# CLASSIFIEDS

NEBRASKA STATEWIDE

## PLACE AN AD ... AND SELL!!

**ONLY \$1200** Goes in the Wayne Herald and Morning Shopper For 25 words or less!

### CLASSIFIED AD RATES

Number Words	1 Week	2 Weeks
25 or less	\$12.00	\$20.00
For every 5 words over	\$1.25	\$1.50

**JAN STARK**  
Classified Dept.  
whclass@nebraska.com

**Wayne Herald Morning Shopper**  
114 Main Street  
Wayne, NE 68787  
402-375-2600  
800-672-3418

Deadlines: Tuesday at 10 a.m. for Wayne Herald  
Fridays at 10 a.m. for Morning Shopper

- (5)
- (10)
- (15)
- (20)
- (25)
- (30)
- (35)
- (40)
- (45)
- (50)

Mail with your payment to:  
Attn: Jan, Wayne Herald  
P.O. Box 70, Wayne, NE 68787

Name \_\_\_\_\_  
Address \_\_\_\_\_  
Phone Number \_\_\_\_\_

# Business & Professional Directory

**ACCOUNTING**

**Certified Public Accountant**

**Kathol & Associates P.C.**

104 West Second Wayne  
375-4718

**PLUMBING**

For All Your Plumbing Needs Contact:



**Spethman Plumbing Wayne, Nebraska**

**Jim Spethman 375-4499**

**SERVICES**

**JOHN'S WELDING & TOOL**

375-5203 • 800-669-6571

Lathe & Mill Work; Steel & Aluminum Repair & Fabrication

24 Hr. Service • Portable Welder  
Pivot Bridges & Steel Feed Bunks

Hours: 8:00 am - 6:00 pm Mon.-Fri.;  
8 am - Noon Sat.  
After Hours - 369-0912  
320 W 21st St., 1 mi North & 1/8 West of Wayne.

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**Complete Insurance Services**

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•Farm •Business •Crop



**First National Insurance Agency**

Gary Boehle - Steve Muir  
303 Main - Wayne 375-2511

**REAL ESTATE**

Darrell Fuelberth - Broker (402) 375-3205  
Dale Stoltenberg - Broker (402) 585-4604  
Amy Schweers - Agent (402) 375-5482



**PROPERTY EXCHANGE PARTNERS**

112 WEST 2ND STREET  
PROFESSIONAL BUILDING  
WAYNE, NE 68787  
OFFICE: 375-2134  
800-457-2134

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- Merchants
- Municipalities
- Utility Companies
- ACCOUNTS
- RETURNED CHECKS

**ACTION CREDIT**

112 EAST 2nd STREET (402) 875-4808  
P.O. BOX 244 (888) 875-4808  
WAYNE, NEBRASKA 68787 FAX (402) 875-1915

**Northeast Nebraska Insurance Agency**

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375-2696

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Serving the needs of Nebraskans for over 50 years.  
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Quality Representation  
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**HEIKES Automotive Service**

•ASE Certified  
•Complete Car & Truck Repair  
•Wrecker • Tires • Tune-up  
•Computer Diagnosis

419 Main Street Wayne  
Phone: 375-4385



Like a good neighbor, State Farm is there.®

Auto, Home, Life, Health



402-375-3470  
118 W. 3rd St.  
Rusty Parker, Agent

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Are you 55 or better?

Free personalized checks.  
No charge on money orders.  
No charge on traveler's checks.  
Special travel offers.



MEMBER FDIC  
**Kaki Ley**  
Coordinator



**The State National Bank & Trust Company**  
Wayne, NE 68787 • (402)375-1130

**YAMAHA Kawasaki**  
Let the good times roll.

**HONDA**  
Come ride with us.

•Motorcycles •Jet Skis  
•Snowmobiles

**B&B Cycle**

So. Hwy 81 Norfolk, NE  
Telephone: 371-9151

ADVERTISE STATEWIDE for \$195/25 word classified ad. Over 170 newspapers with circulation of more than 400,000. Contact your local newspaper or call 1-800-369-2850.

**BANKRUPTCY:** FAST relief from creditors. Statewide filing. Affordable rates. Call Steffens Law Office, 308-872-8327. www.steffenslaw.com. We are a debt relief agency, which helps people file bankruptcy under the bankruptcy code.

**SELL YOUR classic car, truck or motorcycle online.** Call this newspaper to place your ad on the national www.midwest-classiccars.com web site for only \$25.00. Your ad runs until your vehicle is sold!

**IRS PUBLIC auction:** 11 parcels of real estate including 6 parcels of unimproved farmland. For more information go to www.irsauctions.gov or email steven.d.hopkins@irs.gov, 651-308-5260.

**HEATSOURCE1 OUTDOOR wood furnaces.** Used, refurbished, or new now available at great savings! Heat your home, shop, or business with a Nebraska made product. 1-888-628-3533.

**SPECIALS:** 3 door glass coolers, hoodless fryers, soft serve machines. New/used complete line of restaurant/bar equipment. Public welcome. Restaurant Equipment Outlet, 2121 Floyd Blvd., Sioux City, IA 51104, 800-526-7105.

**LLAMAS FOR sale:** Pet show quality; also Llamas for wool production. Call 1-800-735-6612, ask for Randy or visit our website: www.rtlclamaranch.com.

**1969 MUSTANG mach 1 428 to be auctioned** at the 26th annual Cox Collector Car Auction April 20 and 21, Branson, Missouri. For consignment information: www.bransonauction.com, 800-335-3063.

**EASTER PUPPIES,** www.petdoctorincolorn.com. Favorite breeds arriving daily. Vet checked and guaranteed. Call 402-464-9448. Pet Doctor, 66th and "O", Lincoln, NE.

**HOT TUB buyers.** Buy direct from builder, save \$1,500 to \$2,000. For Price List and \$1,000 discount coupon call 1-800-869-0406. Spas, 2645 "O" Street, Lincoln, NE, goodlifespas.com.

**SMALL TOWN business for sale.** Lumber, paint, hardware, plumbing supplies. A great opportunity to raise a family in a small town environment. Excellent school. 308-538-2243.

**WANTED: OLD guitars.** 515-981-9800, leave message.

**CONTRACT SALESPERSONS** to sell aerial photography of farms on commission basis. \$5000-\$8000 per month, with proven product in earnings. Call toll free 1-877-882-3566.

**SUPPLEMENTAL INCOME!** CETUSA seeks coordinator to place and supervise international high school students in host families. Training, stipend and international travel. Call Sudy, 1-877-238-8729.

**UTILITY SUPERINTENDENT:** Arnold, Nebraska (830) seeks a Utility Superintendent. Please contact Village of Arnold, 308-848-2228, or e-mail arnoldvillage@gpccom.net for additional information. EOE.

**PART-TIME, HOME-BASED Internet business.** Earn \$500-\$1,000/month or more. Flexible hours. Training provided. No investment required. Free details. www.K348.com.

**RAILROAD JOBS:** Train in four to eight weeks to become a Conductor, Welder, Mechanical Locomotive, or Carmen. Average salaries \$63,000.00. Tuition loans available. 913-319-2603. www.RailroadTraining.com.

**HEAVY EQUIPMENT Operator Training.** Nationally certified, 4 week 200 hour program, job placement assistance, 1-308-874-9989.

**DISTRIBUTORS NEEDED:** Teeco Water Services is seeking distributors for Cedar Springs drinking water. Processed and bottled near Stanton, NE. Call Tim at 888-439-5030.

**TOWN OF Lusk** is accepting applications for Police Chief. Salary based on experience, exceptional benefit package. Contact clerk's office at 307-334-3612

**FOR RENT**

**BOSE RENTALS** in Laurel now has beautifully furnished suites. Rent one for the weekly/daily. Call 256-9126.

**FOR RENT** 2-bedroom apartment at 613 1/2 West 2nd Street, washer and dryer, \$335, available now! ALSO, 2-bedroom apartment at 1102 Pearl Street, \$350, ready March 1. 3-bedroom house at 721 Nebraska Street, \$450, available May 1. No pets, no parties. Call 1st Realty Sales & Management, 375-1477.

**FOR RENT** in Laurel: Large, furnished 1-BR apt. with washer/dryer; large 4-BR apt. with washer/dryer, dishwasher and fridge. Deposit and references required. Ph. 402-256-3811 or 402-356-9231.

**FOR RENT** in Winside: •Two VERY NICE 3 BR, 2 bath houses. •One VERY NICE 1 BR apartment. All have A/C. No pets. References/deposit required. Ph. 402-286-4839.

**FOR RENT:** 2 (possibly 3) BR house, 1/2 block from campus. \$300/mo. Ph. 402-369-0423.

**FOR RENT:** 2, 3 & 4 bedroom trailer houses. All appliances. Pets on approval. Ph. 375-4290.

**FOR RENT:** 2-bedroom house in Belden with one car garage. Ph. 402-640-6945.

**FOR RENT:** 2-bedroom house, north of Wayne. Propane heat, central air. Stove/fridge furnished. No pets. References. Ph. 402-584-2448.

**FOR RENT:** 3-bedroom house. Across from campus. Available March 1. Ph. 380-8268.

**FOR RENT:** Large 1-bedroom apartment, \$285/mo. Owner pays heat, water, sewer, trash. Available March 1. Ph. 402-256-9417.

**FOR RENT:** Large 2-bedroom apartment. Close to campus. Call Cindy, daytime only, 402-375-9990.

**FOR RENT:** Need more room & lower utility costs? Spacious 3-4 BR, 2 BA house with attached garage available in Wayne. Nice house, low heat bills, lots of storage. Call today. 375-3840.

for application package. EOE.

**COSMETOLOGISTS, NEW stylists.** Nail techs welcome. Salary guarantee plus commission, 12 year career plan, flexible hours, hiring bonus. Six positions. The Mane Event Spa Salon, Cozad, 308-784-3330.

**MASTER PLUMBER** needed, Kearney area. Must have valid drivers license. Holiday pay, vacation and retirement. Training on new technology, Warren-T Drain Cleaning and Plumbing, 308-338-5259.

**ACT NOW!** 21 CDL-A drivers needed. 36-43cpm/\$1.20pm. \$0 lease new trucks. CDL-A + 3 months OTR. 800-635-8669.

**DRIVERS: EXCELLENT** drivers seeking exceptional opportunity; apply now. Excellent compensation package. Terminals in Grand Island, NE and Rensselaer, IN, Class A CDL/1 year OTR experience required. GICC, 877-367-4422, www.gicc.chiefind.com.

**2-BEDROOM HOUSE** in Wayne for rent. Call Midwest Land Company. Ph. 402-375-3385.

**FOR RENT:** Nice 1, 2, 3, and 4 bedroom apartments. All new heat pumps and central air. No parties. Call 375-4816.

**FOR RENT:** Nice 2-bedroom house in northwest Wayne. Single garage, large yard. Must have references. 12 mo. lease, plus security deposit. Call 402-369-3777, Jerry.

**FOR RENT:** Nice, 2-bedroom apartment. Some utilities furnished. Off street parking. Call 369-1620 or 585-4849. Leave a message.

**FOR RENT:** Nice, small 3 BR, 2 bath house with small garage, corner lot, two blocks from college. \$500/mo. Available immediately. Call 375-3572.

**FOR RENT:** One bedroom apartment. Private parking, A/C, available now. Ph. 402-375-1200.

**FOR RENT:** Two 1-bedroom apartments and one 2-bedroom apartment. Appliances furnished, A/C, off street parking. Ph. 375-1616 or 375-7823.

**HOUSE FOR RENT** in Carroll: 2-bedroom, washer/dryer hookups. No pets. Deposit and references required. Ph. 375-3811 after 6 p.m. Please leave a message.


**LEISURE APARTMENTS:** Taking applications for waiting list for 1 & 2 bedroom family apartments. Stove & frig. furnished. Rent based on income. Call 402-375-1724 before 9 p.m. or 1-800-762-7209 TDD# 1-800-233-7352. Equal Housing Opportunity.

**OFFICE AVAILABLE:** Two-room office at the Mineshaft Mall in Wayne. Utilities are included. Phone 375-5544.


**STORAGE UNITS** available. Size 14' x 31', \$50 per month. Please contact Dave Zach at 375-3149 or Jon Haase at 375-3811.

**THREE BEDROOM** apt. for rent. Stove and refrigerator furnished. No pets and no parties. If interested, call Sandra, days 375-4697. Wriedt Housing, Inc.

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